



"If I had to choose just a few adjectives to describe myself, I'd go with curious, independent but loyal, compassionate, sincere and fun loving!"

You can find me [here](#) (JDarling)

[Lucid Dreaming The Easy Way](#)

I can teach you how to lucid dream EVERY NIGHT! - In FIVE simple steps! You will learn how five simple steps will allow you to enter your own fantasy world, and do ANYTHING you desire, whenever you desire. Hello there, My name is Andrew Strachan and in the next few minutes, I'm going to show you how you can learn a technique that very few people know about. This technique will allow you to make the most of those hours in your life that you are simply throwing away. The astounding thing is, you probably have this skill inside you already. You just need somebody to give you a little guidance to help you make the most of it. I would like to be that 'somebody'. When you have mastered this technique, you will discover a world that few people even know exists. Without doubt, the results will ASTOUND you. So what IS this secret skill? It's something that once experienced, will make you wish you had heard about it years ago. Welcome to the magical world of Lucid Dreaming. How many hours of your life are you throwing away? It's a little known fact that if you sleep 8 hours per day, during the course of a lifetime you will sleep for 25 YEARS. That's ONE THIRD of your life! Even worse, for the majority of the time you are asleep you will be totally unaware. Time will just pass you by and you will wake up the following morning. THAT'S IT. Night after night, you simply fall asleep and let hours of your life pass you by. Wouldn't it be great if you could learn a technique that allowed you to become AWARE whilst having a dream. That's right! You can actually become as aware as you are when awake. . . whilst you are still INSIDE your dream world. As magical as that sounds, just take a moment to think about what you just read. Can you imagine what this means? You could do absolutely ANYTHING you desire. As you will see, there are absolutely no limits to what you can do. The ONLY limitation is your imagination. This is unlike anything you have tried before! The only things you will need are just you, your brain and these simple straightforward instructions laid out in an easy to understand manner. Following your lucid dreaming guide quickly led to my first lucid dream. A truly amazing experience. I look forward to many more. Thank you - A. Smith

How Can Lucid Dreaming Help Me? I have been lucid dreaming...

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