

\$3.95  
Canada \$4.50

# THE RIDDLE OF CONSCIOUSNESS

Gopi Krishna



# **The Riddle of Consciousness**

**GOPI  
KRISHNA**

Published by  
The Central Institute for Kundalini Research  
and The Kundalini Research Foundation, Ltd.

A KUNDALINI  
RESEARCH FOUNDATION  
BOOK

The Riddle of Consciousness. Copyright ©1976 by Gopi Krishna. All rights reserved. Printed in the United States of America. No part of this book may be used or reproduced in any manner whatsoever without written permission except in the case of brief quotations embodied in critical articles and reviews. For information address: The Kundalini Research Foundation, 10 East 39th St., New York, N.Y. 10016

FIRST EDITION

International Standard Book Number:

0-917776-00-3

Library of Congress Catalog Card Number:

76-21118.

Distributed by

MULTIMEDIA PUBLISHING CORP., LILAUELT, N.Y. 10913



# CONTENTS

Editor's Note  
PAGE 7

Preface  
PAGE 9

**1**  
The Wonder that is Consciousness  
PAGE 13

**2**  
The Limitation of Intellect  
PAGE 45

**3**  
What is Cosmic Consciousness  
PAGE 79

**4**  
The Way to Enlightenment  
PAGE 113

**BOOKS BY THE SAME AUTHOR**

Kundalini, The Evolutionary Energy In Man  
(An Autobiography)

The Biological Basis of Religion and Genius

The Secret of Yoga

Higher Consciousness,  
The Evolutionary Thrust of Kundalini

The Awakening of Kundalini

Kundalini, The Dawn of A New Science

## Editor's Note

Were this book to be taken from a time capsule and read a hundred years from now, what would the scientists and people say about it then? This question is appropriate because, in the truest sense, *The Riddle of Consciousness* is a book of revelation, and as such it calls for the judgment of time.

Although extremely rare, true Revelation has been a recurring phenomenon throughout history. Prophets from earliest times have appeared at intervals to forecast the end of an old order and the beginning of a new. A prophet was the legitimate mouthpiece of the gods. Divine utterances were conveyed to man through him. And, like Christ, Buddha and others, he served to guide the race through the most perilous of times. The prophet could see further into the future than other mortals and thus was able to warn of impending catastrophe when the people lost their way.

An instance of one kind of revelation is the Apocalypse, also known as the Revelation of St. John the Divine. But legions of scholars have puzzled over its meaning for centuries. John leaves the interpretation of his message up to us, but he does describe how it came to him: "I saw and beheld a door opened in heaven, and the first voice which I heard, a voice as a trumpet, speaking to me, one saying 'Come up hither,' and I will show thee the things that must come to pass hereafter."

Whether John's revelation is a carefully camouflaged metaphysical tract, a misinterpretation of ancient astronomical myths or a genuine prophecy, there still is no general

agreement. But that cannot be the case with *The Riddle of Consciousness*. It leaves no room for doubt or debate. Its message rings true as a bell. Though written in verse, it reads like simple prose. Anyone can grasp its meaning without difficulty.

What gives the prophet his ability to know what the future holds in store for mankind? The answer comprises one of the main themes of the book, for Gopi Krishna is a prophet and revealer both in the traditional as well as the modern sense. For example, he presents for the first time in the language of science the views expressed in the ancient Shaiva and Vedanta systems of philosophy of India. His ideas are just the opposite of what we are led to believe through our senses. Everything, including the Cosmos, is born of Consciousness, he says. Whatever knowledge man has gained of the physical world has all come out of consciousness and not from matter. It is this common delusion which *The Riddle of Consciousness* tries to demolish.

Gopi Krishna is giving us the cream of his message in this book, and it is in accordance with the fundamental teachings of all the revealed religions of the world. It is an inspiring and uplifting book, one with an interpretation on the phenomenon of existence that is truly amazing. According to it, the mystery of the universe is contained in the mystery of consciousness. The scientific exploration of matter is also an exploration of mind. For there is nothing beyond or above it.

This becomes apparent in the illuminated states of consciousness. In that state the knower and the known fuse into a Reality which is beyond expression. This wonder can only be experienced In Turiya or mystical ecstasy in which the present, past or future and the quarters of space coalesce into a marvellous Unity which is All.



## PREFACE

I thank my friends whose labour, love and care  
With me the genesis of this volume share;  
A work which like a surging flood arose  
Out of the depths of mind in rhyming prose;  
An influx from the Void surrounding me,  
Alive with consciousness we cannot see  
With our corporeal eye, but can discern  
When mind upon itself we know to turn.

The flaws in it which hurt the modern taste  
I pray may not be judged in thoughtless haste,  
To cavil but to run the Message down;  
For language is the varying formal gown  
Of thought, prone to change like a style of dress,  
And since none of us can foresee or guess  
What future preference or choice would be  
It is unwise to adjudge this prophecy

Merely upon the ground of form or style  
Which is in vogue now only for a while.

For certain cogent reasons I am led  
To think that as I am not so well read,  
And English is not my own mother tongue,  
Nor did I practice penmanship when young,  
Nor earlier than my forty-seventh year  
Did I a single line indite or hear  
Of this peculiar form of diction, nor  
Had liking or a predilection for  
This style, and so it took some years to attune  
Myself to this gratuitous heavenly boon,  
The reason why the writing takes this shape  
And form, in which I ne'er wish it to drape,  
Is that a clear, distinctive mark is used  
So that the Message does not get confused  
In loose strings of words which follow close  
On one another in voluminous Prose.

But of far more importance than the choice  
Of language is the Message which this Voice  
From the Void, using its own special kind  
Of medium of expression through my mind,  
Tries to deliver to apprise the race,  
Absorbed in striving, at a frantic pace,  
For power, supremacy and nuclear arms  
Which now her growth and future glory harms,  
That she is racing at full speed ahead  
Towards a fast approaching night of dread.

How hard it is to express in rhyming prose  
A theme, so abstract as this writing chose,  
Can be assessed by penmen of our time  
When they discuss philosophy in rhyme.  
Since it does not conform to the routine  
E'en those with faith in me are torn between  
Their faith and doubts bred by the critic friends  
Which may not end till what the book portends

Of future haps in due time comes to pass:  
The clinching test of writings of this class.

Why not pay heed to what this Herald tells  
About the future and the doom it spells  
Of our rebellious ways of life, for long  
Followed on principles entirely wrong,  
With drastic changes in the coming years  
In social, cultural and political spheres,  
To breed a milieu for our healthy growth,  
For sanity in thought and action both.

And if these hints with our own views accord,  
Why should we not then, with faith in the Lord,  
Make it the aim and object of our life,  
Without withdrawing from our rightful strife,  
To act in peaceful ways that tend to win  
Its lost position for our soul within,  
Firstly to attain our own divine rebirth,  
And, secondly, to establish Truth on earth.

I know too well that, in this deafening din  
Amid noise, I hardly can a hearing win:  
A lone and feeble voice in the concourse  
Of mighty super-powers girt with the force  
Of nuclear arms, a gently whispered hint.  
Amid the roar of cannon and the glint  
Of swords; a single drop of summer rain  
Descending on a hot and arid plain,  
Such should, to all appearance, be the fate  
Of this prophetic utterance in this state  
Of loud disorder, turmoil and uproar  
Which gains all o'er in volume more and more.

But, strange to say, the Message with it brings  
To me the visions of related things;  
Of global wars and cataclysms to shake  
Mankind out of her torpor soon to make  
Her conscious of her glorious destiny,  
Lost in the war of wits 'twixt you and me,

In gross obsession for the flesh and brawn,  
In grandeur, glamour and the pleasures drawn  
At the expense of soul, based on the blind,  
Fallacious doctrines which deny to mind  
Lasting existence, more pervasive than  
The whole of cosmos we still fail to span.

I know despite the impossible handicaps,  
Impassable hurdles and unbridgeable gaps,  
The Revelation shall achieve the aim  
For which, in time, it as a Herald came;  
And but a gesture at the appointed hour  
To its foundations shake each mighty power,  
Like giant trees uprooted by a storm,  
Into a world-confederacy to form,  
Changing the whole environment to leave  
Man free the web of life afresh to weave.

And in less than two decades from this date  
The world-conditions would assume a state  
Of terror such that mortals on their knees  
Would pray to Heaven the nightmare soon may cease.  
This would be followed by a lightning war  
With frightful devastation near and far;  
A global conflagration that will make  
A clean sweep of obstructions, roughly shake  
Mankind out of her stupor and install  
The rule of plenty, peace and joy for all,  
After a spell of suffering so acute  
That frozen with its horror one is mute.

Sarvodhya Enclave, New Delhi, India.  
Dated 7-3-1974.

Gopi Krishna

# 1

## THE WONDER THAT IS CONSCIOUSNESS

### 1

What I aver may seem to you, perhaps,  
Blasphemous, unbelievable or odd,  
For we are guilty of a common lapse,  
When we forget that Consciousness is God;  
When we ignore that what we see without  
And our self inside, with no room for doubt,  
Are diverse facets or, say, different shades  
Of One Eternal Substance which pervades  
The whole creation, everywhere the same  
Beneath the varied dress of form and name.

All that we know: our learning, science, art  
And all our universe of earths and suns  
Are of a wondrous magic play a part,  
Which change in consciousness makes clear at once,  
When dumb with awe and wonder the ego sees  
The world turned topsy turvy and the soul,

In one incredible moment of release,  
From but a point become the Cosmic Whole.

From immemorial times we have deceived  
Ourselves into the false belief that all  
Impressions of the objective world received,  
Which on the observing mind through senses fall,  
Come from external objects and that we  
Are transient shadows, born to live and die,  
To come into being and then cease to be,  
To act a while and then unmoving lie,  
And that the Cosmic Ocean will not stop  
Its movement for the loss of our one drop.

This most misleading and fallacious view  
Has made mankind oblivious to a Truth  
Which only can persuade her most to live  
In peace and happiness and render smooth  
Her path towards the Target she must win,  
Which is: to find Divinity within.

Our consciousness is neither born nor dies  
Nor after nascence does it e'er grow old,  
Nor like a waif cast on the earth it tries,  
A while, to enrich itself with power or gold,  
But, on the contrary, this whole display,  
This whole stir and this multitude of things  
Emerge from it alone, like, let us say,  
The lavish dream-scenario which all springs  
From mind alone without external aid,  
Appearing real for a while to fade.

It is not we who come into the world,  
But, strange to say, the world is born in us  
Before the day we in the womb lie curled,  
And e'en before the birth of primary cells  
We come into the orbit of a dream,  
Dreamed by the Eternal Mind, or play a role  
Assigned by a Cosmic Sun to a tiny beam  
To act in Life's Drama as a soul.

Only a wrong assessment makes us doubt:  
The world is inside us and not without,  
And lost in this delusion mortal life  
Becomes one long drawn night of ceaseless strife,  
Of fear, contention, rivalry and hate,  
Of passion and desire which ne'er abate,  
But as decay sets in our earthly mould  
With age, they gain on mind a firmer hold.

So our main effort oft becomes to gain  
The highest profit from our brawn and brain,  
To rise above our rivals in the field  
In harvesting a more abundant yield,  
To make the period of our stay on earth  
A sunny day of comfort, ease and mirth:  
At death to leave a fortune and a name  
When, like a gambler who has lost the game,  
We end in suffering e'er assailed by doubt  
And e'er in woeful ignorance about  
The Truth: that 'tis not Consciousness which dies  
But the illusive veil before our eyes.

Not all the learned savants, now engaged  
On consciousness-research, to ascertain  
The plot and action of the drama staged  
And how it is enacted by the brain,  
Can e'er contrive in e'en a hundred years  
To lift the veil this World-Enchanter wears.  
This great exploit, to match with nature's plan,  
Must be himself performed by every man.

To be alive, self-conscious and to know  
That we exist to observe this baffling show  
Is such a precious, such a most unique  
Possession that no thinker, save one weak  
In intellect and observation, can  
Assign a secondary role to man  
And not the primary, for this boundless Whole  
Is but a veiled reflection of his soul,

Which Consciousness itself does build and plan  
To see, perplexed, the Play as mortal man.

Where is the cosmos, what source lies behind  
The hasty verdicts of the agnostic mind?  
Wherefrom arise ideas, conceptions, views  
And all the mass of learning, stories, news  
With which the world is flooded in our day?  
Whence comes what we believe or what we say?

And where is birth, where death and all our fears  
That our temporal span is of some years?  
Where are the sun, the moon, the wind and tide,  
Those shining starry crowds which long abide?  
Where are the wits and thinkers new or old,  
Whence came the thought they did or now unfold?  
And where is sorrow, sickness, suffering, pain  
Or joy and cheer, love, beauty, loss or gain?  
This is a point one ne'er can too much stress:  
They all originate from consciousness!

Our mirage of the world, our personal views  
And our experience come from that which lives,  
Which knows, imagines, calculates and thinks,  
And one observed fact with another links  
To build the extremely complex world of thought  
Which all exists, but where? We know it not.

Perhaps you hardly will believe me, when  
I say what might shock nine men out of ten,  
That this immense display, this Cosmic show  
We carry all with us where'er we go!  
The external world and our internal thought  
depend for their appearance on our mind.  
What of them would survive if mind were not,  
Can any one imagine, guess or find?  
We are mistaken too when we concede  
That subtler forms of matter form the base,  
They too are products of the mind, indeed,  
As, save it, who can their existence trace?



The argument that one, when fast asleep,  
Does not observe the changes that are wrought  
Round him, is shallow and does not go deep  
Enough, for it again is wakeful thought  
Which marks the changes and maintains the link  
Between what one mind and the other think.  
And even this point and counter-argument  
Are but a mental product and event,  
Because, save mind itself who can refute  
That it of all existence is the root?

The talk about brain cells and genetic code  
And all the carefully made-up bookish load  
Is again an endless round of forms and names  
Which suits the learned, who love wordy games,  
For all whatever we know for sure or guess  
Must e'er come from the spring of Consciousness.

E'en after a thousand years what e'er we know,  
What e'er we prove or still unproven show,  
Shall not out of a different seed-bed grow,  
But from the same mysterious spring-head flow.  
What e'er the future holds, what e'er is past  
Nowhere save in the mould of mind is cast.

There is a twist in thinking here which needs  
Correction, as it to grave error leads,  
Matter on one, mind on the other side—  
Who, of them, can between the two decide?  
Save mind? And can you name a greater fool  
Than one who, made to judge or bade to rule,  
Would yield his chair or abdicate his throne  
To those he judges—dead matter, earth and stone!

The source behind awareness, thought and will,  
Desire, emotion, passion, logical skill,  
Behind the world of knowledge, learning, wit,  
Gathered with toil through ages, bit by bit,  
Which, as supposed, does not exist in books,  
But in the searching mind that in them looks,

To catch from man-made symbols what was said  
By yet another mind, though long since dead,  
Of worlds of past experience, form and name,  
As flame is lit up by another flame.

Save mind there is no granary to store  
What happens now or what transpired before,  
The symbols used none else save it can read,  
And like condensed material in a seed  
That bears a tree, the invented symbols hold  
Vast stores of knowledge but it can unfold.

Where then are our achievements highly praised,  
The metropolises built, and mansions raised,  
The amazing harvest of the industrial age  
That has turned earth into a flood-lit stage?  
And where the bloody wars and massacres  
Which make us fear that we are growing worse?

Will not this knowledge also of our times,  
Our great inventions, learning, wars and crimes,  
Become known to our progeny at last  
Through relics and the writings of the past?  
To ponder often as we ponder now  
Upon the achievements of our long since dead  
Precursors, their ambition, hate and love  
Which now exist nowhere save in our head.

The crowded streets with rich wares of our day  
That make one giddy with the huge display,  
Seen with eyes, known through pictures and accounts  
Finally are products of our mental founts.  
They too will soon become things of the past  
Effaced, save when in future eyes are cast.  
On documents and remnants which survive  
To keep our actions and exploits alive.

Whate'er exists or happens in the world,  
Whoe'er arrives or out of it is hurled,

Analyzed lastly will be traced to mind  
In league with something which we cannot find,  
By which this vast creation comes into view,  
To pass, with marching time, from old to new,  
And hence all we experience, know and see  
Is but an image, not reality.

Our modern scholars try to find without  
What is within, beyond a shade of doubt.  
The ponderous cosmos which they see before  
Their eyes, when fast asleep is there no more,  
And reappears, with change, when one awakes,  
Which Cosmic-mind in this duration makes.

When one is dead it is not soul has died  
And left the physical world which he espied  
Before, but that his image in our mind  
Has ceased and save in thought we no more find,  
Because the world-creative Pranic link  
That made his shadow-body act and think,  
In his and our identical mental world,  
Is broke, and off the image has been hurled.

We strut and dance upon the imaginary stage  
Of mind where lust, desire and passion rage,  
Clothed in time fancied dress of flesh and bone,  
Of phantom earth of water, air and stone,  
All but creations of a magic base  
Which, as the mind and matter it can trace,  
Is all: the actor, action and the stage,  
The rogue, the hero, the knight and his page,  
The rabble and the elite, the saint and fraud,  
This infinite creation and its Lord!

## 2

This vast amphitheatre, the earth and sky  
Remember ne'er is seen with carnal eye  
For nothing born of what is lifeless, dead  
Can hold such vastness, to such distance spread,

Nor e'en when chemistry reshapes its forms,  
Can it evince desire or harbour storms  
Of passion, breed ambition, grief or joy,  
In changing phases, or enraptured toy  
With the dear contours of a fair beloved,  
With senses ravished and heart deeply moved.

Nothing born of the earth, on which we tread,  
Not e'en the earth itself, to feeling dead,  
With all her vast expanse has space to mould  
The enormous world we with our mind enfold.

Naught is so laughable and tragic both  
That some men should ascribe their birth and growth

And thus by their erroneous thinking spell  
The doom of their instinctive wish to find  
The truth behind the enigma of their mind.  
Because once they the faulty premise grant  
Then but to assemble all the learned cant  
To prove it, oft consumes their buoyant youth  
And robust prime to turn away from truth!

Some there are who concede that mind is born  
Not out of matter but the two are one,  
And that by some unknown alchemy both  
Have come together in organic growth,  
And save in living bodies mind has no  
Distinct existence, so death ends the Show.

This means they too conceive organic life  
To be a part of nature's aimless strife,  
With no design to fashion rational man  
And other creatures on a definite plan.

By what mischance has it then come about  
That nigh in all spheres of life without  
A well-considered and well-thought-out plan  
A slipshod action ne'er appeals to man?

Why should the urge to have a goal or aim  
Then sway the whole life of this thinking flame?  
Then why the higher forums of life, when born,  
And e'en the lower ones, like flowers or corn,  
Conform to a definite pattern when they grow,  
And from the first regard to order show?

Incredible though it seems, it is a fact  
That Prana and pure consciousness react  
On one another to produce the myth  
Of this stupendous world we battle with.

Still more incredible is the further fact  
That with restraint of passions, righteous act,  
Devotion, fellow-feeling, mental calm  
And thought sublime, which all act like a balm,  
Prana in faint degrees works out a change  
And, much enhanced in power, brings in its range  
Of observation new domains of life,  
As different from this world of stress and strife  
As sky is from the earth, sunshine from gloom,  
Or as from winter is the spring in bloom.

Then consciousness a wondrous aspect wears,  
So lofty and sublime that all our fears  
And doubts about ourselves dissolve at once,  
As if illumined by a hundred suns  
Of knowledge to be assured the Vision seen  
Is That which will be, is and e'er has been;  
The Source Eternal of all that is known—  
The world—of that too by which it is shown—  
The mind—and process by which this is done:  
The whole scheme of creation in but One.

In this amazing, radiant Presence all  
The staggering worlds, which awe us and enthrall,  
Become a ghostly shadow seen at night;  
A far-off melting cloud in sunshine bright,  
While mind, with ego vastly whittled down,  
In mute astonishment sees itself drown

Into one all-enfolding Life sublime,  
Only pure consciousness, devoid of time  
And space, One all-embracing world of love  
And joy not found on earth or heaven above.

Why scholars find it hard to reconcile  
What I say with their bulky fossil file,  
With all the enormous odds life had to face  
At last to blossom as the human race,  
With all the inhuman struggle, bloody strife,  
Which marked the birth of every form of life,  
With all the frightful happenings there have been  
Since life's appearance on the earthly scene,  
Is that the grim account does not accord  
With our conceptions of a gracious Lord.

But ere they voiced their condemnation did  
A single skeptic find out what is hid  
Below the surface layer of his mind,  
And, if so, in this drive what did he find?  
If not, how can we draw conclusions when  
We have but half the world before our ken—  
The physical world observable with the mind—  
But not a whit about what lies behind  
The mind, of what mysterious stuff is made  
The observer, always acting in the shade;  
Hence in this enterprise how can we win,  
When we know nothing of the world within?

The story of Life shall be writ again  
Just when we solve the riddle of the brain  
And know more of the doleful tale of woe  
To which, they say, we our existence owe.  
And if not we, our progeny shall see  
How many different versions there will be  
Before the cipher of the brain is read  
To Melt full many phantoms we have bred.

The giant reptiles, many a bird and beast,  
Which all have vanished, leaving not the least

Sign, showing why they rose to fall a prey  
To extinction after a sorry, fruitless stay,  
To eat their bellies full, to sleep and lust  
And then inexplicably come to dust.

And why? Because the drama Life displays  
On earth, commencing from her earliest days,  
Is not a separate show but only a part  
Of a colossal one, which did not start  
From earth, but acting everywhere in space,  
Upon the unbounded stage of time and place,  
Performs one act here and another there,  
All planned and thought out with consummate care,  
Showing immortal life in countless roles,  
As countless as the starry host which strolls  
In the sky, leisurely to mortal eyes,  
But with terrific speed which thought defies.

Once when the lamp of this Research is lit,  
Then the whole armoury of immortal wit  
Will not be only used to assess the speeds  
Of stars and planets, but to observe the seeds  
Of life which, spread on every inch of space,  
Require a more observant eye to trace  
Their hid existence e'en in globes of fire,  
For they abode the expanse of space entire.

Most of us have faint glimpses in our dreams  
Of our identity with cosmic streams  
Of life, though rarely, when our soul awakes  
To its forgot divine estate and makes  
A fleeting visit to its native home,  
Unhampered by flesh in the void to roam.

This gives the impression of a flying leap  
Or bulkless flight to ego in the sleep,  
And in the process oft with fear awakes,  
As such a bodiless flight or jumping shakes  
Its instinct and so brings it back again  
To normal, with the tether of the brain!

In our extensive travels during dream  
Some of the experiences impossible seem.  
They are so, when from the earthly angle seen,  
But not when they depict a cosmic scene,  
Nor when they re-enact a former role  
Or play a future one, because the soul  
Has its abode in one Eternal Whole,  
With one, once for e'er writ, immutable scroll  
Of Fate, in which what is or has occurred,  
Or shall occur exists now word for word.

And so wher'er in space one acts a part  
Or shall act or has acted from the start  
The soul can dimly glimpse it, whether past  
Or future, with cheer, sorrow or aghast.

But oft, securely bound with ego's chain  
It thinks itself to be the actor main,  
And so in dreams it hovers in between  
The dreaming ego and the cosmic scene  
And in confusion mixes up the two,  
Wondering how it could e'er such actions do,  
Pressures of flesh and mind, desire, pride, lust  
Their presence always in these tableaux thrust,  
Rendering the scene confusing in the extreme  
Which makes it hard to read aright a dream.

Since these peeps at the past or future are  
Distorted by the sense-lined corridor  
Of brain, the muddled dream-scenes often wear  
A weird appearance, so strange and queer,  
That from times immemorial they have been  
A standing riddle for the wise and keen.

This is how Brihadaranyaka Upanishad describes the state of soul in sleep:—  
“When one goes to sleep he takes along<sup>1</sup>  
the material of this all-containing world,

<sup>1</sup>Brihadaranyaka Upanishad 4.3.9-14 translated by R.E. Hume



himself tears it apart, himself builds it up,  
and dreams by his own brightness,  
by his own light. Then his person become  
self-illuminated.

There are no chariots there, no spans no roads.  
But he projects from himself chariots, spans, roads.  
There are no blisses there, no pleasures, no delights.  
But he projects from himself blisses, pleasures, delights.  
There are no tanks there, no lotus-pools, no streams.  
But he projects from himself tanks, lotus-pools, streams.  
For he is a creator.”

On this point there are the following verses:

“Striking down in sleep what is bodily,  
Sleepless he looks down upon the sleeping (senses),  
Having taken to himself light, there returns to his place  
The golden person, the one spirit.

Guarding his low nest with the breath,  
The Immortal goes forth out of the nest.  
He goes where'er he pleases—the Immortal,  
The golden person, the one spirit.

In the state of sleep going aloft and alow,  
A god, he makes many forms for Himself—  
Now, as it were, enjoying pleasure with women,  
Now, as it were, laughing, and even beholding fearful sights.

People see his pleasure ground;  
Him no one sees at all.”

Now some people say: “That is just his waking state,  
for whate'er things he sees when awake,  
Those too he sees when asleep.” (This is not so, for)  
there (i.e. in sleep) the person is self -illuminated.

This from Rumi:

“The mystics in their dream of transport close  
their eyes but still they earth and heaven behold.”

A blooming centre opens in the brain;  
A light begins to burn amid a rain  
Of nectar, watering deep with bliss untold  
A new awareness in which we behold  
The world or, when asleep, the realm of dreams,  
As if enveloped in refulgent beams  
Of living splendour out of which arise  
Realities or dream-scenes one espies,  
When waking or asleep, in either case  
The varied forms of one eternal base.

Remember that the place where you now stand  
Fully awake, on water, air or land,  
Can be the haunt of many other kinds  
Of life, with different bodies, senses, minds  
Made of a finer stuff than what we see  
In dreams, impossible though it seems to be.

The mystery of life does not unfold  
Its inconceivable depth till we behold  
The world afresh with transcendental sight,  
Which only our misjudgements can set right,  
And make the scholars conscious of their faults;  
For we live shut from light in buried vaults.

Whether one is asleep or wide awake,  
Whether the world seems real or but fake,  
Both in the dreaming state and wakefulness  
Whate'er is seen stems from consciousness;  
Both different planes of one creative spring,  
One bound, the other with a looser string.

The enlightened miss not in the state of dream  
The glory that surrounds the effulgent beam  
Of life in them—their now awakened soul—  
And as the multiple dream-scenes unroll  
Before their view, they always have in sight  
The golden halo making all things bright  
And sunny, for now the beholder wears  
The aureate crown sung of by Vedic seers.

The Atman circled by a sheath of gold  
Illumines all whate'er it does behold,  
Awake or dreaming, bathing in its light  
In front, behind or to the left or right;  
All that it comes across; a floating orb  
Of golden sentience still clad in the garb  
Of flesh, residing on earth, but afloat  
In astral spheres, from mortal thought remote.

The dream experience some of us believe  
Is born of day, and we re-spin and weave  
What we long for or suffer during day,  
Which all comes masquerading in the play  
Of sleep, requiring oft a psychiatrist  
The tangled skein of these scenes to untwist.

Floundering in the streams of modern thought  
We seldom stop to ponder, as we ought  
To do, that when we undeniably find  
Wisdom behind our body and our mind:  
Behind the sentience which controls our growth  
From the embryonic stage and childhood both;  
Which smoothly runs, unnoticed and unseen,  
Our body—the most marvellous machine  
On earth—about which we are still in dark,  
And still some of its wonders fail to mark;  
Which is behind the knowledge we display;  
And keeps it stored in a mysterious way:  
In short, the wisdom but to which we owe  
Our life, our mind and flesh and all we know.  
Can you suppose this gracious Wisdom turns  
Into a Satan when the night-lamp burns,  
Acting in such perverse ways in our dream  
Which when awake to us abhorrent seem?  
Or is there something wrong in current thought  
Which e'en in realms divine is spreading rot!

“It matters not” says Nanak,  
“how many cart-loads of learning you have”<sup>1</sup>

<sup>1</sup>Hymns of Guru Nanak, translated by Khushwant Singh

nor what learned company you keep;  
it matters not how many boat-loads of books  
you carry or the quantity of knowledge  
with which you manure your tree of knowledge;  
it matters not how many years and months  
you spend in study nor with what passion  
and single-mindedness you pursue knowledge.  
Only one thing really matters, the rest  
is but whirlwind of the ego... . There are  
a hundred falsehoods but this one sovereign truth—  
that unless truth enters the soul  
all service and study is false.”

It is time when the learned who have shut  
Their thinking in the old, outmoded rut,  
And still ascribe mind to capricious chance,  
Or latest to the mere fortuitous dance  
Of D.N.A. or some such molecules,  
Should now more wisely scan the rigid rules  
Of life and frame a judgment, if they can,  
That if mind is a product of sheer chance  
To what do they ascribe their own advance?  
From what then, if there is no wider source  
Of knowledge, do they new discoveries force?

The plea: Man has a most productive brain,  
With vast reserves which normally remain  
Unused, and in some cases come into play.  
In genius or some wonder of the day,  
Is as fallacious as it is inane.  
For now the point arises what made the brain  
Of man with, as they urge, fortuitous skill  
To evince, what matter lacks, design and will  
Which can dig out from mind's still brimful mine  
New gems, no one can name yet or define.

### 3

Let not the thought that millions, all like you,  
Reflect the light of mind, as drops of dew

In countless mini-forms reflect the sun,  
And of this multitude you are but one:  
Let also not the thought that countless dead,  
Since man arose on earth, when once the thread  
Of life was broken, ne'er again returned  
To visit former scenes, where they had burned  
With love and hate, again to ignite the fire  
Which ne'er rekindles once it does expire,  
Depress or pain you, for you ne'er e'en once  
Were born or died, nor had a sire nor sons.  
Unborn, eternal, your Self is the cream  
Of all creation, now lost in a dream.

Let not the thought that you are not endowed  
With beauty, strength or wit, that make one proud,  
Nor are pre-eminent nor have wealth nor name,  
Nor gift nor knowledge nor can light the flame  
Of love, disturb your mind for there is naught  
On earth which you lack now or e'er had not.  
You are the Spring-head, though you know not it,  
Of all the riches, talent, charm and wit.

The need is to o'er-haul the organic chain  
That binds the soul to a yet imperfect brain,  
When all the gifts and charms which fill your dreams  
Shall shine in you as on the sun shine beams  
Of light: a kingdom which is yours, in fact,  
Attained with noble conduct, thought and act.

Reverses, sickness, suffering, pain and grief,  
All transient shadows that attend your brief  
Stay in the dream-land of this monstrous world,  
In time out of your pathway shall be hurled,  
When diligently you pull yourself awake  
And free your mind of this bewitchment shake.

Slowly when Cosmic laws—parts of this dream—  
Become known more and more the imprisoned beam  
Of God's own Splendour which, in truth, you are  
Shall find new ways to end grief, pain and war,

And, though still clothed in flesh, shall live awake  
To its primordial glory, soon to make  
The earth an Eden and its time of stay  
Of beauty, love and joy one long-drawn day.

It is a staggering truth more staggering than  
The cosmos with all its colossal span,  
That the invisible flame of sentience we  
Possess can house the universe we see,  
With time and distance, and its crowds of suns  
And earths, whose number into trillions runs,  
Some visible, others hidden from our eye,  
Of such enormous size they thought defy.  
But with all its intelligence no beast can  
An inkling have of things revealed to man  
Whene'er he contemplates the twinkling orbs  
And in their mystery his mind absorbs.

This feeling is not present in the beast  
Although its sense equipment is, at least,  
As strong and as effective as in man,  
But e'en so its awareness fails to scan,  
Deduce and measure the time-span and size  
Of the world and in this the difference lies.

Nor by instruction or by training can  
We teach an animal to think like man.  
Hence our idea of vastness of the size  
Of the universe or its duration lies  
Not so much in what is perceived by us  
As in the quality of Consciousness!

The world goes suddenly wrong for the insane  
Who starts to hear and see with the same brain  
What for the rest is mere trash and refuse,  
Creations of a fancy running loose,  
A sudden breakage of the rational chain,  
Leaving imagination with no rein.

But if we e'en this issue weigh a bit  
In all its bearings we shall have to admit

That his mad state is yet another phase  
Of consciousness, when with his eyes ablaze  
With anger, sad with grief or wild with fright  
He talks, gesticulates or rushes to fight,  
Conveying by these signs the change wrought,  
Real or fancied, in his mind and thought,  
Not in his senses which still serve more or less,  
But in the hid depths of his consciousness.

Where now the cosmos with its awful size  
And vast duration, which confounds the wise?  
Where now the magic of the sky at night,  
Although the starry worlds are still in sight?  
And where the wonder of this whole display?  
For that delirious mind in disarray?

If we now study the mind of a child,  
Asuckling babe, when with eyes opened wide  
It looks with wonder at the star-lit sky,  
And pointing up e'en gives a joyous cry.  
Does it have e'en the least idea of what  
Interpretation we on the show put?

And does it realize each twinkling star  
Has such a prodigious mass or is so far?  
Or does it know aught of the mysteries  
Which crowd in what the astronomer now sees?  
Perhaps to grow in future wiser still  
And realize, like grown ups, with a thrill  
That there are wonders still, he failed to see,  
Which shed a new light on the mystery.

Why take an infant, take a normal man  
Refined in taste, who dwells whene'er he can,  
On things sublime: the mystery of life  
And death, weighs all the ideas and theories rife;  
The problem of Eternity and soul  
With their relation to the Cosmic Whole,  
And sunk in reverie deep in his mind,  
When all absorbed a nameless joy can find.

Suppose a sudden sorrow makes him sad  
Reverses depress, a loss makes him feel bad,  
A shock unnerves, injustice causes a smart  
Bad news dismays or treachery cuts at heart,  
Or some fear or anxiety weighs him down  
Be he a millionaire or one wearing a crown,  
The days grow gloomy, sleepless pass the nights,  
No games amuse, no words cheer, naught delights  
Divine recedes, sublime, grown distant, fades,  
Only anxiety, grief or fear pervades  
The mind which only a little while before  
Had been so gay, so hearty to the core.

No more that joy in books, no more those themes  
That had consoled him with alluring dreams,  
And in the desert of life acted the role  
Of an oasis for his thirsty soul,  
Despond now chokes the genial flow of life  
And makes him cross with children and his wife.  
The same refined and cultured mind that had  
Been so congenial acts now like one mad.

Hopeless depression so completely holds  
His mind in its grip e'en when night unfolds  
The glory of the star-filled firmament,  
That the dark mood does not the least relent  
With what had erstwhile been his great delight  
To gaze long at the glowing sky at night!

Distraction, worry, grief, exceeding stress  
Have such a marked effect on consciousness,  
They change behaviour, habit, taste and mood,  
Kill appetite, create distaste for food,  
Deprive of pleasure, hobby, study, sport  
And one's whole personality distort  
For some time, till the mind recovers back  
The equilibrium shattered by the attack.

In all such cases when someone is torn  
With worry, fear, anxiety or is worn



With sorrow, suffering or care he is prone  
To be affected to the flesh and bone,  
To find himself beset by fright and gloom  
In e'en a palace lush with flowers in bloom.

The sky looks overcast, earth alive with threats,  
And life a bed of thorns, which galls and frets,  
Calmness and cheer become things of the past,  
As if a heavy blanket has been cast  
Upon the mind, to snuff the heartening light  
Of peace and joy and change to gloomy night.

So with the action of emotions raised  
By worry, grief or fear one can be crazed,  
Made anxious, sad, depressed, morose, afraid  
And these conditions at once do not fade,  
But cause affliction for a varying spell  
Of time, which may match in severity hell.

These actions and reactions of our mind,  
Caused by emotions, often do not find  
Us eager to discover the reason why  
We cannot over-come them, if we try,  
And what is more regrettable we do not  
To this important issue give our thought  
That if anxiety or shock, grief or fear  
In such alarming way our mind can sear;  
Make it acutely anxious, gloomy, sad  
Distressed, distracted, tense, distraught or mad,  
Cannot the unnatural ways of life we lead,  
Our trifling with the right in thought and deed,  
Create the same conditions, faint but sure,  
Which too our Pranic Spectrum make impure  
To cause the turmoil and uproar we see  
Today, with no clue to the mystery.

This is the vicious harvest of our fault  
When matter over mind we chose to exalt,  
Assigning mind the office of a maid  
or serving Soma to be highly paid,

And those this office diligently filled,  
Alas! the incentive to self-knowledge killed,  
Leaving uprooted mankind in a lurch,  
Wavering between its Soma and the church.

4

It rests with us, the dreamers of the dream,  
To lie oblivious, till the sentient beam  
Of life departs to leave the mortal coil  
And cold to mingle with the soil,  
Or wake up to the Truth, while dreaming still,  
To infuse in our emotion, thought and will  
The knowledge of our true Divine Estate,  
And live up to that knowledge until Fate  
Comes at the appointed hour to burn the Light,  
And leave us dazzled by the glorious sight.

What irreparable loss do we sustain,  
When dead to Forces active in the brain,  
We live unaware of the target aimed  
And, with the mind and senses still untamed,  
By o'er attention to the carnal side  
More firmly in the dream condition bide?

Still more the loss, when we securely bind  
Into our ways of thought the plastic mind  
Of children, innocent until we din  
Into their ears the charm that they should win  
Success in all whate'er they undertake,  
And in this effort spare no pains to make  
Temporal plenitude their primary goal,  
With hardly a word to tell them that the soul  
Demands their first attention, as it should,  
To make them, more than rich or powerful, good.

We can be certain that the child will learn  
What we have learnt and shall teach him in turn

34

To instil the knowledge we have so far gained  
And make his thinking, like our own, when trained.

With all this knowledge at his beck and call  
He may add something more, beyond it all,  
Born of his observation, thought and skill  
Or e'en intuition, last a riddle still.  
In each case his addition, more or less,  
Is all an offering from his consciousness.  
So we see lastly what he learns or finds  
Comes from his own or from his elders' minds!

The same has happened from the farthest past,  
One mind has taught another, first to last,  
And this accumulated knowledge, oft  
We call ours, not that it comes from aloft,  
A racial store, deposited bit by bit  
By consciousness through those she gifted it.

We seldom realize how much we owe  
To our upbringing, for all that we know,  
Or have in mind today, in every sphere  
Of knowledge, was collected here and there,  
From prehistoric times ere man began  
To think and in a rational way to scan.

Thus every bit of wisdom, every shred  
Of knowledge, every fact about the world  
Have all been contributed in small amounts  
By consciousness from her own varied founts.

The glory and the wonder of our life  
But seldom strikes us, since it is so rife  
And common, that we rarely stop to think  
That our awareness is the only link  
Between us and the unmeasured Cosmic mass,  
Our thoughts and fancies through the mind which pass,  
With our ideals, ambitions, goals and aims  
Our interests, hobbies, studies, sports and games,  
Our talents, business, urges and desires vanish suddenly when life expires.

Our wrong appraisal of life has consigned  
To the back-yard the wonder of the mind,  
Our lone means to know and appreciate  
The great advance in knowledge up-to-date,  
What scientists and scholars have to say  
About their contributions day to day,  
To inform, instruct, intrigue, excite or thrill,  
Yet with no word about awareness still,  
Though what they say and what we hear from them  
All stems from consciousness, the only gem  
Which sheds the light that helps us know and see  
Our-selves, the cosmos and their mystery!

Why are you worried that our life is short,  
That suffering and disease can mind distort,  
Reduce it all to such a sorry state  
It fails to reason and evaluate,  
While all the world continues as before,  
Concernless whether there is one mind more  
Or less or whether one has fallen ill  
Or died, for there are myriads living still,  
And millions each year pass beyond the bourne  
Whence none returns to extend the past sojourn.

Whether a mind is ailing or insane,  
Or thinking rightly with a normal brain,  
It is the one source of our knowing all  
That to the world or to us does befall.

That minds are crooked or cracked, insane or sound,  
Or whimsical or sickly is no ground  
To assume that it is not the primal cause  
Of all creation and its rigid laws,  
Because the very fact that we define  
One mind as sound and one ill is a sign  
That it possesses a firm unvarying base  
Which variations in its state can trace.

The flaw in our contention lies in this  
That, when discussing mind, we often miss

To pay attention to the weighty fact  
That whether healthy or ill, sane or cracked,  
It is not the individual mind that lies  
Behind the world we live in, vast in size,  
But its primordial Source, the Oceanic Base  
Of which a drop lives in the human race,  
And all the numberless terrestrial forms,  
Of life, abiding everywhere in swarms.

How can it, in the least, affect the sun  
If its effulgent rays fall, one by one,  
To light up once a horse and then a cow  
Another time a crow and soon a sow,  
A lunatic, a genius or a crank,  
A stream full of fish or a sandy bank,  
Our point is that awareness is the sun  
Whose rays light up the world and make it run.

The issue here arises is there ought  
Besides awareness, with its mind and thought,  
On which its lustre shines to bring to light  
What else would buried lie in endless night.  
In other words, is there a physical stuff  
Which needs awareness but to light it up,  
If so, the cosmos is then real too,  
And consciousness spectator of the view?

The notion that ought can exist besides  
Awareness in our wrong deduction bides.  
How can the knower come to know the known  
Unless a bond between the two has grown,  
Unless there is a third to act the part  
Of bringing them together with his art,  
To serve the purpose of a link between  
The abstract seer and the material seen;  
And this third partner, too, must have a fourth  
To lodge him nicely in between them both,  
Also, perhaps a fifth to make it sure  
That for some time the union does endure.

The scholars who consider mind and flesh  
As an inseparable compound, afresh  
Raise issues human thought can never solve,  
If it does for a thousand years evolve.  
For how can things dissimilar at the base  
Completely merge the plan of life to trace,  
Needing such harmony between the two  
That 'tis impossible to determine who  
Is the author, flesh or mind, for as we find  
Some men hold matter basic and some mind.

If we hold matter as the cause of life,  
And for some time this theory has been rife,  
Then it too must have consciousness diffused,  
At its own basic levels, which was used  
To build up more and more elaborate forms  
Of life, by chance, amid tempestuous storms,  
Antarctic rigour and extremes of heat  
Until in man it gained a lofty seat.

But here again we come across a knot,  
For it does not appeal to rational thought,  
That one can be alive and dead at once,  
Or half-alive and half-dead, and have sons  
And daughters, all by chance, born of a stone,  
Or half-dead rock, turned into flesh and bone:  
A most preposterous theory in which mind  
Has no place in the genesis of mankind.  
And only lifeless, aimless forces spin  
And weave the fabric which in man, could win  
To such an intellectual height that he  
Believes a greater height there ne'er can be.

How rudimentary sentience could contrive  
With keen intelligence to live and thrive,  
To exact obedience from the very start  
From matter down to its minutest part,  
And build a complex structure, like the brain  
Of mammals, strictly with a casual chain,

Unless there is complete accord between  
The two, and both are now and e'er have been  
Two faces of but one substance, so remote  
From us that we its wonder fail to note.

These fitful speculations of our mind  
The answer to the Riddle ne'er can find,  
If we continue for eternity  
Into this mystery to fit a key,  
For mortal wit and reason constitute  
One single facet of an Absolute,  
Who, all pervading, acts in countless spheres  
And in each one a different costume wears,  
Out of which man's intelligence is but one,  
One single weak beam of a blazing sun.

One ray of millions which light other globes,  
Wearing a million kinds of formal robes,  
Each with its own awareness which, distinct  
From others, differently can know and think.  
In short, the cosmos is a teeming crowd  
With varied types of consciousness endowed.

It is no wonder we treat as a myth  
Ethereal worlds beyond perception with  
Our sense equipment, so extremely poor  
That to this day we could not make it sure  
What matter is and from what stuff arise  
The nebular formations on the skies?  
What force is gravity, what time and space  
Or whence come comets in the void to race?  
And hence but little credence might be lent  
To what I say that our whole life is spent  
In chasing shadows, while round us abides  
An ocean of awareness on all sides  
But since it is so subtle we are hurled  
Into error for 'tis a different world.

We value less what we should value more—  
 Our soul—because the world is e'er before  
 Our eyes, so we forget the observer who  
 Brings all that we perceive into our view.  
 Thus too fond of the outer passing show  
 We are indifferent to what we should know,  
 What is far more important for our weal  
 Than all the external goods with which we deal,  
 That far more rare and precious than the whole  
 Of earth is our rich kingdom of the soul.

But this ennobling thought we oft ignore  
 In our anxiety to reach before  
 The rest whate'er of value we can find,  
 Which leaves us little time to explore the mind  
 To unearth that one unvalued treasure chest  
 Of all the goods of earth which is the best.

What all the great religions sought to teach,  
 What Buddha, Christ and Vyasa came to preach,  
 What Plato, Shankara, Rumi and the rest  
 Of great religious thinkers tried their best  
 To expound with all the force at their command,  
 And in the richest language of their land,  
 In different tones proclaims the mighty Truth,  
 The one and only Gospel that can soothe  
 The fever of our mind that of this whole  
 Boundless display the Centre is the soul.

What can the study of a thousand books  
 Avail, if goods of earth, like smiling crooks,  
 Entice our mind and keep it from the quest  
 That only can unco'er the Royal Crest  
 Of Life Eternal which, ordained to crown  
 The search of man for Truth, on reaching down  
 Into the unfathomed depth of his own soul,  
 Shows God in him and He In God, the goal  
 Of all religious practice rightly done  
 To make soul and the world fuse into One.



The famous maxims of the Enlightened seers  
Of Upanishads which their devout compeers  
Preserved to last full many thousand years,  
During which empires sank in blood and tears,  
That "My Atma and Brahma are but one,"  
That "Thou art That" and "All this is Brahman"  
Which have resounded through vast centuries  
To set full many a restless mind at ease,  
Admit no other meaning save this one:  
That soul is one with Life's Eternal Sun  
From which both creatures and the worlds are born,  
Like light-beams shed by but one sun at morn.

Millions acknowledge and revere the truth  
Of this immortal teaching, but, in sooth,  
They often fail to spell out what it means:  
That all experience of the external scenes,  
Of mammoth cosmic hosts or time and space  
Is but an out-growth of a solid base,  
A vast projection of the immortal soul,  
The visible peak of an invisible Whole,  
The myriad branches of a buried root,  
Or of the one and only Absolute,  
And "Thou art That" O, yon unheeding soul,  
Lost to thy Kingdom in an illusive role.

The real aim of all religious search,  
Of worship in a temple, mosque or church,  
Is not to win to something from us far,  
Or inaccessible, like a shooting star,  
But just to turn within the wayward mind,  
Its sensual chains to loosen and unbind,  
So that free of the prison we have built  
For it ourselves, unconscious of the guilt,  
It gains the freedom, we to it deny,  
To gaze amazed with its celestial eye,  
At its divine proportions far from aught,  
That can be e'er conceived by human thought.

How can we claim to know our faith aright  
When we miss what the Founders had in sight,

To find the glorious empire of the soul  
And, all oblivious to this, make it roll  
In dust in hot pursuit of earthly goods,  
Which loom large e'en in introspective moods  
By which, free of the carnal, it could win  
To its dominion it must seek within,  
Not outside, for what it perceives without  
Is its own masked reflection spread about.

“My Guru,” Lalla<sup>1</sup> sings, “Said but one word,  
Turn from the outer to the inner world,  
This word I made my only aim and stance,  
And with abandon thence began to dance.”  
“Water” she adds at yet another place,  
“When frozen with cold turns to ice and snow,  
Three forms assumed but by one single base,  
Which melt again and one formation show,  
When the sun shining greater warmth brings,  
So when the Sun of Consciousness ascends  
This world of sentient and insentient things,  
With all that makes up this creation ends,  
To merge into One from which All springs.”

This is how Dante<sup>2</sup> tries to express the same  
Experience of the Universal Flame,  
The One devoid of any shape or form  
Become the giant world of calm and storm,  
The all-pervading, ineffable Light  
Which mirrored as creation meets our sight:

“O grace abounding, whereby I presumed  
So deep the eternal light to search and sound  
That my whole vision was therein consumed!

In that abyss I saw how love held bound  
Into one volume all the leaves whose flight  
Is scattered through the universe around;

<sup>1</sup>Lalla's sayings see Lal Ded by Jaya Lal Kaul.

<sup>2</sup>Dante—The Divine Comedy, translated by Barbara Reynolds

How substance, accident and mode unite  
Fused, so to speak, together, in such wise  
That this I tell of it is simple light.

Yea, of this complex I believe mine eyes  
Beheld the Universal Form—in me,  
Even as I speak, I feel such joy arise.”

“From all eternity the beloved unveiled”  
Says Jami<sup>1</sup> “In the loneness of the Unseen,  
His beauty held the mirror to his face  
And to himself his loveliness displayed,  
As the Spectator and the Spectacle,  
No eyes but his surveyed the universe,  
And all was one with no duality,  
With not the least pretence of ‘mine’ or ‘thine’.”

When you their poetry detachedly con  
What other meaning can you put upon  
The words of Dante and the Sufi saints,  
Despite their chosen faith and its restraints,  
When they say God-head and the soul are one,  
The world a veiled appearance of the Sun  
Of Life—all three essentially the same—  
Though different outwardly In form and name?  
What other sense can these plain words convey  
Save that soul of God’s Splendour is a Ray.

When Christ said: “I and Father are but one,  
I live in these men and He lives in me,”  
Does it not mean the Father and the Son  
And all the world of life, the basic three,  
Are in reality one and the same;  
The sparks that fly from One Eternal Flame  
Which, as the universe, the soul and God,  
Is immanent in us here and abroad.

<sup>1</sup>Jami— translated by R.A. Nicholson.

When modern mystics, speaking from their heart,  
Aver that they and God are not apart,  
But one and that they share the Light Divine  
Which all the objects of the world enshrine,  
They voice the same immortal Truth which finds  
An echo in nigh all awakened minds.  
And these illumined souls count in their rank  
The enlightened of all lands who, from the plank  
Of their own faith, leapt to the glorious height  
From which diversity fades from one's sight  
To manifest a state of oneness where  
Consciousness reigns supreme both far and near.

How can you these avowals interpret,  
Or any value on religion set  
Save by admitting that the human soul  
Is not a mere nonentity, a mole  
Lost in the vast expanse of cosmic space,  
A wisp of vapour one breath can efface,  
A tiny flame extinguished by one gust  
Of wind, a fragile mirror that break must?  
But on the contrary the eternal base  
Upon which stand the phantoms—time and space—  
That weave the fabric of the huge expanse  
Of all this world which, in the ecstatic trance,  
Becomes a shadow, as compared to soul,  
Now seen out-measuring it from pole to pole.

## 2

### THE LIMITATIONS OF INTELLECT

#### 1

The priceless teaching of enlightened seers,  
More so of ancient India, oft appears  
Fantastic to skeptic intellects:  
Some e'en ascribe it to the ill-effects  
Of self-denial, carried to the extreme,  
Excessive penance, lack of sleep and dream,  
To solitude, diminished drink and food,  
All working to cause a delusive mood.

Hence their alleged experience not a few  
Ascribe to neuroses, of which they knew  
Nothing, to fantasy, hypnotic trance,  
To drugs, suggestion, mania, e'en to chance.  
And thus rejected as false visionaries  
Their influence on the crowd could not but cease.

But few of us imagine e'en in dream  
That some among these seers have been the cream  
Of earth, the guiding stars and beacon lights,  
The first to soar to transcendental heights,  
And gathering rare, intuitive knowledge there  
Instructed mankind how to step with care  
Upon the winding pathway, full of snares,  
And pitfalls which can catch one unawares  
To break a bone or but to feel a smart,  
To take the lesson taught more to the heart.

The crisis facing all the race today  
Is but a snare, encountered on the way,  
To which conceited knowledge did not pay  
Sufficient heed, because he turned too gay  
And proud with his new skills in moulding clay  
And ore or having something new to say.  
And so the actor who alone can play  
This role in him, his soul, the Immortal ray  
Of life Divine, he pushed off far away.  
The outcome: murderous tempests brewing, nay  
E'en cyclones threatening to destroy and slay.

The problem of pollution of the air,  
Of earth and water which now causes a scare,  
Among discerning intellects who see,  
In it, a threat to all humanity,  
All split up, in such an impossible way  
And, at the moment, under such a sway  
Of national rivalry, mistrust and hate,  
That it should cause an outburst, soon or late.

To fight the evil on a global scale  
Seems out of count—an effort that must fail.  
For torn with hate, dissension, feud and spite,  
Is there a grain of chance all would unite  
To fight combinedly with mistrustless hearts  
This all-corrupting hell before it starts?  
The other threat: the ceaseless, wanton waste  
Of earth's resources, done in foolish haste,

Is no less serious, for the lot of man  
In future, for the still enormous span  
Of time he is decreed to thrive on earth,  
Cannot be happy if there is a dearth  
Of ores and fossil products he now spends  
Extravagantly e'en for frivolous ends.

Hence e'en if nature does not take in hand  
Reform of what is now a robber band,  
Depletion of essential ores will breed  
Discord in those who have less than they need,  
Adding another factor to invite  
Hostility, contention, bloody fight,  
All heading soon towards a global war,  
Which to the visionless yet seems too far.

The recent short supply from oil-rich states  
Has shown the world how such reduction grates,  
The false assurances that science can find  
Replacements for the products no more mined,  
Trumpeted so loudly by some scholar teams,  
Are vain, impracticable, deceptive dreams.  
But can it help to impeach them one by one  
When time is lost and all the damage done?

The gaudy raiment which now mankind wears  
Does not conceal the poverty she bears,  
The mind-distracting, soul-oppressing want  
Of higher knowledge which alone can grant  
That harmony and peace the world now lacks  
And soon may make it stop dead in its tracks.

Alas, the erudite have no more clue  
To what the present world-unrest is due  
Than masses, and so flounder in the dark  
Like others and, like them too, fail to mark  
That grave disasters, threatening all the race,  
Are omens she is now denied the Grace;  
That Guardian Forces that protect her path  
Towards her destination are in wrath.

Can e'en now knowledge make a timely guess  
What makes its front-rank hasten to the Press,  
And with loud cries and warnings cause alarm  
Against pollution and the nuclear arm,  
When it itself has given birth to both,  
And proudly, after birth, sped up their growth?

All this in vain, the rot has spread so far  
That naught, save Grace Divine or global war,  
Can hold in check the galloping disease,  
And wash out poisons the sick race to ease.

The danger which is now before their ken  
Ought to have been anticipated when  
They with stentorian voices loud proclaimed:  
God is a myth and they have nature tamed;  
When they made reason their unfailing guide  
And final judge to settle and decide.

What is the end now of this loud acclaim?  
Has nature been subdued or, oft with shame,  
Some wise successors of the older team,  
Who sense the threat and, like a shattered dream,  
See all their world about to fall apart,  
Because of gross mistakes done from the start?  
In but a short span of a hundred years  
Wrong proved the bombast that had first won cheers.

Because of this grave fault in intellect,  
Which after centuries shows its effect,  
Nature has planted another sense in man  
The still hid distant future to scan.  
But this prophetic eye can only adorn  
Those who to a new dimension are reborn,  
And through them Sovereign Life, in acts of Grace,  
By means of Revelation guides the race;  
A rare phenomenon in every age,  
Which to the fore-front brought an illumined sage.

But still with these debacles well in sight,  
Pollution on one side and nuclear fright



On another, birth-explosion on the third,  
How many savants yet admit by word  
Or deed that human intellect alone,  
Howe'er in knowledge rich, at times, is prone  
To grievous error, fatal at this stage  
When, with man's climb into the nuclear age,  
Explosive problems which ne'er met before  
Can, with their urgency, now press him sore?

Among our Suns of knowledge is there one  
Who knows that, with a little probing done,  
It would be shortly proved beyond dispute  
That there already is a charted route  
Aligned for mankind, which it follow must  
For all its span of life upon the crust  
Of earth, and that to guide it on this Path  
Comes Revelation to save it from scath?

But e'en those savants who, now wide awake  
To these mistakes, ask one and all to take  
Effective measures, in time, do not seem  
To have themselves awakened from the dream,  
Dear to the erudite, which makes them rate  
Too highly their own scholarly estate;  
And fallen victims to deceptive pride  
What still they cannot judge in haste decide.

Oceans of learning nor a million books,  
Nor all the teeming scholars of the earth,  
Nor all technologists, whose future looks  
So bright with their achievements of high worth,  
Can e'er discover the mysterious cause  
Of this distemper if, without a pause,  
They toil and sweat for many years to unearth  
The secret: which is spiritual dearth.

## 2

The search for your divine, immortal part,  
Beyond the province of pure science, art

And e'en philosophy or other lore,  
Demands a higher sphere of science more  
Exact, elaborate and complex than  
That which deals with the mortal side of man.

This probing of the secrets of our mind,  
With knowledge, wisdom and research combined,  
Will need a lengthy span of time to gain  
Sufficient knowledge of the ethereal plane  
Of consciousness to guide a seeker right,  
With confidence, towards the illumining Light,  
As now we can with some assurance guide  
One in his plans about the physical side.

This science too will have its scope and plan,  
Adepts and specialists who only can,  
With higher channels of perception, find  
What course of action suits the evolving mind  
To keep it on the natural path decreed  
By Heaven, with self-awareness as the mind.  
To think a sudden revolution can  
Bring Cosmic Consciousness to every man  
Is to belie the record of the past  
Which shows man ne'er could climb the ascent too fast.

Just as an infant grows to attain the stage  
Of childhood, youth, maturity or age,  
So has the race to accept her destiny,  
Which modern intellect still fails to see,  
And make herself familiar with the goal,  
With its already writ, unchangeable scroll  
Of Fate, of which no knowledge can be won  
By intellect, whate'er the effort done.  
For yet another sense transcending it  
Has to be built up slowly, bit by bit,  
By man with his own effort, to accord  
With natural processes until the Lord  
Of Life, enshrined within, wakes from his dream,  
And soon transformed into a glorious beam

of Life's Eternal Sun, wins to his goal  
Of conscious oneness with the Unbounded Whole.

Born of our ignorance of cosmic laws,  
Lack of this knowledge has caused and shall cause  
Ills and distempers to the end of time,  
Dissension, war, revolt, aggression, crime,  
Which in the existing order ne'er can cease  
And, as we see, with time must show increase  
Until the earth looks like a seething sea  
Of crime and blood-shed it has started to be.

These ill, like bodily ailments, have a cure  
Which heaven already has provided for sure.  
Unless obeyed now in the affairs of man  
To cool down fires, which their defiance can fan,  
Their further violation can but mean  
A conflagration earth has never seen.  
But nature keeps some secrets in her hold  
Which only Revelation can unfold.

One learns them not in college nor in school,  
Nor from the self-important men who rule  
Nations, nor from the charlatans whose claims  
Are born of selfish, merchandizing aims,  
Nor from books that command colossal sales,  
And make their flattered authors swell, like whales  
With pride, while curious throngs race after them  
To see their face, touch their hand, kiss their hem,  
And charmers keep up a search with their eyes,  
Eager to find if they can net the prize,  
Or envious authors their earned millions count  
And try to jog their own creative fount

In vain, for save a Seer no mortal can  
Unseal the laws that touch the Soul of man,  
As here we come upon a province kept  
Reserved by nature for the true adept,  
Where nor the most accomplished scholar nor  
The most exalted head can enter, for

This holy precinct is beyond the probe  
Of those enamoured of the gown or robe.

The still extant Revealed directions came  
Through mostly those who sought nor power nor fame,  
And in the annals of mankind we see  
That no one save a religious prodigy  
Was e'er vouchsafed the rare, unequalled grace  
Of chaste scriptural knowledge for the race.

What scholars, proud of their achievements, fail  
To grasp is that a plane beyond the pale  
Of intellect can ne'er become a theme  
About which they can write or frame a scheme  
Of study. This is why we often find  
The chosen vehicle: an artless mind  
Without that ponderous weight of learning which,  
Instead of helping, proves a serious hitch.  
Because a brain already over-taxed  
By study cannot reach that calm, relaxed  
And pure devotional frame in which alone  
One can enraptured hear the inaudible tone  
Of Cosmic Sound by which the awakened hears  
The Wisdom, called Shruti by Vedic seers.

Awed by the august halo which surrounds  
The Revelatory state, the ideas and sounds,  
And the undreamed of change in consciousness,  
It is no wonder those who won access  
To this illumining, lofty state of Grace  
Supposed that they with God were face to face.

Why Revelation often took the form  
Of simple narrative, with its own charm,  
Without embellishment and sophistry,  
Of grandiosity and rhetoric free,  
Is just because man in his heart of hearts  
Loves pure simplicity, unspoiled by arts;  
The target of his evolutionary drive,  
His only way of life that can survive,

And he will have to purge himself with pain  
Whene'er the lure of grandeur stunts his brain.

And hence to win to both man's head and heart  
Simplicity supplies the highest art  
For mass-appeal in palaces or slums,  
The purpose for which Revelation comes,  
Against the current false beliefs to shed  
Illumining light to show the Path ahead,  
Its turns and pitfalls, both in verse and prose,  
Without pretension, in a measured dose,  
With deep appeal to heart and reason free  
To choose with what to differ or agree.

The testaments and scriptures of mankind,  
Which have withstood the erosive stream of time  
For centuries, both in the east and west,  
For their appeal, effect and long-life rest  
Not on adornment, sophistry or art,  
But on their Message, dear to human heart.

Though written in a simple, artless style,  
With no sophistication to defile,  
And no manoeuvring done for effect  
To twist the teachings with which they are deckt,  
They still command more credence and esteem  
Than most books of our day whose authors seem  
To revel in the thought that their own form  
Of diction lacks no wise in grace and charm.

Full many a book with its perverted taste  
In language, style or matter has laid waste  
The idyllic beauty of the human mind  
With false sophistication which we find  
So rampant now, both in the high and low,  
That one's true feeling it is hard to know.

Like huge industrial complexes which gloom  
Pastoral loveliness, the honest bloom,  
Native to man's mind, which depends in main,  
On right behaviour of the evolving brain,

Is being steadily eroded by  
Our own mistaken efforts when we try  
To orientate our writing with the aim  
To win applause, admirers, wealth or fame.

But few accomplished writers of our time,  
Acknowledged master-hands at prose or rhyme,  
Display awareness of the simple fact  
That printed words on mortal mind react  
With such force and intensity they can  
Ennoble or debase it quicker than  
E'en good or evil company can do  
To millions of confiding readers who,  
Enamoured of the style, are borne away  
Towards erroneous thinking every day.

Whene'er true Revelation came it chose  
Its own semantic channel which made those,  
Lost in the wilds of intellectual doubt,  
Proud of their worth, to run it down and shout,  
Denouncing its alleged defects and faults.  
But since Truth waxes stronger with assaults  
Their loud outcry too helped serve nature's aim  
To spread the Message and confirm its claim,  
While their dissenting notes were swept aside  
By Time, as straw is by a rushing tide.

When reason is bombarded heavily  
With specious logic and fallacious plea  
In ceaseless volleys of pedantic words,  
Of words and words, it soon is torn to shreds,  
And with a heavy dose of scholarship,  
If not on guard, is often prone to slip  
Into what the author likes it to believe,  
With little choice to examine it and sieve,  
Till a fresh barrage from another book  
To the first impress gives an altered look.

Temporal knowledge, wareless of the goal  
Decreed by nature for man and his soul;

The glorious summit he shall reach at last,  
As every faith has in some way forecast,  
Howe'er colossal, rich, amazing, sure,  
Which of immoderate lust can find no cure,  
Can be as dangerous as neglected fire  
That warms but can destroy the hearth entire.

This is what Maitri Upanishad says about true knowledge:<sup>1</sup>  
“Who is the bird of golden hue,  
Who dwells in both the heart and sun,  
Swan, diver-bird, surpassing bright—  
Him let us worship in this fire! . . .

As fire, of fuel destitute  
Becomes extinct in its own source,  
So thought by loss of activeness  
Becomes extinct in its own source.

Becomes extinct in its own source,  
Because the mind the Real seeks!  
For one confused by things of sense,  
There follow action's false controls.

Samsara is just one's own thought;  
With effort he should cleanse it, then.  
What is one's thought, that he becomes;  
This is the eternal mystery.

For by tranquillity of thought,  
Deeds, good and evil, one destroys.  
With soul serene, stayed on the Soul,  
Delight eternal one enjoys.

So long the mind should be confined,  
Till in the heart it meets its end.  
That is both knowledge and release!  
All else is but a string of words!

<sup>1</sup>Maitri Upanishad 6.34 and 7-8, translated by R.E. Hume

With mind's stains washed away by concentration  
What may his joy be who has entered Atman—  
Impossible to picture then in language!  
Oneself must grasp It with the inner organ. . . .

By the jugglery of a doctrine that denies the soul,  
By false comparisons and proofs  
Disturbed, the world does not discern  
What is the difference between knowledge and ignorance?

This from the third Patriarch of Zen:<sup>1</sup>  
“Wordiness and intellection—  
The more with them, the further astray we go;  
Away therefore with wordiness and intellection,  
And there is no place where we cannot pass freely

When we return to the root, we gain the meaning;  
When we pursue external objects we lose the reason.  
The moment we are lightened within,  
We go beyond the voidness of a world confronting us.”

This from Rumi:  
“Before the city of perfect wisdom these senses are like  
the donkeys of the oilpress, whose eyes are blind-folded.”  
Again:  
“So long as man comes not out of his senses,  
he remains ignorant of transcendent entities.”

Words and words in a thousand bulky books  
A day, all o'er the earth, like baited hooks  
Attract and scatter with consummate art  
People, in this age of the nuclear dart,  
Into assemblies of mistrustful hearts,  
And hundreds of antagonistic parts.

Most books on national issues, sects and creeds,  
Now as abundant as exuberant weeds

<sup>1</sup>Manual of Zen-Buddhism by D.T. Suzuki



Are in a garden left untrimmed to grow  
As lush as they can, like fast-gathering snow,  
More often try to separate and divide,  
To extol demerits e'en and add to pride,  
Instead of making wide appeals to unite  
To save life, wealth and culture from the blight  
Of bias hate, discordance, lastly war  
Which spells death of all we are striving for.

3

It might be argued that religious zeal  
has caused more injury than it could heal,  
Inflicted suffering, ignorance and want,  
And done its utmost in our mind to plant  
Dark superstition and irrational myth,  
So crass it has to be contended with  
E'en now, and prejudice so deep ingrained  
That e'en the learned, who have insight gained  
Into the equal worth of every faith,  
Their own religion still superior rate,  
With the result that mankind e'en now stands  
Divided on religion in all lands.

Again the idea that consciousness alone  
Is the reality and what is known  
As matter has no firm, substantial base,  
Attended by or devoid of time and space,  
Does not fit in with the observed facts  
For there is something which acts and reacts  
On mind, external to it that creates  
The complex world we see in wakeful states,  
Complete with mass and movement, time and space,  
Of which we all the components can trace.

When we observe the puny human mind  
In cretins, in the insane, the deaf and blind,  
We see how foolish, blind and queer, at times,  
It can be, or how prone to sin and crimes.

57

And then with remedies applied with skill  
The blind can see and deaf with music thrill.  
These undeniable facts so clearly seen  
None can regard as an illusive scene.

The world around built with the progress made  
Lately is not a phantom nor a shade;  
But hard reality which only came  
To be when honest savants lit the flame  
Of reason and with it soon chased away  
The shades of superstition holding sway,  
Both o'er the faithful masses and their priests,  
Who often made the former bend, like beasts  
Of burden, to all that their faith decreed,  
And blindly rope to it their thought and deed,  
With threats of dire award from heaven if they,  
Ensnared by flesh, were e'er to go astray.

All o'er the earth the powerful priestly clan  
Erected uncanny worlds of myth in man  
Of heavens and hells, of angels, devils and  
Other fictitious tribes in many a land,  
Until all feared and most of them yet fear  
The wrath of heaven puissant everywhere.

They bade experiment and research to keep  
Within the bounds of faith's permissible sweep,  
And make the truths uncovered stay within  
Her holy precincts to keep safe their skin.

They forced submissive knowledge not to move  
Beyond the edges of the hallowed groove,  
And thus confined within the narrow bounds  
Of one book or a few with closed compounds  
The sure result could not be but to stunt  
The growth of mind, to deaden it and blunt!

The light of reason which, not shed before  
In fullness, kept man famished, sick and sore,  
In worlds of suffering, darkness, want and fear,  
Of hard, exhausting toil with primitive gear,

Oppressive rulers, heartless lieges and lords,  
Travel so risky that one needed guards,  
Movement so tardy one in months could make  
A journey which now but some hours can take,  
Diseases rampant, ignorance so wide  
All lived in awe of elements, wind and tide.  
In short, a gloomy world bereft of all  
Modern amenities we oft recall  
With pride, as products of a fruitful age  
When reason, not religion, holds the stage.

The blooming, opulent world before our eyes  
Never attained to this exuberant size  
To this abundance of luxurious goods,  
Of fancy garments and delicious foods,  
Of every comfort and convenience which  
Not e'en great kings could dream of, nor the rich,  
All done when science and reason both dictate  
The course of human destiny and fate,  
Free from the tentacles of mythical thought,  
Dogmatic trash and superstitious rot!

It would be idle to dispute the stand  
That since the time, when reason took command  
Of various spheres of knowledge, there has been  
A marvellous change in the earthly scene.  
What were diseased and famine-stricken lands,  
Icy tracts, marshy wastes and desert sands,  
Converted into idyllic heavens in bloom,  
Into bright sunshine, have emerged from gloom.

But all these victories you proudly claim  
Arose from nowhere save the intelligent Flame  
Of Consciousness the one primordial base  
Of all gifts that adorn the human race.

Nor search nor scholarship nor earth nor stone  
Nor metal but all-knowing Life alone  
Has been the one unfailing constant source  
Of all these triumphs, with all its Pranic force,

Of all our progress, all those fertile lands,  
Reclaimed from frozen wastes and barren sands,  
Those factories and large industrial plants,  
Tall skyscrapers, which make men look like ants,  
Those luxury ships, streamlined railway trains,  
Attractive cars and mammoth aeroplanes;  
Computers, television, movies and  
All other marvels, always close at hand.

Imposing bridges, delightful glossy roads,  
House-hold appliances in huge cart loads,  
Engineering triumphs, architectural feats,  
Freedom of action which all record beats,  
Unequalled medical and surgical skill  
In curing sickness, otherwise sure to kill,  
Adding to health and strength, prolonging life  
With nigh infallible remedies now rife,  
In short, a most delightfully altered earth  
For man to live in plenty, joy and mirth;  
A new world with new hope, ambition, thought,  
An earthly paradise which reason wrought.

It is creative Life whose breast supplied  
The milk of reason which became the guide  
Of human kind in a long, historic march  
To lead, at last, to our triumphal-arch.

How rationalists demolished faith in God  
And o'er religious concepts rode rough-shod,  
Is clear from Thomas Huxley's curt remark  
Which shows how reason can err, e'er in dark  
About what future will prove true or fake  
And what turn human life and thought would take,  
When he condemned the natural urge in man  
To fashion God in his own image than  
Upon an inconceivable model, not  
Accessible readily to human thought.

He ne'er could visualize the change ahead  
When sure of his own still wet ground he said<sup>1</sup>  
That men forgive all injuries save those  
Which touch their self-esteem, and so they chose  
To make their gods in their own likeness and  
In their own image (equal with them to stand).

Influenced by the currents of our day,  
We think the same ideas would e'er hold sway,  
Forgetting oft the lesson of the past  
That change is rooted in our mental cast,  
And nature uses it to work out her plan,  
Taking advantage of this trait in man.  
Revival of a growing interest in  
Religion and the world of life within  
Denotes a change in trends that had begun  
In Huxley's time and have their tenure run,  
And clearly shows how purblind we can be  
When dealing with the eternal mystery.

What Huxley failed to see, in self-conceit  
Sure of his ground, is that the attempt to treat  
Man as a chance-met foundling in a world  
So inconceivably vast that he is hurled  
Into the low position of a worm  
Can only damp his spirit and confirm  
The hold of weak, defeatist trends in him  
Which mock at things sublime and treat as whim  
With no ideals faith alone can gift  
His soul to acknowledge, honour and uplift:  
Ideals which despite the hammer-blows  
Of reason, still in human breast repose,  
Instilled by faith, for save the idea of soul  
And God, naught else man's strong lust can control.

Where then the love of justice, goodness, truth,  
Of charity, benevolence and ruth?

<sup>1</sup>The Evolution of Theology, by T. H. Huxley.

Where then the dream of making life sublime  
Or patriotic thought for one's own clime?  
Where then the impulse not to be so small  
As to deceive one or from virtue fall?  
Where then the care of neighbour and mankind  
Only which hearts in harmony can bind?  
Where then the golden rules of conduct which  
Restrain from yielding blind to the itch  
Of wrong desire, brute force or moral vice,  
Which oft exact a most disastrous price  
As they have started now to do apace  
To warn mankind she is debarred from grace  
For violation of the Eternal Law,  
From which alone she can protection draw.

What else can we expect when we reduce  
Man to the level of a carnal brute,  
Din into him that he is born of dust  
With no eternal bond he honour must,  
Between him and the cosmos as a whole,  
Provided by his own immortal soul?

To isolate him from his cosmic base  
Is to deny him his exalted place  
He holds by right, though chained by space and time,  
As true heir to a legacy sublime,  
An heirdom he should ne'er let out of view  
And always meditating on it live,  
Till his own being is pervaded by  
The thought of his Divinity, to try  
In his behaviour, mode of thought and act.  
To live the life till it becomes a fact.

They but deceived themselves and all the world  
And mankind into a grave dilemma hurled,  
Suspicious of religion, who denied  
Divinity to soul and wrongly tried  
To give to Mammon precedence over God,  
To down-grade and identify with sod  
What in their arrogance they failed to scan,  
The sovereign province of the soul of man.

Allured by senses they assigned to them  
The state supreme of Life's immortal gem—  
The soul to them so weak and fragile seemed  
That they it of but little import deemed,  
And on the false assumption that at death  
It is extinguished with the parting breath,  
Applied their thought and skill to pamper flesh,  
To keep the body always young and fresh,  
And in this vain endeavour steered the race  
Towards a maelstrom which now nears apace.

4

O scholars of the earth pray do awake  
From your Utopias 'ere upheavals shake  
The world, reducing all your store to ash  
With wrathful Life's one all-destroying flash.  
For lost in matter's vast deceptive show,  
You fail to realize what you should know,  
That this one spark of consciousness in you,  
Which often spurs you on to find out "Who  
You are," is a live ember from a Fire  
That holds in but one coign the world entire—  
This giant cosmos of earths, moons and stars,  
Whose image you, from your own study, bars.

Should not your wisdom hallowed by the fire  
Of long experience tell you and inspire  
To ponder deeply, with a sober head,  
What is the source of all that you have read,  
What you know, fancy, reason out or think?  
That keeps alert and active when you sink  
In sleep, takes care of larynx when you talk,  
And hundreds of your muscles when you walk  
Or run, digests your food, allots due share  
To organs, flesh and blood with scrupulous care?  
And when oblivious to the world you sleep,  
Repairs and tones the brain to make that sweep

63

Of thought which spans far off stars, deepest sea  
And highest knowledge, both in you and me,  
Imbued with fires which may, for all we know,  
In future on some distant planet glow.

Much of our knowledge is but sorry fare,  
Served in elaborate trays that cause a scare  
Among the half-read, who with awe peruse  
Books which of words and names make lavish use.  
Hence e'en a serious study of such books  
Most of the readers leaves with vacant looks,  
Still baffled by the riddle of their life,  
Still conscious e'en when deeply sunk in strife  
That hundreds of works read have not allayed  
Their thirst nor e'en rewarded the effort made  
To find out whether their mysterious "I"  
Is of immortal stuff or born to die.

The reason why the mystery of life  
Is still unsolved, despite the theories rife,  
Despite research and study by the learned  
Of global fame, despite the laurels earned,  
Is that e'en authors of world-wide repute  
On the phenomena of life are mute,  
Or, at the best, express conflicting views  
Which valued one day soon are vapid news,  
After a brief sensation dying down  
Into the oblivious sea of time to drown.

The fault lies in the wishful thinking, dear  
To those academic distinctions wear  
For whom the still-augmenting ponderous weight  
Of current knowledge oft acts as a bait  
To lure them readily to the false belief  
That for awareness of self too the chief  
Lever is knowledge and more knowledge still  
To reach the goal and, if not, then to kill  
The very spirit of enquiry in  
The mind when it is made a book-worm bin.



If books and learning were to grant relief  
To souls' consuming thirst and bring belief  
To those assailed by spiritual doubt,  
Or show from their dilemmas the way out,  
Then all the standing load of books on earth,  
Enough to weave a broad belt round her girth,  
Or, if piled up together in a heap,  
Enough to make a mountain, high and steep,  
Should have sufficed full many times o'er  
To bring to light what still lies under co'er.

Then why should ardent souls search far and wide  
If books could keep them the least satisfied,  
And why, renouncing family, comfort, home  
Myriads of seekers all the earth should roam  
To assuage this scorching thirst that grants no rest  
To those who have it burning in their breast?

Why then should many a scholar widely read,  
With high distinction, whose fame far has spread,  
When brooding on himself, with tearful eyes  
And folded hands, look wistfully at the skies,  
Seeking for an answer to the riddle most  
Near to his heart, in life's enigma lost.

Since Socrates and Vasishta had their say  
Which solace grants to millions e'en today,  
Since Upanishads, the Bible and Quran  
All pointed out the way to a glorious dawn,  
To a new awareness in the human soul,  
About its Maker and its Sovereign Goal,  
Why has not one known scholar, with the same  
Assurance, with all his success and name,  
Been able to convince the searching crowd  
That he too is with Light Divine endowed?

Again, of all these giants of the past,  
Who, like the pole star still their lustre cast,  
How many, ere they lit the illumining flame,  
Had earned for learning a distinguished name?

Of e'en the stars of lesser magnitude,  
The sages, seers and mystics all imbued  
With the same spirit, though in brilliance less,  
Hundreds in count, how many did possess  
That wealth of secular knowledge which adorns  
A modern intellectual who oft mourns  
His lack of calm and peace, e'en falling prey  
To paranoiac trends so rife today?

What solace does it bring if after years  
Of onerous study till the body wears,  
In loading the mind with fact after fact  
Until so full it does not ev'n react,  
And later loads in order to have room  
Consign the former to oblivious gloom,  
The aging pedant now with senile brain,  
Despite his load of books, recalls with pain  
That he knows no more of life, save in name,  
At his departure time than when he came?

Do we not see that those who read too much  
Become accustomed, like the lame to a crutch,  
In their discourses to support their talk,  
As a leaf is supported by its stalk,  
With phrases and quotations from the books  
They have devoured and still with avid looks  
Search for some more to fill the hungry brain,  
Which ne'er without a new book can remain  
At rest, displaying a sorry state of mind,  
In its own mansion which no peace can find.

If books and depth of learning—viewed apart  
From their utility in science, art  
And other spheres of knowledge—could provide  
For leading to Divine, a trusty guide  
It would prove that it is the natural course  
For hungry souls to reach the Eternal Source  
Of their existence, and those who excel  
In knowledge and not others would then swell

The number of the Enlightened and attain  
To self-awareness with temporal gain.

But far from it we see the opposite,  
And it is seldom that a learned wit  
Or prodigy in knowledge won access  
To occult domains of nature or could press  
The Powers that be to open wide the door,  
Through which he could proceed a little more,  
Beyond the boundaries of corporeal thought,  
To reach the rare transcendent regions sought.

Much though our knowledge is now on the increase,  
And gifted authors, like untiring bees,  
In torrents new ideas and doctrines pour  
To turn the earth into a honey-store,  
Yet it is obvious that the boon we need  
More than the exciting books, we daily read  
Is of serene reflection's calming dose  
To keep our fretful minds more in repose.

Can any scholar now a forecast make  
At what point of our progress we would wake  
To self-awareness, mental poise and calm,  
To prove the worth of learning as a balm,  
For mankind and not, as we see today,  
Its prowess only to drive both away,  
Leaving unrest the hero of the day.

If no-one can predict this, does it mean  
That, after studying well the human scene,  
The bloody wars and carnage of our time,  
Increase in violence, aggression, crime,  
Knowledge still cannot show a safe way out  
Of this alarming state it knows about.

In actual fact, does it not also mean  
That save as mere spectator of the scene,  
Of human effort, suffering, hope and fear,  
Knowledge possesses no power, distinct and clear,

Save with the learned batteries it erects,  
To bring peace to the soul, remove defects  
And, with research and study done, to guide  
The eager crowds to self-awareness wide.

Indeed, if knowledge has power, as is said,  
Then how can it be that when so wide-spread,  
And so oceanic, the earth has become  
A live volcano, clearly seen by some  
Among the foremost of the learned ranks,  
Distinguished scholars, not alarmist cranks,  
Who let no chance escape to make this known:  
The world explosive and unsafe has grown.

It might be argued that as things now stand  
The erudite have not the slightest hand  
In shaping the lives and affairs of men,  
Save by advice with spoken word or pen,  
Which guides the rulers as well as the ruled  
Through study, precept or when trained and schooled.

But are the erudite themselves aware  
Of what demands their foremost thought and care  
Whither the human caravan is bound?  
To reach some goal or on an aimless round?  
Is there some purpose which it must fulfill,  
To which it should subserve its thought and will?  
Or is it free to do what e'er it likes  
Whate'er it thinks out or its fancy strikes?  
Is it a fragment of an aimless whole  
Or meant to act a pre-allotted role?

This is a vital issue they needs must  
Decide before hand to command the trust  
Of people in what they do or design  
With their inherent trends to be in line:  
The pivot on which every scheme and plan  
Which they frame for the betterment of man  
Must hinge, if they wish to keep knowledge free  
From the ignoble stain of quackery.

Because what they prescribe for human weal,  
Our wants to satisfy, our ills to heal,  
Can ne'er be to the mark unless they can  
Correctly diagnose the state of man;  
Unless they know the natural trends innate  
In human bodies and their course locate,  
Unless they first decide with thought and skill  
Is mankind static or evolving still?  
And, if the latter, for what distant aim  
Has nature fashioned her organic frame?

Without an answer to the questions posed,  
Whate'er is planned at present or proposed  
For future, done in utter ignorance  
Of natural targets set for man's advance,  
Cannot be reckoned more dependable than  
The dubious nostrums of a charlatan.

Or, at the best, unskilled attempts to find  
By trial and error methods, like the blind,  
What things do not agree and what things suit  
The crowd on the unfamiliar, tortuous route:  
Haphazard methods which one moment right  
The next can be as deadly as a blight  
And land the race in awful crises, sure to cause distress with little hope of cure,  
As is about to happen to remind  
The elite they still to nature's ways are blind.

## 5

Knowledge has come to mend, among the learned  
Of our day, grades, degrees, diplomas earned,  
As means to wealth, position, power and fame  
Which not unoft fetch it a tarnished name;  
Or seas of learning with minute detail  
Of any branch of study, head to tail;

Or worlds of information more and more  
Extended with additions to the store,  
Till it grows to encyclopaedian size,  
So that all there is on earth or the skies  
Is always bursting from one's finger tips,  
Ready for prompt expression on his lips;  
Confined to what we round us hear and see  
With not a word to our own mystery!

And e'en the towering giants of this class  
Show not the slightest merit to surpass  
The unlettered masses in what is most near,  
Most precious, most essential and most dear  
To man, the wisdom leading to his soul;  
His one immortal asset whole and sole.

How then can Knowledge e'er achieve the aim  
For which we honour it, for which we came,  
To lead a happy life and leave again  
Enlightened that we did not come in vain,  
And are not parting with as empty hands  
As we came with, like water lost in sands?  
That on an earth of such colossal size  
We did not pass our time, like butterflies,  
Like them, despite the skill to roam the skies,  
Lived not unmindful, till we closed our eyes,  
Of our true destiny and our main aim,  
What is this all about and why we came?

If man amid his achievements since he came  
Are doomed to perish, like a blown-out flame,  
Reducing life's drama to a farce,  
A gloomy ending for e'en leading stars,  
It means we acquit ourselves no better than  
The clumsy, now-extinct reptilian clan  
Of Dinosaurs, which vanished clean away  
After some million years of wasted stay,  
And with all our great deeds at last shall die,  
As void of knowledge as the void of sky,

About the purpose of our own debut  
Upon this stage, about our goal and route.

Can e'en the touch of Midas compensate  
For loss of sight, if so decreed by Fate?  
Or can unbounded knowledge, skill and wealth  
Repay the loss of sanity and health?  
Or can exciting trips to Mars or Moon  
Or full possession of earth's every boon  
Remove the uncertainty and fear of death  
Which shadows human life to the last breath?  
If not, then Knowledge will but pave the way  
To low, hedonist modes of life which may  
Corrupt the thinking soon of all mankind  
If we no answer to the Riddle find.

How can temporal knowledge be of help  
And make up for our blindness to our Self?  
How can its great discoveries and exploits  
Bestow serenity and quell the riots  
Inside our mind and feelings when we brood  
Upon ourselves in a reflective mood?  
Returning with a sigh to daily chores  
To doubt-tormented lives ourselves to force!

Who can deny the unmatched, impressive role  
Which knowledge has played and can play to mould  
Man's life and thought, environment and earth  
With contributions of the highest worth?  
Who can deny the truth that only it  
Can fertilize our intellect and wit,  
Open horizons of progressive thought  
And guide to new ideals to be brought  
Within the compass of accomplished dreams,  
Equip for better and still better schemes,  
In short, with right direction of the mind  
Towards a richer life can all incline?

But it no power has o'er desire and lust,  
Nor o'er ambition nor the stormy gust

Of passion nor e'en o'er the urge to rule,  
To Lord o'er and exploit the weak and fool.  
Nor on the rulers has it any hold,  
Nor on the ruled, towards their conscience cold,  
When they within the letter of the law,  
Commit such crimes that it is hard to draw  
A picture of the outrageous acts of shame  
Done both by commons and those with a name,  
Though well-informed, well-read and well-behaved,  
Yet in the depths of mind by vice enslaved.

What can be done with such invincible foes  
Of law and order who extremely close  
Are e'er on fire to launch such strong attacks  
That e'en a strong wall of resistance cracks'?

What profit can accrue in the long run  
If riotous lust, e'er ready with a gun,  
Demolishes all that knowledge has achieved,  
To leave eroded mankind sorely grieved?

What profit can accrue if all the race,  
In progress keen to accelerate her pace,  
The masses toiling to make two ends meet,  
With ceaseless effort to stand on their feet  
Morning and evening, when free from their task,  
Glad in the warmth of their hearth to bask,  
One happy in his child, other in his mate,  
Content with simple fare, resigned to Fate,  
Mistrustless that some one's demoniac lust  
For power or wealth their heaven can bring to dust,  
And one day frozen with fright make them see  
What ghastly end of their life had to be.

What profit can accrue if, after all  
That knowledge has done to remove the pall  
Of ignorance that once enslaved the race,  
And kept in bonds want and distress to face  
It, with the left hand hastens to destroy  
What with the right it lends to fill with joy;



When, like a sharp two-edged sword it can smite,  
To suit its choice both to the left and right,  
Placing a weapon in unscrupulous hands  
That can reduce the earth to a sea of sands?

If knowledge cannot mould the lust of man,  
But lavishly supplies him all it can,  
How long can we expect him to resist  
The urge to rob, to grab or use his fist  
As he is doing now and e'er has done?  
Degraded multitudes to exalt but one,  
Despoiled a populace to enrich a few,  
Decried old wisdom to say something new,  
Designed a massacre to let one live,  
Discredited millions to defend one view,  
Dealt death to legions one a crown to give,  
Denied to myriads peace a war to brew  
To appease his lust to kill, to hack and hew.  
In short, whene'er it did his purpose suit,  
With wit he justified acts of a brute.

Replete with knowledge, lust, adept in craft,  
Such logic can employ, such sermons draft  
That, what to say of crowds, whole nations can  
Become unconscious dupes of but one man;  
A hazardous experiment in this age,  
When earth-destroying weapons are the rage,  
When lines of experts sit, absorbed in thought,  
How to devise the ideal weapon sought  
Unerringly which, ere reprisals, can  
Wipe off a hostile hand to the last man,  
Relying on knowledge and more knowledge still  
To cause a fresh sensation, one more thrill,  
When media loud announce the invention made,  
An affront to God, of madness the first shade!

Can academic knowledge know or check,  
Unnoticed, if the whole race runs amuck,  
Duped by the specious logic of a few,  
With itch for power or other aim in view,

And fights a world war for their gain or fame,  
Tricked by the genius of a tarnished flame  
Of consciousness, no medicine can cure  
And no precautionary remedy ensure.

Those who believe in Truth, with faith in God,  
If they are honest and do not defraud  
Their cherished principles or conscience kill,  
How can they lend assent or bend their will  
To advance the growth of nuclear arsenals,  
A blacker crime than that of cannibals;  
To atrocious measures, what-so-e'er the need  
Which make a mockery of faith and creed,  
Tear off the mask of pretence from the face  
Not only of a part but all the race,  
Show it in its true colour as a lost  
And doomed creation which, to pay the cost  
Of its ill-pampered lust, contrived its doom,  
Just when it had attained a glorious bloom,  
To satisfy the mania of a few  
Whose Pranic Spectrum somehow is askew.

Howe'er advanced, how knowledge can avert  
The over-hanging menace and assert  
Its dominance, when it too is a prey  
To same disorders, it should keep away,  
When its own arrogant, dogmatic trains  
Show of the same affection patent strains,  
And holding to a certain point of view,  
A theory or a doctrine, old or new,  
To safeguard their conviction or their aim,  
Or e'en the source of profit or their fame  
Oppose another concept, tooth and nail,  
If it disputes theirs or prevents its sale.

Could any scholar fifty years before  
Foresee the problems which now press us sore:  
The problems of unrest among the young,  
Who more intelligent and more highly strung,

Demand a better social order for  
The whole of mankind with no threat of war?

The problem of division in the ranks  
Of strife-torn mankind: some for guns and tanks  
And some for amity, but all combined,  
Proving a danger for our peace of mind;  
Also a danger to the safety of  
The race, for who knows when the sky may drop  
Atomic showers to drown in streams of blood  
The whole of mankind ravaged by the flood?

The problem of explosion in the rate  
Of population growth which, soon or late,  
If not controlled in time, may well assume  
A grave proportion when with limited room  
The overcrowded earth becomes a place  
Of frightful carnage for mere standing space,  
For mere one or two frugal meals a day  
To keep sure death from hunger just away.

The problem of pollution is as grave  
As war and pestilence; for what can save  
The health and sanity of mankind when  
The earth become a filthy, reeking fen  
With lethal water and envenomed fumes  
Of air, her strength and energy consumes?  
Until the daily poisoned race succumbs  
To the infection which e'en now benumbs  
The teeming crowds of large industrial towns,  
And in a sea of toxic vapour drowns.

And no less serious is the loss of ores  
And metals whose extraction we now force  
Most injudiciously, lost to all sense  
Of prudence, only to hoard pounds and pence,  
Heedless that nature has kept this reserve  
For ages mankind's moderate need to serve,  
And not to be consumed in senseless ways,  
Like rapidly dissolved fire-work displays.

Before the elite there still is looming large  
The post-Renaissance, ill-conceived mirage  
Which lured those pioneers towards a trap  
Of progress, that still holds us in its lap,  
A vain mirage, evoked by carnal lust,  
To wallow like an animal in the dust  
Of pleasures which delight, excite and thrill,  
Enervate body and the spirit kill.

This makes us squander our material wealth,  
As culpably as if despoiled by stealth,  
To keep in humour, plenty, comfort, trim,  
A still immature race and put this whim  
Into her head that she is free to rule  
And do whate'er she likes to exhaust or pool  
The treasures nestling in earth's mining tracts,  
As if omniscient Eyes watch not her acts.

Grossly misguided and betrayed, the race  
Ev'n at this crucial hour displays no trace  
Of caution, though approaching from all sides  
Grave crises and disasters rush, like tides;  
Visible to all: The rulers and the mobs,  
The unread and scholars, the humble and the snobs;  
All in suspense, torn between hope and fear.  
How will it climax? Is war far or near?  
And lost in these conjectures but few know  
That nature's Instruments, ordained to mow  
The human crop, like standing fields of corn,  
Hitlers and Ghengis Khans have since been born!

Not for revenge, that ne'er can be the aim  
Of the compassionate Lord, but to reclaim  
A fallen angel, wandering from his path  
To glory, drawing upon himself the wrath  
Of nature, as a child provokes the ire  
Of parents, when it wilfully plays with fire!

What else can you suggest to slow the pace  
Of now the hopelessly besotted race,

Rushing towards a doom she cannot sight,  
As her hilarious mood denies the light,  
Towards degeneration and decay  
Which every vanished culture swept away,  
And would destroy our being too for sure,  
If nature, well in time, applies no cure.

One single remedy for all the faults  
By which mankind now her advancement halts:  
One single blow to vanquish and kick out  
The demon of agnosticism and doubt:  
One single lesson to keep us alert  
That earth's chaste cradle is not soiled with dirt:  
One single warning to make us desist  
From warfare, hatred and the rule of fist.

One single shaking to make us aware  
That just as parents for their children spare  
Whate'er they can to make their future smooth,  
We too must keep in mind the future youth  
And not deprive them, to indulge our lust,  
Of assets which we for them hold in trust.

One single penalty to help us sight:  
We are not safe unless we all unite  
To meet the challenge of the nuclear age  
And of our progress write a golden page,  
When all agree to save the lives we waste  
In war to keep alive a savage taste.

One rocking tremor of the earth can right  
Our thinking, our internal darkness light,  
Destroy illusions of conceit and pride  
And show on what a fragile base we bide,  
E'er at the mercy of the invincible might  
Of nature, suffered whether wrong or right.

Likewise upheavals which convulse the frame  
Of mankind, millions kill and millions maim,

Proceed from flouted Consciousness to force  
Unheeding multitudes to change their course  
Of life, and set their thought and conduct right,  
When they grow dead to her resistless might,  
And act in ways which tend to undermine  
Her plan to make Imperfect man divine,  
Then either self-correction done apace  
Can only save from suffering or her Grace.

# 3

## WHAT IS COSMIC CONSCIOUSNESS?

1

When rid of fetters which soul freedom bar  
I am borne swiftly, like a feather, far  
And far away, towards the sun and moon,  
With senses still alert and not in swoon,  
With thought subdued, but more alive within,  
Oblivious to surrounding noise and din  
When not too loud, for I soon feel withdrawn  
From my corporeal frame of flesh and brawn.  
Then light as air and bright as sunshine roam,  
From one end to the other, the ambient dome.

Where am I now, who earlier felt himself  
Completely shut up in a narrow shelf,  
With no awareness of his sorry plight,  
Like that of an imprisoned ray of light,  
Or beaming splendour tight shut in a box,  
Or ravishing beauty hid behind an ox?

Where am I when I look down from aloft  
And watch my living body, warm and soft?  
Half bound to it by some invisible link  
For while I float around I also think;  
A conscious Titan of unmeasured size,  
Still hearing with his ears, seeing with his eyes,  
Aware yet of his presence everywhere,  
A puny man, also a cosmic seer.

What marvel is this, what unique estate?  
How did I merit this rare boon from fate?  
Attired in vestments of empyrean light  
My own ethereal person greets my sight,  
From every object in the void of space  
As if I hold creation in embrace.

Far from the thoughts of earth, beyond the pale  
Of every sorrow mortals can assail,  
A living ocean of discarnate life  
Serene, beyond all stress, away from strife,  
Not that embodied "I" of narrow girth,  
But a colossus measuring heaven and earth;  
A giant awareness stretching far and near  
As highly conscious here as it is there.

A strange sensation I feel through and through  
Reflected when I see myself in you,  
And your whole person, figure, face and all  
Looks like a picture in the open hall  
Of my awareness which enshrining you,  
Both inside and out, shows we are not two,  
But one, formed of the same amazing stuff  
That seen as matter seems so hard and rough.

In full alertness, nor asleep nor drunk,  
I feel detached from body, head and trunk,  
Only a vague sort of remembrance ties  
Me to the flesh and senses, ears and eyes,  
But for the rest spread out on every side  
In every point of compass I reside,



A lustrous beam compounded with the scene  
Which it surveys, the seer become the seen.

For reasons of which yet I am not sure,  
But maybe when the nerves are rendered pure,  
And Prana freely pours into the brain,  
Breaking the spatial and temporal chain,  
I find myself in heaven, more than a king,  
So filled with ecstasy I dance and sing,  
In all abandon, like a spouting fount  
Whose waters spread out widely as they mount,  
Linked to the body by a slender thread,  
I fill the whole span of sky over-head.

What can possession, power and riches mean  
To one who has with awe and wonder seen  
Himself alive in disembodied form,  
Immune to fire, untouched by rain and storm;  
A bodiless mind, from cramping ego free,  
Of vast expanse, as far as one can see,  
Void of desire and lust, free from the sway  
Of passion, spread both near and far away,  
With thought as steady, intellect as keen,  
Observing carefully the impossible scene:  
A drop, expanding o'er the surface of  
An ocean, while its waters wave and toss,  
Become perceptive of the whole expanse,  
At this astounding feat to laugh and dance.

Imagine that you press in close embrace  
A sweetheart, your ideal of form and face,  
Tasting most exquisite thrill after thrill  
Of swooning rapture, as long as you will,  
Conscious the whole time of her ravishing charm,  
Voluptuous throbbing body, soft and warm,  
Pressing hard, panting, as if dying to unite  
With you in one prolonged throb of delight,  
Oblivious to the world and all it holds  
As every moment a new joy unfolds,  
While time stands still in an unending now  
And thought dissolves in one blaze of love,

Leaving alone before the ravished mind  
Unbounded rapture with no thorn behind.

Now picture, with this transport in your mind,  
A vast awareness which no limits bind,  
Akin to an ocean of bliss stretching far,  
With no restriction anywhere to bar  
Our own expansion in this deep until,  
Enfolding all you see, the plain and hill,  
And all the immense stretch of the world in you,  
Not as an outer but an inner view,  
You swim in such a flood of joy, as if  
The whole of nature, no more hard and stiff,  
Become a melting lass hugs you to kiss,  
Drenching herself and you with streams of bliss,  
So that the Seer and the Seen unite  
In one long-drawn thrill of supreme delight.

Can life a more intense enjoyment give,  
Ready at hand, as long as one does live,  
The acme of delight which ne'er will cloy,  
And e'er with added thrill one can enjoy,  
No sign of weakness, no exhaustion feel  
While senses with the flood of transport reel.

Such have been oft the ecstatic thrills of those  
Who as enlightened seers and prophets rose,  
Drunk with intoxicating love divine  
More heady than the most exciting wine,  
Yet keeping mind alert and wit intact  
To know that this Elysium is a fact.  
What they experienced in the rapturous trance  
Excels the transports of love and romance.

No wonder that the ravished senses swoon,  
And midnight changes into brilliant noon,  
All gloomy thoughts, like shadows of the night,  
Dissolve at once in this entrancing light,  
And leave the mind unoccupied with aught,  
Suggesting e'en remotely painful thought.

“Supreme joy fills the yogi who has gained<sup>1</sup>  
Freedom from sin” Says Gita “and attained  
Union with Brahma, who his mind has weaned  
From turbulent passion and its flow serenaded.”

“He who is here in man’s organic mould<sup>2</sup>  
Is also in the sun” So we are told  
In Taittiriya Upanishad; “and one  
Who from his flesh and world release has won  
Attains to bodies made of Prana, mind  
And intellect, supreme Bliss last to find.”

“From the beginning revelations take<sup>3</sup>  
Such flagrant shapes that while yet wide awake”  
Says Al-Ghazzali, “Sufis see before  
Them angels and the souls of prophets, they  
E’en hear their voices and for favours pray.  
The Transport rises to such high degree  
From all the forms and figures which they see,  
That it defies expression and without  
Incurring sin no one may leak it out.”

“Throughout, in every stage of prayer, I<sup>4</sup>  
have mentioned though some work is put in by  
The gardener;” Says Saint Teresa, “But in  
The later stages one can feel within  
Such Bliss and comfort with the labour done  
That soul would ne’er abandon once ‘tis won.  
Labour is no more felt as labour then  
But as Bliss so unutterable that when  
Partaken of such rare joy fills the heart  
That all the senses cease to do their part,  
And save this one enjoyment soul does not  
During the spell think any other thought,

<sup>1</sup>Bhagwad Gita VI -27

<sup>2</sup>Taittiriya Upanishad II.8.5

<sup>3</sup>M. Schmolder’s translation of Al-Ghazzali’s autobiography.

<sup>4</sup>Life of Saint Teresa

And though enjoying it still is not wise  
From where such all-consuming joy can rise.”

“I, Lalla, entered by the garden-door<sup>1</sup>  
Of my own mind and when in saw before  
My eyes Shiva and Shakti merged into one;”  
Says Lalleleshwari, “And there I also won  
To the Lake of immortal Bliss my way:  
And while alive, unchained live from that day,  
Full from the wheel of birth and death set free.  
What harm can then this world do unto me.”

One bubbling fountain of surpassing joy,  
Spontaneous, ceaseless, pure without alloy.  
Like air unseen, caresses distant coasts  
And e’en rebounds across the starry hosts:  
As far off cosmic masses that we see  
Are not external, as they seem to be,  
But all creations of the flaming Main  
Of Life, of which a droplet lights the brain.

2

Most of the mystics have no secret made  
Of flooding joy and rapture that invade  
The soul when drawn into the ecstatic trance,  
Which some ascribe to illusion, some to chance,  
And by their wrong assessment often show  
Their nescience of what they should better know:  
That mystic state, with its unlimited joy,  
Which our discordant ways of life destroy,  
Is not a special gift, nor special Grace,  
But an Estate designed for all the race.  
And all those who possessed this matchless gift  
Nature did not for special favour sift,  
But by inheritance and healthy mode  
Of life were able to climb up the road,

<sup>1</sup>Lal Dad Jaya Lal Kaul.

Aligned for every soul to ascend before  
It to immortal heights of Bliss can soar.

Not only we, e'en scholars find it hard  
To fathom those who win this rare reward,  
To place themselves in mind into their shoes,  
When they on mystics and their visions muse.  
But some of them beguiled by pride cannot  
Arrive at this conclusion in their thought,  
That as an infant cannot know or guess  
The thrill that follows, when two lovers press  
Together, in the same way normal minds  
Can ne'er imagine what a mystic finds  
In his unutterable ecstatic flights  
Towards the Source of all thrills and delights.

Can we conceive, whate'er the effort made,  
How animals muse, what thoughts their mind pervade,  
What is their picture of creation seen,  
And their response or difference in between  
The image of one and another class  
Of quadrupeds, say of an ox and ass?  
Or say the difference met between a bird  
And beast, save what is fancied or inferred?

Can we e'en visualize a person's mind,  
Excelling ours or of an inferior kind,  
Or our own, as a child, before the dawn  
Of self-awareness, as we picture brawn'?

Then for the common mind where lies tine chance  
To draw a picture of the ecstatic trance;  
A state of being so far in advance  
No average mind can grasp it at a glance.  
But so enthralling, full of pure romance,  
That, when thus blessed, e'en ascetics sing and dance!

Where lies the scope then for the learned don  
And his voluminous books to dwell upon  
This most exceptional state of Consciousness,  
No normal mind can picture and express,  
Unless it has the experience of the state,  
And gift of clear expression to relate

A rare domain impossible to describe  
Howe'er rich be the words and skilled the scribe.

Those who have no experience of the trance  
Can frame a distant picture if, by chance,  
They have the gift to taste the aesthetic thrills,  
When rapturous melody or beauty fills  
The heart to cause emotions with no name  
That keep us spell-bound, leaving as they came  
From depths of consciousness to enchant a while  
With but a handful from an endless pile;  
A sample picked at random from the store  
Of bliss pervading mind's transcendent shore.

That verdant meadow, mixing with its green  
Sweet, little flowers of every colour seen,  
Tossing high their heads in the sportive breeze  
To keep time with the gently swaying trees,  
As meandering in the grass the warbling stream  
Intones its music to complete the dream;  
While just above a gorgeous rainbow spans  
The sky, descending low to watch the dance.

When nature brings together all her clan  
In harmony to feast the eye of man  
The effect can be so charming, wondrous, grand  
As to eclipse a fancied fairy-land,  
To cause the ecstasies and moods intense  
When music, beauty and charm ravish sense,  
Unnoticed by those distant grazing flocks  
As dead to this charm as the encircling rocks.

These lovely landscapes we oft live among  
Have been the pet themes of which muse has sung,  
With its embellishments, to bring before  
The mind their beauty, heightened all the more.  
The same applies to every form of art  
Which makes intense appeal to immortal heart.

The rare artistic treasures of the race,  
Depict some facet of charm, beauty, grace,

Of courage, strength, peace, harmony or love,  
Romance, truth, justice, faith or God above  
And why? Because man's evolution tends  
Towards already mapped aesthetic ends.

This racial genius during all its span  
Has tried to bring before the eye of man,  
In every age and nigh in every clime,  
Cut to the mental stature of the time,  
For at the apex of his glory man  
Must be their radial-centre, if he can.

Religious genius has to grow so tall  
It must ascend to heights above them all,  
To bring within its sight the lofty goal  
Of which rest are the oozings from one whole;  
The aim and end of mystic ecstasy  
Is one with the source of these drops to be!

These varied dribblets, numerous in their count  
Emerge from but one inexhaustible Fount  
Of bliss, called Ananda by the seers of yore,  
Held to be flowing from the conscious core  
Of all creation which, the more we near  
The more distinct becomes this joy and cheer.

The evolution of mankind proceeds,  
If we do not impede it with our deeds,  
Towards a new awareness, a new cast  
Of mind, so utterly joyful and so fast,  
So calm and beatific and so enhanced  
In wide perception of truth, when entranced  
Or in perennial seers, e'en when awake,  
That heaven and earth seem shadowy and fake,  
Compared to this new-opened world sublime,  
Beyond expression, e'er fresh, e'er in prime.

And hence the swooning rapture, thrilling joy,  
For this is naked life, without alloy:  
Who clothed in flesh too oft forgets herself,  
And gallops after shadows—power and pelf—

But ne'er appeased or happy, as desire  
Increases the more it is fed like fire.

The purple sunset and the rosy dawn  
The gleaming starry sky, the spacious lawn,  
The sylvian landscape or the desert wide,  
The leaping waterfall and rushing tide,  
The sprawling mountain, ocean's vast expanse,  
Which charm the eye, expand heart, mind entrance,  
With their dimension, setting, beauty, grace  
Of contour, colour, feature, form or face,  
Excite profound emotions—wonder, awe,  
Delight and admiration—that e'en thaw  
The hardest natures, often lost in thought,  
How this enchanting picture has been wrought.

All these emotions—wonder, awe and joy—  
Are born of virgin life, demure and coy,  
Not from those prodigious masses, earth and stone,  
For life can e'en create them all alone,  
As grandeur, charm or colour of a scene  
Lie in her, riot in objects, blue or green.

In ecstasy the mystic, when in Grace,  
Is brought with unattired Life face to face.  
The thrilling rapture of this union, who  
With apt description can convey to you,  
As maiden Life this thrill has only kept  
For him who steady of mind is not swept,  
By curbless passion and desire, away  
For Her immortal Shrine, lost in the way.

One touch, one soft caress, one fond embrace  
And sorrows vanish leaving not a trace,  
The sun of happiness, high up behind,  
With its delightful lustre fills the mind.  
In this enchanting glow the cosmos wears  
A beauty so sublime that it brings tears  
To eyes, makes nerves tingle, senses thrill,  
The hairs to stand on end, and heart to fill



With sweet emotion and deep thankfulness,  
At this Divine estate of Consciousness.

Picture the great explosion if the joy  
Of your life, since you found it in a toy,  
Were, all combined, at once to invade your heart,  
And then to all the pores of body dart,  
Holding you dazed and breathless for a while,  
The joy expanding like the flooded Nile.

Remember that our happiness springs  
From Life, the Fount of joy, the king of kings:  
The joy extracted from triumphant sport,  
Victorious war, high rank, imperial court,  
Unique adventure, matchless enterprise,  
Distinguished scholarship with Nobel prize,  
From study, honour, strength, original thought,  
Exceptional talent, masterpieces wrought,  
From beauty, glamour, sweet romantic love,  
Fine children, consort or accomplished vow;  
All comes from Life and can, with Grace Divine,  
Be had in full from her exhaustless Mine.

Combine this joy of all successful lives,  
Of happy husbands and delighted wives,  
And you will have a picture, rather faint,  
Of rapture that attends the illumined saint.  
It wells from soul, the Spring-head of all bliss,  
Which oft because of ignorance we miss.

### 3

A faint reflection of this state supreme,  
A breath, a whisper, just a distant gleam,  
Apart from mystics and awakened minds,  
Whose life it lustres and ennobles, finds  
Confirming echoes heard time after time  
From gifted intellects of many a clime,

From poets, scientists, philosophers,  
Expressed or hinted at in prose and verse  
Which, like dispersing sparks that set on fire  
Combustive stuff, touch a vibrating wire  
In longing hearts and help to bring more near  
The music of the Unknown they love to hear.

This is what Coleridge says:  
“And what if all animated nature<sup>1</sup>  
Be but organic harps diversely formed  
That tremble into thought as ov’r them sweeps  
Plastic and vast, one intellectual breeze  
At once the soul of each and God of all.”

And this Einstein:  
“The most beautiful emotion we can  
experience is the mystical. It is the source  
of all true art and science. . . . To know  
that what is impenetrable to us really exists,  
manifesting Itself as the highest wisdom  
and the most radiant beauty which  
our dull faculties can comprehend in their  
most primitive forms—this knowledge,  
this feeling is at the centre of true religiousness.  
In this sense and in this sense only I belong  
to the ranks of devoutly religious men.”

This Robert Browning:  
“Truth is within ourselves; it takes no rise  
From outward things, whate’er you may believe,  
There is an inmost centre in us all,  
Where truth abides in fullness; and around  
Wall upon wall, the gross flesh hems it in,  
This perfect, clear perception which is truth.

A baffling and perverting carnal mesh  
Blinds it, and makes all error: and to know

<sup>1</sup>The Aeolian Harp.

Rather consists in opening out a way  
Whence the imprisoned splendour may escape,  
Than in effecting entry for a light  
Supposed to be without.”

This Sir James Jeans;

“But the physical theory of relativity has now shown<sup>1</sup>  
that electric and magnetic forces are not real at all,  
they are mere mental constructs of our own,  
resulting from our rather misguided efforts to understand  
the motions of the particles. It is the same  
with the Newtonian force of gravitation  
and with energy, momentum and other concepts  
which were introduced to help us understand  
the activities of the world—all prove to be  
mental constructs, and do not even pass the test  
of objectivity. If the materialists are pressed  
to say how much of the world they now claim  
as material their only possible answer  
would seem to be: Matter itself. Thus their  
whole philosophy is reduced to a tautology.  
But the fact that so much of what used to be thought  
to possess an objective physical existence  
now proves to consist only of subjective  
mental constructs must surely be counted  
a pronounced step in the direction of mentalism.

“...And now that we find that we can best understand  
the course of events in terms of waves  
of knowledge, there is a certain presumption—  
although certainly no proof—that reality  
and knowledge are similar in their natures,  
or, In other words, that reality is wholly mental.

Before the latter alternative can be  
seriously considered, some answer must be found  
to the problem of how objects can continue

<sup>1</sup>Physics and Philosophy.

to exist when they are not being perceived  
in any human mind. There must, as Berkeley says, be  
'some other mind in which they exist.'  
Some will wish to describe this, as the mind  
of God; others with Hegel as a universal  
or Absolute mind in which all our individual minds  
are comprised. The new quantum mechanics may perhaps  
give a hint, although nothing more than  
a hint, as to how this can be."

This Teilhard de Chardin:  
"But even in the interest of life in general,<sup>1</sup>  
what is the work of works for man  
if not to establish, in and by each of us,  
an absolutely original centre in which  
the universe reflects itself in a unique  
and inimitable way. And these centres are  
our very selves and personalities. The very centre  
of our consciousness, deeper than all its radii,  
that is the essence which Omega, if it is  
to be truly Omega, must reclaim. And this essence  
is obviously not something of which we  
can dispossess ourselves for the torch.  
For we are the very flame of that torch.  
To communicate itself, my ego must subsist  
through abandoning itself or the gift will fade away.  
The conclusion is inevitable that the concentration  
of a conscious universe would be unthinkable  
if it did not reassemble in itself all consciousnesses  
as well as the conscious; each particular consciousness  
remaining conscious of itself at the end of the operation,  
and even (this must absolutely be understood)  
each particular consciousness becoming  
still more itself and thus more clearly distinct  
from others the closer it gets to them in Omega."

<sup>1</sup>The Phenomenon of Man.

This Jami:

“The Loved One’s rose-parterre I went to see,<sup>1</sup>  
That beauty’s Torch espied me, and, quoth He,  
‘I am the tree, these flowers my offshoots are,  
Let not these offshoots hide from three the tree.

What profit rosy cheeks, forms full of grace,  
And ringlets clustering round a lovely face?  
When Beauty Absolute beams all around  
Why linger finite beauties to embrace?”

This Emerson:

“Meantime within man is the soul of the whole<sup>2</sup>  
the wise silence; the universal beauty,  
to which every part and particle is equally related;  
the eternal One. And this deep power in which we exist  
and whose beatitude is all accessible to us,  
is not only self-sufficing and perfect in every hour,  
but the act of seeing and the thing seen, the seer  
and the spectacle, the subject and the object are one.  
We see the world piece by piece, as the sun,  
the moon, the animal, the tree; but the whole, of which  
these are the shining parts, is the soul.  
. . . My words do not carry its august sense;  
they fall short and cold. Only itself can inspire  
whom it will, and behold! Their speech  
shall be lyrical, and sweet, and universal  
as the rising of the wind. Yet I desire,  
even by profane words, if I may not use sacred,  
to indicate the heaven of this deity  
and to report what hints I have collected  
of the transcendent simplicity  
and energy of the Highest Law.”

This Shelley:

“The Light whose smile kindles the universe,

<sup>1</sup>Jami, translated by E. H. Whinfield.

<sup>2</sup>The Over-Soul.

That Beauty in which all things work and move,  
That Benediction which the eclipsing curse  
Of birth can quench not, that sustaining Love  
Which through the web of being blindly wove  
By man and beast and earth and air and sea,  
Burns bright or dim, as each are the mirrors of  
The fire for which all thirst . . . ”

This A.S. Eddington:

“ . . . The leading points which have seemed<sup>1</sup>  
to me to deserve philosophical consideration  
may be summarized as follows:

(1) The symbolic nature of the entities  
of physics is generally recognized, and the scheme  
of physics is now formulated in such a way  
as to make it self-evident that it is  
a partial aspect of something wider.

(2) Strict causality is abandoned in  
the material world. Our ideas of the controlling laws  
are in process of reconstruction and it is  
not possible to predict what kind of form  
they will ultimately take; but all the indications are  
that strict causality has dropped out permanently.  
This relieves the former necessity of supposing  
that mind is subject to deterministic law  
or alternatively that it can suspend  
deterministic law in the material world.

(3) Recognizing that the physical world  
is entirely abstract and without ‘actuality’  
apart from its linkage to consciousness,  
we restore consciousness to the fundamental position  
instead of representing it as an inessential complication  
occasionally found in the midst of inorganic nature  
at a late stage of evolutionary history.

<sup>1</sup> The Nature of the Physical World.

(4) The sanction for correlating a 'real' physical world to certain feelings of which we are conscious does not seem to differ in any essential respect from the sanction for correlating a spiritual domain to another side of our personality."

This Plato:

"The man who has been guided thus far<sup>1</sup> in the mysteries of love, and who has directed his thought towards examples of beauty in due and orderly succession, will suddenly have revealed to him as he approaches the end of his initiation a beauty whose nature is marvellous indeed, the final goal, Socrates, of all his previous efforts. This beauty is first of all eternal, it neither comes into being nor passes away, neither waxes nor wanes; next, it is not beautiful in part and ugly in part, not beautiful at one time and ugly at another, nor beautiful in this relation and ugly in that, nor beautiful here and ugly there, as varying according to the beholders; nor again will this beauty appear to him like the beauty of a face or hands or anything else corporeal, or like the beauty of a thought or a science, or like the beauty which has its seat in something other than itself, be it a living thing or the earth or the sky or anything else whatever; he will see it as absolute, existing alone with itself, unique, eternal, and all other beautiful things as partaking of it, yet in such a manner that, while they come into being and pass away, it neither undergoes any increase or diminution or suffers any change."

<sup>1</sup>The Symposium.

This Wordsworth:

“. . . something far more deeply interfused,  
Whose dwelling place is the light of setting suns  
And the round ocean, and the living air,  
And the blue sky, and in the mind of man;  
A motion and a spirit, that impels  
All thinking things, all objects of all thought,  
And rolls through all things.”

This John Ruskin:

“Lastly, although there was no definite<sup>1</sup>  
religious sentiment mingled with it, there was  
a continual perception of Sanctity  
in the whole of nature from the slightest thing  
to the vastest; an instinctive awe, mixed with delight;  
an indefinable thrill, such as we sometimes imagine  
to indicate the presence of a disembodied spirit.  
I could only feel this perfectly when I was alone,  
and then it would often make me shiver from  
head to foot with the joy and fear of it. . . These  
feelings remained in their full intensity  
till I was eighteen or twenty and then,  
as the reflective and practical power increased  
and the cares of the world gained upon me,  
faded gradually away, in the manner described  
by Wordsworth in his ‘Intimations of Immortality.’”

This John Mansfield:

“The station brook to my new eyes<sup>2</sup>  
Was babbling out of paradise,  
The waters rushing from the rain  
Were singing Christ is risen again,  
I thought all earthly creatures knelt  
For rapture of the joy I felt,  
The narrow station wall’s brick ledge,  
The wild hop withering in the hedge,

<sup>1</sup>Modern Painters.

<sup>2</sup>The Everlasting Mercy.



The lights in huntsman's upper story  
Were parts of an eternal glory."

Do not these few excerpts suffice to prove  
That life is far more than the tiny groove  
Of self and that an ocean lies behind  
The individual droplet of our mind?  
That men and women of high intellect  
Or talent sometimes did and can detect  
With logic, study or in solemn moods  
The Glory which o'er all creation broods?

How well these frank expressions signify  
That knowledge, wisdom, music, beauty lie  
In Life in one eternal Symphony  
Which plays in muffled tones in you and me?  
A new world open in us which the beast  
Can ne'er attain to share the aesthetic feast,  
And now, with one step gained, where lies the hitch  
In what I hold out, that a still more rich  
And wondrous life is possible, if we press  
Into the Cosmic plane of consciousness?

#### 4

Whate'er in all that we observe appears  
Amazing, wondrous, marvellous or rare,  
Or when a spectacle or object wears  
Beauty or symmetry beyond compare,  
Remember that you see a borrowed dress  
Lent for the while to it by consciousness.

The vast dimension of the world we see  
Which o'er-awes us with its immensity,  
The staggering distances which light would take,  
With all its dizzy speed, a rotund to make,  
Billions of years across the enormous span,  
Computed by the standards set by man,

And such a vast duration that our scale  
Of measurement and mathematics fail,  
Are our creations spelt in human terms,  
Of what our mind about the Cosmos learns.

And e'en this process of extending wide  
Our knowledge of the world, if we decide  
Or judge it rationally, is not to find  
Some thing external, but within our mind.  
An inside drama is projected out  
By some device we nothing know about.

What we deduce sometimes is pure surmise  
Which true one day the next we must revise,  
To keep pace with new facts that come to light  
With better instruments to aid our sight,  
Or better methods for the study done  
By thousands of observers one by one.  
Again to fish out from the boundless main  
Of mind some fresh pearls by applying the brain.

The constellations, galaxies and clouds  
Of nebular dust among the starry crowds,  
The quasars, pulsars, comets, holes in space  
And other wonders which now grow apace,  
As more and more observing minds apply  
Themselves to a study of the evening sky,  
Borrow their measure, size, duration, mass,  
Their shape and form, as they diurnally pass  
Before the vision of the astronomer,  
From his own mind which only can confer  
The amazing properties that make the skies  
A book of joy and wonder for the wise.

But more amazing than the luminous host  
That greets our vision from the starry coast,  
At which we look at night with eager eyes  
To know what mystery behind it lies,  
Is our incredible apathy towards  
The Wonder from which spring these shining worlds.

The Wonder of our consciousness which we  
Neglect to explore in depth, although we see  
That it and it alone provides the cast  
That makes the universe so huge and vast,  
That it and it alone supplies the base  
For all the immensity of time and space,  
That it and it alone allots the size,  
The shape and form which we mark with our eyes,  
Also the number, distance and the span  
Of time we try to calculate and scan.

Divested of the wondrous vesture lent  
By consciousness to star-lit firmament,  
It is not hard to envision what is left,  
If anything at all, will be bereft  
Of all the exciting features—form and size,  
Distance and time which from the mind arise.  
And all alluring qualities will cease,  
And with that our emotions too would freeze.

Will not the bright, star-spangled sky then sink  
Into oblivion with no star to wink,  
Causing our whole astronomy to shrink  
To Zero of which we e'en cannot think?  
Our study of the stars, in fact, implies  
Whate'er the knowledge gathered of the skies,  
For which apparently we space explore,  
The plumbing of our own mind more and more.

Can we refuse to own that when we probe  
The glowing sky at night it wears a robe  
Of staggering breadth and mind-bewildering length,  
Of vastness, fineness, density or strength,  
Of wondrous workmanship, and grand design,  
Not that it has on it the slightest sign  
Of such a garment, but because our mind  
Invests it with the features which we find  
So fascinating and so marvellous  
That they excite, amaze and stagger us.

We have to admit then that when we explore  
The sky, or o'er the gathered data pore,  
We dig at something present in our mind  
Which, to come out, needs prodding of some kind,  
And our astronomical study pokes  
A smouldering fire which, lighted up, evokes  
The images and feelings that combined  
Reveal a depth profound of our own mind,  
In course of time, with further prodding done,  
Which may expand it more until the Sun  
Of Cosmic Consciousness begins to shine  
To show creation one with Life Divine.

The raw mind of the savage had no room  
For such a glowing intellectual bloom,  
Nor such imagery nor emotional feasts,  
Nor they exist in idiots nor in beasts,  
Nor e'en in sundry common minds in whom  
Their own mundane affairs take all the room,  
And who look at one with a vacant stare  
Who knowledge of the stars would like to share  
With them, much more concerned, than moons and stars,  
With their own business, office, goods and cars.

It is hard to believe that consciousness,  
We so neglect and talk about so less,  
Is in reality the Sovereign Queen  
Of all observing minds and objects seen.  
Because, a natural gift, we sacrifice  
Nor time nor labour nor pay any price  
For its possession, treating it so cheap  
That what I say may seem like a wild leap  
Into the realms of myth and fantasy,  
Without appeal to those who fail to see  
That e'en their hyper-critical frame of mind  
Flows from the spring of-consciousness behind.

But their own logic contradicts amain  
What they contend, for after death the brain

While still fresh and materially intact  
Refuses to register and react  
To sensory impressions that had lit  
The glowing flame of fancy, thought and wit:  
The flame which lighting up the world without  
Itself remains unlighted, wrapped in doubt.

Who knows the objective world which it creates,  
With all its storms and stresses, loves and hates,  
Might be a training ground for it to unfold  
Its majesty and gradually to mould  
Itself into the Mighty Being who,  
So frail and puny now in me and you,  
Might grow in stature to become a god:  
A Superman born of the earthly sod,  
Who will have in himself discovered the Source  
Of all the Wonders of the universe.

We live and grow to childhood, youth and prime,  
Meet age and death, caught in the flow of time,  
A dream, a fantasy, a drama played  
By consciousness which sees itself arrayed  
In flesh, cast on a mighty floating globe  
With others, all dressed in a similar robe,  
To toil and sweat, to struggle, hate and love,  
Deluded always by aim elusive Now;  
The junction-point between receding past  
And nearing future, always o'er too fast,  
To experience all things in a causal chain  
Which, once passed by, are ne'er the same again,  
So that the experience at the end remains  
Only a memory in the human brains,  
A dream-like image of all past events,  
Which, when recalled in retrospect, presents  
A mental drama ending in a flash,  
A whole life of experience turned to ash.

Where lies the wisdom, when we know before  
The end of life is so distressfully sore,  
So filled with vain regrets, so full of palm,  
When limbs and senses trick the enfeebled brain,

In hankering after power or hoarding wealth,  
With sullied conscience and depleted health?  
When from one's nerve-less fingers, at the top  
Of one's career, all he has won can drop,  
To sigh and sorrow for the vigour past,  
During the days which, he knows, are the last.

Since man can ne'er escape decay and death  
Nor hold from breaking loose the imprisoned breath,  
Would you prefer to enforce the dismal end,  
Without exception, on those who pretend  
To be the cream of the world and, when young,  
Like lions, boldly plough their way among  
The less astute to snatch whatever they find  
To satisfy the burning itch of mind?  
Or would you choose, before the senses drown  
In decadence and death, the eternal crown  
Of Life Divine, to rise beyond the fears  
Of mortal life, beyond its sighs and tears,  
Into a higher sphere of consciousness  
Where thorny problems of earth cease to press?

The gracious aim of nature is to extend  
Our mind, with structural changes to that end,  
Towards a new awareness, so remote  
From what it is now that we cannot quote  
A parallel, to make one understand  
In what Elysian havens man would land,  
To lead a glorious life, both in and out,  
A cosmic-conscious angel sure about  
His own immortal crown, surrounded by  
All goods and needs of life earth can supply,  
A heaven of peace and happiness around,  
Where lust for power and wealth has lost  
Supplanted by a more rewarding race  
For exploration of the inner space!

If you desire to know, without mistake,  
What true enlightenment means you should slake  
Your thirst by study of the brief accounts,  
Left by the Indian seers whose bubbling founts

Of cosmic-consciousness, express in words  
That have out-lived the empires built with swords,  
The wonder and glory of the soul,  
They named Atma—the mirror of the Whole.

Then the doors of perception open wide  
To show the Eternal Presence which they hide,  
A new Internal world opens to our gaze  
Of Being, Consciousness and Bliss ablaze  
With Living Splendour, those enlightened seers  
As Brahman named, the origin of all,  
The largest and the infinitely small,  
The Life of Lives and Light of Lights which shines  
As lifeless matter, life in mortal shrines  
And as resplendence spread all o'er the sky  
In twinkling stars which greets the human eye,  
And both as one and many, whole and part,  
When shining in the mirror of the heart,  
In every individual soul which seems  
To bring to rich fulfilment all its dreams!

Pore o'er their words, and see how every one  
Of them when lighted by the Eternal Sun  
Of life, lost in the wonder of the soul,  
Free of duality of part and whole,  
In unambiguous words announced his claim  
Of oneness with the all-embracing Flame.

With Brahman, Shiva, Vishnu, Ishvara,  
The immortal Fount of Life from which we draw  
Our being, for a while to strut and dance,  
Like puppets, pulled with strings of Fate or Chance,  
To act as rulers, generals, scholars, priests,  
Toilers and e'en as criminals, worse than beasts,  
In every garb but one Eternal Soul,  
Itself the Start, the Journey and the Goal,  
In countless actions playing every part,  
Forgetful, such is his illusive art,  
Of his Divine Estate in mortal man,  
Enfleshed to solve the Riddle, when he can.

Enlightenment tears off the invisible veil  
Of mass illusion, which we often fail  
To notice e'en, and, as sleep-walkers lack  
The knowledge of their state till they come back  
To normal, that they had forgot their own  
Name and Identity which so well known  
In wakefulness they could not now recall,  
We too surrounded by the invisible wall  
Of senses, only smell, touch, hear and see  
What lies within their strait periphery.

The Soul hemmed in by senses is shut out  
From that ubiquitous Presence, which without  
The attributes that they essentially need  
For its detection, lies unseen to breed  
Doubts and confusion in the intellect  
Which ne'er can overcome this grave defect,  
If for millenniums scholars try their strength  
To explore the universe in all its length,  
Unless Enlightenment is sought to teach  
What otherwise must lie beyond their reach.

## 5

I could mistrust my judgment if it were  
A matter of a day, when far and near  
A glorious Immanence delights my eyes,  
As if the sun descending from the skies  
On earth, become a living radiance, bathes  
All objects in a lustre which ne'er fades,  
Lending to the surroundings such a charm  
That they of all unrest the mind disarm.

But now since thirty years I see and hear  
What is so distant from our normal sphere  
Of life, so stunning, so amazing, rare  
That, though enjoying it, I hardly dare  
Believe that earth can offer such a balm,  
Become such an abode of bliss and calm,



That e'en the fabulous charms of Eden seem  
No more substantial than a wishful dream  
Before the stark reality of this  
Objective life of blessedness, peace and bliss.

So ineffable and so hard to paint  
In words that all I say would be too faint  
To draw a picture of this gift sublime,  
E'en if I try my best in prose and rhyme  
To express the marvels which I see and hear,  
Abounding all around me, so I fear  
That e'en the most exact account I write  
Can ne'er do justice to the glorious sight,  
Which nature has reserved man's eye to charm,  
His mind to broaden and his heart to warm,  
When, keeping his life from excesses free,  
He learns to activate Kundalini.

What I have gained I honestly believe  
A thousand seekers can with ease achieve  
Today, already when the mind of man  
Has gained in stature and increased in span,  
And is ripe, at least in the more advanced  
And more Intelligent ones to taste, entranced,  
The rapture of communion with the soul,  
Not by withdrawing into a lonely hole,  
Nor by renouncing every joy of life,  
Nor by abstaining from one's bounden strife,  
But with intelligent hold on thought and deed  
By following the mode of life we need  
To further nature's effort to exalt  
Us to Seraphic rank, to reach the vault  
Of heaven, united with the Cosmic Stream  
Of Life more joyful than our happiest dream.

For every visionary experience gained,  
Whate'er its form, by whomsoe'er attained,  
The one criterion to access its worth.  
Is: it should not resemble aught of earth,  
Because enlightened consciousness implies  
A Plane of Being ne'er perceived with eyes

Nor other senses, so strange it defies  
Description, though in all things yet aloof,  
So clear and manifest it needs no proof,  
Yet so elusive one can never catch  
Its firm reflection or find aught to match;  
A mystery so awful and so deep  
Yet so alluring and sweet it can keep  
The mind engrossed with such entrancing grip  
No luscious Venus pressing lip to lip  
Can reach, a wonder that can never cease  
A joy that ne'er does lessen but increase.

When I seek to depict this wondrous state  
I take due care not to exaggerate,  
Nor add a single word I feel would make  
A strictly true description partly fake,  
Avoid those glowing narratives that are  
The themes of those no scruple make to mar  
The bloom of life of many credulous souls  
And make them search towns, wildernesses and holes,  
Himalayan snow caps, valleys, chasms and clefts  
For fabulous masters, yogis and adepts,  
Alleged to have such power o'er life and death,  
They can enlighten one with but a breath,  
Confer miraculous gifts or with a glance  
Of grace induce the illumining Yoga-trance.

Had nature secret back doors to her plans  
That could reduce what needs hard, lengthy spans  
Of time to accomplish to a single glance  
Of favour of a master, met by chance,  
Then all his trials of a million years,  
Which moistened earth with man's sweat, blood and tears  
Could be avoided if there were a way  
To circumvent the laws his Fate now sway.  
Why then should millions e'en in this bright age  
Remain uncured if there were but one sage  
Who could devise a safe miraculous cure  
Of but one ailment in most cases sure?

Though psychical displays and psychic cures  
Are witnessed every day but none ensures  
A constant, at-will demonstrable gift  
Which could bring peace or mentally uplift,  
Or light one's inner being too to place  
A treasure into the hands of the race.  
But on the other hand all that we see  
Are weird occurrences still a mystery,  
As dark yet as in the forgotten time  
When glamorous Pharaohs had shone in their prime.

How can we help one for whom Fate has ruled  
By his own wrong belief to live befooled?  
The greatest emphasis of Faith has been  
Upon a life harmonious, good and clean,  
Unselfish with trust in the power above,  
Of charity, compassion, truth and love,  
With promise of salvation for the soul  
And hope of union with God, as the whole  
Reward for life-long hard endeavour done  
For righteous acts performed and kudos won.

But not a word to exhaust one's energy  
In running after, like a darting bee,  
Clairvoyant gifts or supernatural boons  
Which too keep souls imprisoned like cocoons,  
For if enlightenment means magical gift  
Then it can but confuse and ne'er uplift.

The reason for the current frantic rush  
For magic and the occult which tend to crush  
The spark of self-reforming zeal in man—  
That is why Faith had put them under ban—  
Is that in general we are lacking in  
The knowledge of the Royal Guest within,  
Attired in flesh who, now in you and me,  
Forgetful of His rank and Majesty,  
Identifies himself with body and  
His kith and kin, His home and native land,  
Waiting for us to open one more door  
In our corporeal frame for him to soar

To realms of glory his eternal home,  
As high and boundless as the starry dome.

We still are not aware what treasure lies  
In us and what imprisoned glory tries  
To free itself to make our life sublime,  
And help our mind attain a golden prime,  
Before which all our thoughts of greatness fade  
Into oblivion, for we now are made  
Conscious of what we ne'er could know before:  
Eternal Life alive in every pore;

A state of blessedness momentarily which brings  
Such joy and fullness that e'en mighty kings  
Could ne'er dream of, since till the parting breath  
They ne'er could drive away the fear of death:  
A state of calm and beatitude which lasts  
Through all vicissitudes, denials and fasts  
Unto the end, and makes the life of man  
One long Elysian spring for all the span  
Of his terrestrial stay, at last to part  
Awake to his Divinity at heart.

What can match this fulfilling life of bliss  
That, once attained, no one would like to miss  
For all the wealth of earth or all the seats  
Of power or talent for miraculous feats,  
Which, like deceptive shadows gone at night,  
Depart abruptly when death comes in sight  
To leave their owners who had battled long,  
Betrayed their comrades or done other wrong,  
For their sake, trembling and dismayed before  
The awful darkness of the other shore.

Had we the slightest clue to our high state,  
Our glorious empire and divine estate  
Which we have lost, but can regain with ease,  
If we excesses and pretensions cease,  
Do you think once this sovereign goal is proved,  
Beyond doubt, people will remain unmoved

At the stupendous prospect and persist  
In such aims and objectives that resist  
This natural trend from moulding us apace,  
Among Immortals to deserve a place,  
To taste, while still incarnate, that rare wine  
Of Everlasting Life and Love Divine,  
Each drop whereof becomes an ocean which,  
Curing the mind of every lustful itch,  
Keeps it serene and happy, rapt within  
In Melodies Divine that keep off sin.

We do not know the Goal nor e'en the Way  
To it: the worst misfortune of our day,  
And lost like children in a trackless wood  
Have yet to find what course for us is good.  
How to deport ourselves and plan our lives,  
Our households, institutions, business hives,  
In consonance with our inherent trends,  
Our golden prospects and exalted ends,  
Which nature promises if we make a drive,  
For them, while still voting, healthy and alive  
In all our faculties, to win by grace  
That hard-to-parallel, distinguished place  
Than which celestials have no higher crown,  
Higher than highest honour, rank, renown  
Which mortal man, so swayed by greed today,  
Shall wear as god on earth for long to stay.

Entangled in sharp intellectual thorns  
Of doubt, converting all our eves and morns  
That could resemble heaven in bliss and calm,  
Into a hectic world of sin and sham,  
The rich and poor alike, allured by dreams  
Of power, position or wealth go to extremes  
Which nature's lofty purpose bring to naught  
Caught in the brambles of ambitious thought,  
To foul the holy breath that could transform,  
From an abode of suffering, stress and storm  
The world and their own selves, to live a life  
Of such celestial joy, devoid of strife,

That e'en the inmost romantic tales which catch  
Our fancy, it cannot remotely match.

They ask me oftentimes how do I have  
Such firm conviction that my word will pave  
The way to mass-upheavals which will bring  
The world round to the state of which I sing  
And I, as many times, repeat the plea  
That it does not depend on them or me;  
But with an insight gained by Grace Divine,  
And not by any clever guess of mine,  
I know the time has come to effect the change  
And Heaven will matters in a way arrange  
That of her own choice mankind shall create  
The climate for the change, ordained by Fate.

The sudden shortage, by a political ruse,  
Of but one article of common use,  
I mean petroleum, has caused an uproar,  
A ferment and a stir from shore to shore,  
Which those who witness now its wide effect  
Failed to foresee in time with intellect,  
For they would ne'er be taken by surprise  
Could they foreshadow it or e'en surmise.

But wise now after the event some try  
To use to profit e'en this hue and cry,  
While others sobered by a sense of guilt,  
On what a weak base human life is built,  
Declare we should live in a simpler way  
And take to heart the lesson of today.

One single crisis, not at all so grave  
To endanger life and make it hard to save,  
Has sown the seeds of change in human thought,  
And, e'en if this change at once is not wrought,  
It has in motion set a rippling wave  
In minds, to it one day the way shall pave.

We seldom realize, so prone are we  
To be deceived by what we round us see,

That nature in one moment can efface  
Or e'en accomplish what can take the race  
A nation or a group an age to achieve,  
And with one unexpected coup can leave  
In utter want those who in millions roll  
Or magnates make of those who live on dole,  
When it her purpose suits and this applies  
To changes, I foresee, of global size.

Before the very eyes of those who scoff  
At warning signs, a day, not now far off,  
Shall come to bring down hurtling round our ears  
The structures, we have built with blood and tears,  
To install new orders, values, goals and aims  
Of which we do not know yet e'en the names,  
To bring about a universal change  
In human life, of such extended range  
That our own progeny shall view with shame  
The battlefield we civilization name.

Nothing will stop the Almighty Cosmic Main  
Of life, behind the evolving human brain,  
To bring about the social changes sought  
To extend the area of human thought,  
And open fresh horizons that can bring  
Into the mind of man a blooming spring  
Of new ideas, ambitions, hopes and dreams,  
Where now a cut-throat strife ideal seems.

A drastic change to do away with all  
The false chimeras that keep us in thrall,  
Replacing greed for power, possession, wealth  
With aims that add to virtue, joy and health,  
Which can be feasible only when the urge,  
Subconscious now, for change effects a purge  
With an upheaval global in extent  
To effect renewals in our life and bent  
Of mind, upholding o'er our present airs,  
Ignoble methods and unworthy games,  
The chaste endeavour for our destined goal  
To unveil and share the glory of the soul.

Despite the buffets I received from Fate  
For lack of clue to my precarious state,  
And doubt about the mighty force I stirred  
To activity, despite the risks incurred,  
The errors made and the suspense I bore,  
Despite the hammering that my system wore,  
I still emerged with all my strength intact,  
More balanced than before in thought and act,  
More talented, discerning, skilled with pen,  
More humble with the picture in my ken  
Of my short-comings ere the power awoke,  
Refashioned me and my resistance broke.

And still with all the pounding, strain and stress,  
Omissions and defaults I won access  
To a Kingdom I could ne'er dream of before,  
Which gains in power and beauty more and more,  
Such that it makes me wonder many a time  
What further marvels will attend its prime,  
Carrying the rapture e'en into my dreams,  
So that with every breath to me it seems  
I live in Paradise on earth, with heart  
Melting in gratitude, to do my part.



# 4

## THE WAY TO ENLIGHTENMENT

### 1

There is but one Way, one eternal Path,  
But one Direction, one ambrosial Bath  
For self-unfoldment, one immutable Law  
That only can us to self-knowledge draw:  
One precious kernel, one essential seed,  
Found in the scriptures of each major creed:  
The basic teaching of all current faiths  
Which our whole-hearted compliance still awaits.

The flaw has been we to the skies extolled  
The Founders of our Faiths and proud installed  
Their idols, relics, pictures and the rest,  
Their gospels and their thought, not in our breast,  
But in palatial temples, churches, shrines,  
Of stately looks and masterly designs,  
To quench our thirst for pomp, and tried our best  
To exalt them over others and invest

Their persons and their words with such a bright  
And supernatural halo that the Light  
They came to shed remained confined within  
The walls of sanctums they were worshipped in.

Or in the homage shown to their great works,  
Their interpreters and their priestly clerks,  
All hoping to obtain a modest share  
Of glory if they, with assiduous care,  
Applauded their own faith above the rest,  
To fail deplorably in the first test  
To treat the others like oneself to trace  
A most essential guideline for the race.

But where the seeds had to be deeply sown  
Remained as barren as if hewn of stone:  
The human heart which had to study, sift  
And act upon the precepts in their gift,  
To reach the state sublime they promised all  
Those who might rally to their clarion call.

Instead of striving for a study deep  
And critical we turned into docile sheep  
Their followers, contending that their words  
Contained the wisdom found in all the worlds,  
With this fanatical, religious zeal  
We narrowed down and put a binding seal  
On the revealed injunctions but to feed  
Our vanity and not to advance the creed.

For what the Founders said remained unchanged  
By praise or criticism, but we deranged  
Our thinking, when we chose to shut our eyes  
To the truth that there is more in the skies  
And on the earth than mortal mind can know,  
Whereof the admission spurs us on to grow,  
While by assuming that there is no more  
To learn, on knowledge we tight shut the door.

That is why nature to remove the clamp  
That had constricted human thought to cramp

The growth of knowledge which could not but stunt  
Our mind, arrayed a formidable front  
Of powerful intellects in Europe who  
Remorselessly, as if dispatched to do  
The task, the sovereignty of Faith dethroned,  
Attacked her sanctum, battered it and stoned,  
And left her flat to learn with pain and smart  
That all our scriptures augur but the start  
Of long, adventurous journeys that shall last  
Until mankind to the earth can hold fast,  
Beginning from a few, to win with Grace  
The glorious empire of Self for the race.

The tendency in modern intellects  
To expose the fallacies, faults and defects  
In sacred teachings fails to take account  
Of the plain fact that masses cannot mount  
As fast the heights of thought that are innate  
In them, and hence in their immature state  
Of mind it is a grave mistake to uproot  
Their faith and cause digression from the Route.

In rituals, ceremonies and pomp was lost  
The teaching which, beyond compare and cost,  
Terrestrial consciousness revealed to man  
To draw his first attention to the Plan:  
To curb the passions human nature bind  
And labour for a cosmic-conscious mind,  
Which soaring from the carnal nest could reach  
Eternal Life the prophets came to preach  
In stories, parables, allegories,  
Aphorisms, sermons and mythologies  
To suit the measure of the intellect  
Of average mortals, not but the elect,  
For revelation comes to guide the mass  
Of mankind, not but those the crowd surpass.

What I assert can be seen e'en today  
With but a little thought and brief survey:  
Is rationalist approach to faith the rage  
Of people e'en in this enlightened age?

Or more than e'er they are invaded by  
Irrational impulses, which probe defy?

Or do they stop to reason when they run  
After a mountebank or anyone  
Known for miraculous power or saintliness,  
And do they not soon crowd round him and press,  
All eager for some boon or gift of grace?  
If not obliged do they not run apace  
To others, loath to disabuse their minds  
Of the lure of the uncanny which oft binds  
The thought of man to be refined and used  
To profit, when the true Light is diffused?

In pre-Renaissance days did we have more  
Of myth and superstition than the store  
Unev'nly shared by present-day mankind?  
And do we not an equal measure find  
Of faith in magic, witch-craft, sorcery,  
Sooth-saying and the occult from what we see  
Today, when hundreds of books in a year,  
To bits which common-sense and reason tear,  
Are read by millions so avidly with  
The firm conviction they are not a myth?

Some as fantastic as Gulliver's Tales:  
Of human beings of the size of nails,  
Tales of adepts, magicians, sorcerers,  
Tibetan Lamas or Himalayan seers,  
Brazilian wizards or some other freaks,  
Who can bestow whate'er the boon one seeks,  
Not met in flesh, save in the inventive mind  
Of those such fantasies of profit find.

Is not there as keen interest, as much faith  
In spirit, demon, poltergeist and wraith,  
In mediums and in psi-phenomena?  
The products of a still unfathomed law,  
Of which none e'er could make the head or tail  
And e'en the most astute observers fail

To find the agent or locate the force,  
Delighting in such weird, bizarre and coarse  
Displays, but still no rhyme nor reason find  
For this irrational frolic of our mind,  
That makes none happier, wiser, more serene;  
Is just a mystery and so has been  
And so shall be until we learn the laws  
Which of religious genius are the cause.

These Laws of Life none can reveal save Faith—  
Idle to expect this from a ghost or wraith—  
And that is what the Enlightened came to teach:  
The primary steps for us the height to reach,  
And that is why a riot has begun  
With hundreds of new cults instead of one:  
Why hundreds of new prophets in the field  
Their poverty with loud drum-beating shield.  
And that is why these teeming mushroom cults  
All o'er the earth produce such poor results  
That we have not progressed a furlong more  
Than where we were three thousand years before.

All that the founders of these movements tell  
The same old wine they in new bottles sell,  
For were there something new in their discourse  
It would provide a strong cementing force,  
Our greatest need, not a divisive one  
Which some accept, some spurn, some treat as fun.

Instead of stressing where their greatness lay,  
Their deep sincerity and selfless way  
Of life, superb example and high thought,  
Their strength and wisdom which upheavals wrought,  
We turned our prophets into deities who  
Nothing in common had with me or you.  
Who had not battled and essayed for long  
To turn their mind from passion, sin and wrong,  
Who were above the reach of carnal love  
And e'en in fancy never broke the vow,

Above all faults and blemishes which make,  
As they are handled, mortals gold or fake,  
And which, a common feature of their life,  
Demand an honest and heroic strife,  
Decreed by nature, as part of the Plan  
For the ennoblement and rise of man.

How could the laity emulate with zeal  
Their great example when thus made to feel  
Inferior beings meant to obey the writ,  
Whate'er their wisdom, courage, strength and grit,  
And ne'er to dream that they could also rise,  
With effort, at least, to approximate size?  
The natural target for the human race  
Lost in the battle for the pride of place!

Where lies the difference 'twixt a hard endeavour  
For ecclesiastic or temporal power,  
Whether a palace is built for a king  
Or an imposing shrine for crowds to sing  
Hymns of praise to the Lord or if we raise  
The Enlightened too to power with fulsome praise,  
Rather than treat them as compassionate guides  
To lead us to the place where Truth resides,  
And let not our temporal thirsts replace  
The gratitude to be shown in this case.

The Founders of our faiths, revered and praised,  
Always austere and humble, never raised,  
Luxurious mansions for themselves or God,  
Preached in the open, sat and slept on sod  
Sheltered by trees, embracing rich and poor,  
The high and low to make their mission sure.

How can the present-day religions win  
The hearts of men, when they are void within  
Of what their Founders spared no pains to instil:  
A moderate, honest way of life to will  
And gain salvation for the embodied soul,  
Of Knowledge and Religion the one Goal,

The one supreme objective of our life,  
The ground for all our sweating toil and strife,  
The reason why we are and why we came,  
The baffling mystery behind the game;  
Our precious soul—a deathless spark divine  
Of Cosmic Life—must in his glory shine.

There is no difference in what I declare  
And in the basic tenets, we all share,  
Of every major faith and every creed  
In which revealed directions came to lead  
The straggling human flock to its estate,  
Free of aggression, envy, malice, hate,  
Unbridled lust, ambition, thirst for power,  
The cause of chaos we see at this hour,  
For they oppose the Laws which rule the pace  
Of man's evolving brain in time and space.

So all the Anointed in their time bespoke  
The perils that await unwary folk,  
If they continue to infringe the Law,  
And they too listened with respect and awe,  
Instinctively aware from olden time  
That oracles can tell in prose and rhyme  
What future holds, and though sometimes abused,  
The gift of presage cannot be refused  
Acceptance, and this is where science erred  
And into a scorpion pit all mankind hurled.

A temperate life, awareness of the Goal,  
Reflection, meditation, self-control,  
A noble way of conduct, thought and deed,  
The basic virtues taught in every creed,  
Contentment, rectitude, compassion, love,  
Altruism as much as one's means allow,  
No dogma, no self-torture, no extreme  
Are steps that lead toward the Light' supreme.

This is the way to accelerate the pace  
Of both the individual and the race

Towards the Target; but now out of tune  
The race is threatened with upheaval soon,  
To exact submission to the unwritten Law  
And clean the human mind of filth and straw,  
Which now appear alluring, to replace  
Them with a nobler hunger in the race  
For peace, eternal life and love divine  
With joy untold to fill each mortal shrine.

2

Nature in all exigencies upholds  
The Law which mortal brain and body moulds,  
And this is why revealed instructions came  
At crucial times to light the intuitive Flame,  
That can illuminate the hidden Path  
To avoid slips and a serious aftermath.

But oft unmindful of the noble aim  
For which religions and their Founders came,  
More than the crowds, those who professed to be  
The orbs of Light and holders of the key  
To theophanic mysteries construed  
The Message as they liked and oft pursued  
A Path discordant with the teachings left,  
The same in all creeds in their warp and weft.

Lost in lip-service rites and loud acclaim  
We grew indifferent to the lofty aim  
Of Holy Writs and their stress on the need  
To help, with due restraint in thought and deed,  
The evolutionary processes at work,  
In every human being, Frank or Turk,  
To win the prize which all the Illumined name:  
Union with its Source for the incarnate Flame  
Of Life: the vision of its glorious state  
To which man has to grow up soon or late.

120



It is remarkable most prophets chose  
To name their doctrines as a Path for those  
Who, with belief in them, would like to share  
A paradise rich with enchanting ware,  
A heavenly kingdom or Nirvanic joy,  
Brahmanic peace and bliss which never cloy,  
In every case a glorious, happy goal,  
The eternal splendent empire of the soul.

This is what Gita says:

“Whate’er the Path pursued by men to attain<sup>1</sup>  
To me by that identical path they gain  
My favour, Arjuna (wherev’r they bide)  
Men follow but my path from every side.”

And again:

“This Yoga handed down from sire to son,  
Arjuna, known to many an illumined one,  
The royal sages, by great efflux of time,  
Has disappeared more or less (from our clime).  
This same perennial Yoga I impart  
To you today because you are at heart  
My devotee and friend and so I deem  
You fit to share this secret lore supreme.”

This from Christ:

“I am come a light into the world.”<sup>2</sup>  
“That whosoever believeth in me should not  
abide in darkness.”  
“And if any man hear my words and believe not  
I judge him not: for I came not to judge  
the world, but to save the world . . . .  
For I have not spoken of myself; but the Father  
which sent me, he gave me a commandment,  
What I should say and what I should speak.  
And I know that this commandment is life everlasting:

<sup>1</sup>Bhagwad Gita IV. 2,3.

<sup>2</sup>John 12, 46-47, 49-50.

Whatsoever I speak therefore, even as the father said unto me, so I speak.”

Again:

“Ye are the light of the world. A city<sup>1</sup> that is set on a hill cannot be hid. Neither do men light a candle and put it under a bushel, but on a candlestick; and it gives light unto all that are in the house. Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven. Think not that I am come to destroy the law or the prophets: I am not come to destroy but to fulfil. For verily I say unto you, till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.”

Again:

“Sanctify them through thy truth:<sup>2</sup> thy word is truth. As thou hast sent me into the world, even so have I also sent them into the world. And for their sakes I sanctify myself, that they may also be sanctified through the truth. Neither pray I for these alone, But for them also which shall believe on me through their word; That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me.

<sup>1</sup>Matthew 5, 14-18

<sup>2</sup>John 17, 17-23

And the glory which thou gavest me  
I have given them, that they may be one  
even as we are one:  
I in them and thou in me, that they may  
be made perfect in one; and that the world  
may know that thou hast sent me,  
and hast loved them, as thou hast loved me.”

This from Buddha:  
“Even so have I, monks, see an ancient way<sup>1</sup>  
an ancient road followed by  
the wholly awakened ones of olden times. .  
Along that have I gone and the matters  
that I have come to know fully as I was  
going along it, I have told to the monks,  
nuns, men and women lay-followers. Let,  
Monks, this Brahma-faring that is prosperous  
and flourishing, wide-spread and widely known  
become popular—in short, well made manifest  
for Devas and men.”

Again:  
“It may be, Ananda, that some of you will think:<sup>2</sup>  
The word of the teacher is ended; we have no teacher.  
But it is not to be regarded in this way.  
That Dhamma and discipline taught and laid down  
by me, this is to be your teacher after my passing on.  
Come now, monks, all component things  
are liable to decay, call up diligence  
to accomplish your aim.”

Again:  
“The Tathagata does not seek salvation<sup>3</sup>  
in austerities, but neither does he  
for that reason indulge in worldly pleasures,

<sup>1</sup>Samyutta Nikaya

<sup>2</sup>Dhiga Nikaya

<sup>3</sup>Mahavagga

nor live in abundance. The Tathagata has found the middle path.”

“There are two extremes, O Bhikkhus, which the man who has given up the world ought not to follow—the habitual practice, on the one hand, of self-indulgence, which is unworthy, vain and fit only for the worldly minded—and the habitual practice, on the other hand, of self-mortification, which is painful, useless and unprofitable.”

“Neither abstinence from fish or flesh, nor going naked nor shaving the head, nor wearing matted hair, nor dressing in a rough garment, nor covering oneself with dirt, nor sacrificing to Agni, will cleanse a man who is not free from delusions.”

“A middle path, O Bhikkhus, avoiding the two extremes has been discovered by the Tathagata—a path which opens the eyes and bestows understanding, which leads to peace of mind, to the higher wisdom, to full enlightenment, to Nirvana.”

This is from Upanishads:

“There are two kinds of knowledge<sup>1</sup> to be acquired.” Says Angiras to Saunaka, “The higher and the lower, this is what, as tradition runs, the knower of the import of the Vedas say.”

“(By the higher knowledge) the wise realize everywhere that which cannot be perceived and grasped; which is without source, features, eyes and ears; which has neither hands nor feet;

<sup>1</sup>Mundakah Upanishad, 1, 1-4, 6

which is eternal, multiformed, all-pervasive,  
extremely subtle, and undiminishing;  
and which is the source of all.”

Again:

“The means for the attainment of the other world,”<sup>1</sup>  
Says Yama (the Lord of Death) to Naciketa,  
“does not become revealed to the non-discriminating man  
who blunders, being befooled by the lure of wealth.  
One that constantly thinks that there is only this world  
and none hereafter, comes under my sway  
again and again.”

“Living in the midst of ignorance and  
considering themselves intelligent and  
enlightened, the senseless people  
go round and round, following crooked courses,  
just like the blind led by the blind.”

This is what Lao-Tsu says of Tao,  
which also means the “Way”:  
“The Tao which can be expressed in words<sup>2</sup>  
is not the eternal Tao; the name which can  
be uttered is not the eternal name.  
Without a name it is the beginning of heaven  
and earth; with a name it is the mother  
of all things. Only one who is ever free  
of desire can apprehend its spiritual essence;  
he who is ever a slave to desire can see  
no more than its outer fringe.  
These two things the spiritual and the material,  
though we call them by different names,  
in their origin are one and the same.  
This sameness is a mystery. It is the gate of all wonders.”

<sup>1</sup>Katha Upanishad, 1, 2-5, 6

<sup>2</sup>Tao Te Ching, 1, 1-3A.

“Now there is possible but one way to attain<sup>1</sup>  
Salvation for man, and his soul to gain  
Life in God, and there is not one for the Jew”  
Says William Law, (whose words great wisdom shew,)  
“Another for a Christian and a third  
Meant for a heathen,” (that is where we erred)  
“No; God is one and human nature one  
Salvation one and the way to it one,  
And that is soul’s desire turned to God.”  
This, broadly speaking, is well in accord  
With the Enlightened view of God and Soul:  
The law of Evolution and its Goal,  
Which from the times of fabulous Hermes found  
Expression in all mystical thought profound.

This from Guru Nanak:  
“He who made the night and day,<sup>2</sup>  
The days of the week and the seasons,  
He who made the breezes blow, the waters flow.  
The fires and the lower regions,  
Made the earth—the temple of Law.

He who made creatures of diverse kinds  
With multitude of names,  
Made this the Law—  
By thought and deed be judged forsooth,  
For God is true and dispenseth truth.”

This from Rig Veda:  
“May Varuna with guidance straight, and<sup>3</sup>  
Mitra lead us, he who knows,  
And Aryaman in accord with Gods.  
For they are dealers forth of wealth, and,  
Not deluded, with their might,  
Guard evermore the holy Laws.

<sup>1</sup>The Spirit of Prayer.

<sup>2</sup>Hymns of Guru Nanak, Trans. by Khushwant Singh.

<sup>3</sup>Rig Veda LXC, Trans. by R.T.H. Griffith.

Shelter may they vouchsafe to us, Immortal  
Gods to mortal men, chasing our enemies away.  
May they mark out our Paths to Biss, Indra  
The Maruts, Pusan and Bhaga, the gods to be adored  
Yea, Pusan, Visnu, ye who run your course,  
Enrich our hymns with kine;  
Bless us with all prosperity.  
The winds waft sweets, the rivers pour  
Sweets for the man who keeps the Law:  
So may the plants be sweet for us.  
Sweet be the nights and sweet the dawns,  
Sweet the terrestrial atmosphere;  
Sweet be our Father Heaven to us.  
May the tall trees be full of sweets for us,  
And full of sweets the Sun:  
May our milch-kine be sweet for us.  
Be Mitra gracious unto us, and Varuna and Aryaman:  
Indra, Brihaspati be kind and Visnu  
Of the mighty stride.”

This is the Highway, now lost to our view,  
To which most prophets man’s attention drew;  
A vital part of nature’s Cosmic Scheme;  
As binding as is eating, drinking, dream  
And sleep or other functions of our life,  
Whose knowledge must be as wide-spread and rife  
As knowledge of our stern organic needs—  
The primary function of religious creeds.

But since that confidence in faith is lost  
Which it commanded once, to pay the cost  
Of pride and prejudice and it has waned  
In power and influence it had first gained,  
A fresh apocalypse must help again  
To make it guardian of the evolving brain.

That is why this established, ancient-route,  
Alone which man’s evolving mind can suit,  
Revealed from time to time to each great seer,  
Instinctively became so very dear

And often exercised such iron hold  
Upon the mind of its adherent fold:  
They went to war, invited death and loss  
But still the line it laid down did not cross.

Digressions from this natural Route invite  
Disasters, for we challenge then the night  
Of Powers that be with our extremely frail  
Body and mind, most miserably to fail.

And every time our wrong assessments lead  
To such a conflict, we as often breed  
Insurgence, war and violence to right  
The wrong we do with our myopic sight.  
This is why our earth has become today  
A boiling cauldron we view with dismay,  
Because we underrate the Cosmic Force  
That keeps the human race upon its course.

3

If smart computers, space-ships, cars and planes  
Could bring maturity to human brains,  
Then Romans who did once earth's treasures share  
And surfeited were with luxurious ware,

Would not have bred the rot which fouled at last  
Despite their glorious empire, spread so vast,  
That rich society, in many a way  
A matter for e'en the wealthiest of our day,  
And brought down to its knees a proud domain  
Which of its wealth and might had grown too vain.

Inventions and discoveries, goods and wealth  
Are one thing, wisdom, happiness and health  
Another, and the former do not pave  
The way to latter, were it so a knave,  
Possessed of all the chattels of this age,  
Should forthwith bloom into an honoured sage;



While we find often that excess of wealth  
But seldom adds to wisdom, peace or health.

Were it so champions in sport or strength,  
And prodigies in learning, in the length  
And breadth of earth, would not be mostly born  
In families of wealth and station shorn.

But strange to say we often see that fate  
Acts otherwise to grant the rare estate  
Of mental, physical or artistic prime  
Without regard to status, wealth or clime.

Were it so, families that had once rolled  
In wealth would always have retained their hold  
On gold and rich possessions, were it left  
To man to live in plenty or, bereft  
Of e'en the barest needs, to sigh for crumbs  
Of bread and tattered rags in reeking slums.

Were it so, then long, long before the dawn  
Of modern science, with its aim to pawn  
The soul to buy for flesh delight and ease,  
Whence came the bloom of rare philosophies  
In Greece and India which e'en now surpass  
What modern wealth in this sphere could amass?  
Whence came the wisdom of poor Vedic seers  
Now the despondent rich inspires and cheers?

And was it chance or luck or knowledge, born  
Of long experience, in the early morn  
Of India's climb to pinnacles of thought  
That there a wisdom dawned which often wrought  
Upheavals in the thinking of the elite,  
Of earth and still inspires the erudite?

Clearly it was the hard-won mellow fruit  
Of labour done by those who chose the route  
Of self-denial, contentment, truth and love,  
Who battled with their minds and rose above

Surrendered mansions for a hermitage,  
In their desire to win the enlightened stage,  
Renounced their treasures, passions, wealth and all  
That keep a contemplative mind in thrall.

The scholars who now to the skies extol  
Their matchless talent, oft fail to recall  
What made them great, what built that astral size  
We lack today, and seldom emphasize  
The way they lived ere they rose to be wise,  
Ere they attained to that illumining light,  
Millenniums after which still shines so bright.

They do not, as there is a curious twist  
In modern thinking, like a shrouding mist,  
Which bars the inference that, if to suit  
The growth of wisdom there has been a route,  
And that, apart from India, it had been  
The practice in all cultures that had seen  
Vicissitudes of time for ages past,  
To stick to this prescription hard and fast:  
That those who wisdom or self-knowledge sought  
Had all to adopt their bodies and their thought  
To simple living, noble thought and deeds—  
The teaching too of all religious creeds—  
As if in order to achieve the goal  
This is the heaven-ordained path for the soul.

Were it not so, why curbing of desire,  
Restraint on greed, check on ambition's fire  
And e'en renouncement of the world became  
Part of religious disciplines to tame  
The mind—not in one land but all ov'r earth—  
Where'er aspirants strove to gain in worth  
And wisdom or where'er they strove to win  
True knowledge of Eternal Life within.

Control of passion and restraint of lust  
Could not command the confidence and trust

Of multitudes for vast millenniums,  
When goods were meagre, habitations slums  
And living standards so extremely poor,  
That e'en the poorest now cannot endure,  
If there were not some hidden purpose bound  
With such a way of life, we have not found.

What does a human being need to live  
A fruitful, happy life, himself to give  
That sense of peace, content and battle won,  
Which brings conviction—when life's day is done—  
That our brief pilgrimage was not in vain  
In rash pursuit of wealth or other gain,  
But that some noble aim of lasting worth  
Hallowed, at least in part, our stay on earth?

What does it cost to live an honest life  
To play one's part above the dirty strife,  
To live without pretension and display,  
The safe, unenvied, sober, middle way,  
Nor want nor wealth, enough one's needs to meet,  
Thanking God for a debt-free balance sheet,  
Sufficient food and clothing just to meet  
The needs of body, keep off cold and heat,  
A shelter ov'rhead modest, cosy, warm  
In winter, cool in summer, breathing charm  
Not of wealth, grandeur or expensive ware,  
But order, cleanliness, good taste and care?

A mode of life, in short, that leaves one free,  
Whate'er his honest occupation be,  
From daily chores to turn a while within,  
Out of the illusive web his senses spin,  
And look with breathless wonder at the God  
Who lives disguised in him, attired in sod,  
A Ray of Life Eternal, neither born  
Nor dying, e'er the same both eve and morn.

Who will believe my word when I assert  
That our unnatural ways of life subvert

The mighty Plan of heaven to fashion man  
Into a Hierarchy in the shortest span  
Of time, into a Seraph, dressed in clay,  
On distant planets born to hold his sway;  
A Cosmic sage whose Intellectual size  
Shall dwarf that of the wisest of our wise:  
Many of whom, unlettered in the lore  
Of Life, out of pride think there is no more  
To learn, denying to themselves the prize  
Of knowledge which alone can help their rise  
Out of temporal dross towards Divine,  
And crowned with Cosmic Consciousness to shine.

Were it not for the tragedy involved  
How droll some scholars should think we have solved  
The riddle of life, when we do not know  
The slightest bit towards what type we grow?  
Where will the spinning earth transport the race  
To land in heaven or but to freeze in space?  
After aeonian spans of time to find  
Herself with the same faults and cast of mind?  
Or will it raise her up to attain a height,  
Which still short-sighted knowledge cannot sight,  
When diademed with a crest that has no peer  
Terrestrial man will shine as Cosmic seer.

Fresh waves of thought now spreading o'er the earth:  
Previsions of a New Age taking birth;  
Instil new hopes that things will happen soon  
To draw the race out of the oblivious swoon  
Of rank materialism, disbelief and doubt,  
That holds her in a firm grip, in and out;  
And Powers Divine will usher in an age  
Of new ideas and values, on the stage  
Of earth to build a global brotherhood,  
With new ideals of universal good,  
Now flights of healthy, world-uniting thought,  
To eject the poison of the infection caught  
From writings which for all their learned worth  
The soul of man bind firmly to the earth.

How can the wolf of war, rebellion, riot  
Disorder and the horror of adroit  
Guerrilla desperadoes flee our shore,  
When wolf of hunger e'er is at the door  
Of half the population of our earth:  
Insane abundance facing frenzied death?  
When ne'er-abating torments which exceed  
The throes of war are caused by want and need?  
When suckling babes in millions go to bed  
hungry, holding to mothers almost dead  
With slow starvation, just before the eyes  
Of those who billions spend to explore the skies,  
And billions more to install the dread device,  
Ordained to exact one day a dreadful price  
For our infraction, pride and gross abuse  
Of intellect lent for judicious use?

The path is lost and we, who, loud in praise  
Of Krishna, Christ, Mohammad, Buddha raise  
Resplendent monuments to exalt their name  
Forget alas! to our unspeakable shame,  
The very crux of faith they came to teach,  
By which we swear, to others try to preach,  
That all men, white or coloured, high or low,  
Illumined by but one Eternal Glow  
Of Life, are equal and our aim should be  
To treat one kindly, as if we are he,  
And be as good and helpful as we can  
To cement with love all the tribe of man:  
A fulcrum necessary to raise the race  
To her divine rank and exalted place.

When e'en gregarious beasts which feed in flocks,  
And ant-like insects from their garnered stocks  
Of food, instinctively take proper care  
That every member has a basic share;  
Setting a mute example for mankind;  
Why rational man, in this, should lag behind  
And then forget that Laws, which firmly grip  
Colossal worlds, in mist have the power to whip

Intractable forms of life, which set at naught  
The irreversible Purpose for which brought  
Into existence, and who try to squeeze  
From others' blood their luxury and ease.

4

There are some long-lived trees with rings ingrained  
In their trunks, which record the age attained.  
The longest lived of them—the bristle-cone pines—  
In thousands show of yearly rings the signs,  
And it was reckoned from the rings one wears  
That it had lived about five thousand years!

Experts now try to figure from their rings  
Vicissitudes borne by these forest kings,  
Climatic rigour, draught or e'en some sort  
Of catastrophe these rings could distort,  
Or otherwise affect the amazing tree  
Which lived the whole course of our history!

Can be, like the rings on the bristlecone pine,  
There may soon come to light a hidden mine  
Of vital facts and figures in our brains  
To show the effect of incidental chains,  
Of modes of conduct, good and evil deeds,  
For progeny to judge the inherited seeds.

Cryptic devices in the human brain  
When once deciphered by the learned train,  
May soon disclose the signs by which they can  
Locate a more or less developed man,  
For evolutionary forces stamp their mark,  
About which scholars are still in the dark.

A most condensed account of all events,  
Of all vicissitudes and accidents,  
Of all experiences had and actions done  
Passes in toto from the sire to son

In Pranic Spectrums, ruled by cosmic laws,  
Of our heredity which are the cause.

To hold that structural patterns are the means,  
In genetic fluids, chromosomes or genes,  
To evince aeonian memories is to expose  
A lack of depth and subtlety in those  
Who trumpet loud opinions of this type  
To show how hasty they are and unripe.  
For Knowledge still completely lags behind  
In grasping e'en the nature of the mind,  
And, when the leading actor still goes masked  
How do they tell these children's tales unasked?

Though oft the erudite revise their views  
Yet always give the impression that the news  
That figures as their last is accurate,  
In dark themselves that at no distant date  
The view they had believed would be the last,  
Fresh data would compel them to recast.

One recent instance can help throw some light  
To show how far some of their claims are right.  
The hunt for man's ancestor going strong  
Has just proved at least one opinion wrong,  
Which might have well survived as amply proved  
Had not the finger of Fate lately moved,  
And close to Natal border shown a find  
Of relics which allot to humankind  
A stretch of prehistoric life more than  
Three times the previously determined span.

This sent a shockwave through the learned ranks  
And, as before, instead of earning thanks  
The savants, who unearthed this tell-tale chest,  
Have now to face the challenge of the rest  
Of out-worn, die-hard skeptics holding fast  
To hackneyed theories, now things of the past.

These fossils of a hundred thousand years  
Show man with the same head, as he now wears,  
With language, primitive culture and belief  
In life's survival, governed by a chief,  
Ceremonial burial, implements yet coarse,  
With ev'n some knowledge of metallic ores,  
Adornments for the body, deep-sunk pits  
To dig up hematite: all these fresh bits  
Of evidence, proving it beyond dispute  
That civilization dug its primal root,  
About a hundred thousand years ago,  
What first was thirty thousand years or so.

Apart from this discovery, one more thread  
Of evidence, dug inn Kenya of a head  
Of man's ancestor, by the shape it wears,  
Extends his span by o'er two million years,  
Instead of half a million, once the last  
Limit based on the Peking primate's cast  
Of bones, perhaps to be revised again  
Pending fresh evidence that has hidden lain.

Compare two million years with all the store  
Of knowledge of the past we have before  
Our eyes, which history could e'er record  
Through priest, historian, poet or the bard!,  
And picture what upheavals in this span  
Of time must have been seen and borne by man.

What lightnings, thunders, and torrential rains,  
What devastating floods and hurricanes,  
What cataclysmic tremors, earthquake shocks  
Disrupted earth, shook oceans, scattered rocks  
Split open mountains, turned hot barrens green,  
Or into deserts changed what once had been  
Blooming arboreal zones, installing seas  
Where hilltops were, submerging shrubs and trees,  
With countless creatures which there lived and thrived,  
And ages on those pastures had survived.



What dread collisions with some asteroid  
Engulfed whole regions, peopled tracts destroyed,  
What baneful comets, deadly bolide rains  
Frightful disruptions in the starry trains,  
Must have occurred for helpless man to see  
And suffer the horror in dumb agony!  
During this awful, lengthy stretch of time,  
To inch his way up the tormenting climb.

O, you ephemeral sparks, betrayed by those  
Who spurning Truth the path to grandeur chose,  
Do you suppose that all this glittering store  
Of gadgets, goods and wealth, seen ne'er before,  
Would stand for e'er the attacks of battering time  
And ne'er be drowned again in mud and slime,  
In our descendants on a future day  
To cause a ferment in a similar way  
As now the ruins of Greece cause in us,  
When time has silenced all their fretful fuss.

With subterranean fires, storms on the sun,  
Space accidents disaster can be done;  
Volcanoes burst, large meteors can hit the earth  
And rock her terribly in all her girth,  
When ocean waves full hundreds of feet high,  
Withdrawing from some parts to leave them dry,  
Can all at once submerge inhabited zones  
To engulf, without e'en sparing earth and stones,  
All that our proud technology has built,  
And bury under mounds of mud and silt,  
Leaving no trace, in any future age,  
The cause of the catastrophe to gauge.

Shallow is the intellect which, widely read,  
Knows what destruction nature can spread,  
That dread calamities at different times  
Turned into wildernesses enchanting climes,  
What grim events combined to bring to dust  
Proud kingdoms in their might that had full trust,

Which still continues in the false belief  
That it can win where others came to grief.

A wise aspirant to self-knowledge must  
First learn to sift his consciousness from dust;  
The saving truth with firm conviction hold  
That soul is separate from the mortal mould  
In a relative sense; for as the base  
It is the mind and body, time and space.

Then take a good look at the objective side:  
The world in which we all our life abide  
To toil and battle hard, to pull and heave  
With all our wit and strength until we leave  
As void and empty-handed as we came,  
Handing away our goods, wealth, power, e'en name.

And then impartially his judgment pass  
For what do we exhaust ourselves to amass  
In gross excess of our essential needs,  
Wasting the time in feverish thought and deeds  
Which, if judiciously apportioned, can  
Lead to his Kingdom self-defrauding man.

A gaudy coloured bubble, born to burst,  
More plagued than calmed by many an itch and thirst,  
He seldom ponders on the truth sublime  
That endless crowds like him came in their time  
And left again soon with no lasting gain,  
And to the end will do the same in vain,  
Making the ceaseless round of birth and death  
An empty dream, a vanishing trail of breath!

And what does it avail if all through life,  
Health has abounded, pleasures have been rife,  
Success has, like a handmaid, always stood  
Ready with fine attire, goods, drink and food;  
Untold wealth, rare adventure, ready wit  
Have fallen to our portion every bit,

And fame, that widely sought alluring dame,  
In every quarter has made known our name,  
When, like an executioner, old age grips  
Our throat to dim our eyesight, silence lips,  
Wither our body, cripple legs and arms,  
And make a hideous scarecrow of our charms  
To live dependent for the rest of life,  
A tedious load on children, friends and wife,  
Until in mercy death severs the knot  
Which to the body links the fount of thought.

Do you think nature has this end in view,  
A gloomy, dismal end, save for a few,  
For this susceptible thinking tribe of man,  
To die in suffering after a brief span  
Of smiling youth and full-grown, radiant prime,  
And be then tortured at the hands of Time?

The mere thought of such irretrievable doom  
Can damp one's spirit e'en in youthful bloom,  
And make age, like a haunting spectre loom  
Before his mind to plunge deep into gloom.  
But nature mercifully knows how to blunt  
The mind to gloomy prospects just in front.

Were it not so, at least, intelligent men  
Would keep the end of life before their ken  
To guard against this haggard witch in time,  
And make provision, in the bloom of prime,  
To arrest, defer or e'en avert the doom  
With self renewal for which there is room.

If such were not the case, ambitious youth  
Would show in time awareness of this truth,  
And not exhaust soon but conserve his strength  
To spend it frugally for the whole length  
Of life's short journey that too often ends  
In suffering which it to the last attends.

If such were not the case the seasoned prime  
Would earlier show much more regard for time,

Knowing it well that in a few more years  
Decrepitude would storm the flesh he wears,  
Leaving him ill equipped to face alone  
The assault of death to strike cold flesh and bone;  
And taking life in a more serious way  
Would know that Death does not miss nor delay.

If such were not the case, at least the aged,  
Now tottering on the verge, would be engaged  
In pious acts that bring peace to the soul,  
But, far from it, they not unoften roll  
The other way, to nurse and nurture plans  
Which all the fires of flesh ignite, like fans,  
And keep on fanning e'en when laboured breath  
Arrives to warn, and the eyes close in death.

Accuse not nature for it has no plan  
To thrust a lingering death on rational man,  
For there are methods, known to ancient seers,  
Which when employed, the body slower wears;  
And rich rejuvenizing hormones cure  
Full many faults and ills we now endure.  
This shows that strength, wit, charm and longer span  
Of life, are nature's still hid gifts for man.

So human life is not, as we suppose,  
To be a bed of thorns, and come to close  
In the relentless hold of senescence,  
That dark, confusing gloom of failing sense,  
Of ceaseless vain regrets for faded prime,  
And anguish at the unrecallable time  
When love, adventure, travel, sport organic  
Kept happy and amused the living flame,  
Deprived of movement, hobby, health, e'en breath  
To sink at last into engulfing death.

You are a King although you know it not,  
The monarch of the Cosmos in your thought,  
A sun, a star, a moon that has no peer  
For what the world is worth without a seer,

You are the Eternal Flame which ne'er expires  
Nor flickers nor grows dim, nor ages nor tires.  
The Wonder of creation sole and whole—  
Though you may not believe it—is your soul!

It is the mystery of mysteries  
Which ne'er can be explained, and nev'r shall cease  
For ages, if men the secret try to find,  
Until exhausted they turn to the mind,  
And in this mirror see what was denied  
Before—the Seer and Seen identified.

Thousands of years ago, this Truth was known  
To Indian sages, who the way have shown  
To experience it with discipline of thought  
And conduct, when a miracle is wrought  
And one's Flame of awareness shines so bright  
That it remains the one and only light,  
In which the enigma of existence fades,  
Like as the morning sun dissolves the shades  
Of night, and dominates the earthly scene,  
For where is darkness now that there had been?

This is the secret of perennial peace,  
Which travelled far to Arabia, Rome and Greece  
To China, Japan and full many lands  
In time to branch out into different brands,  
And now all over earth provides again  
Religious comfort for the fevered brain.  
This is the only prize that makes it worth  
For man to endure the suffering of his birth,  
To know that his ephemeral life enshrines  
The Eternal Light with which creation shines.

5

Suppose it is established, in the course  
Of time, that our soul is, indeed, the source,  
Pervasive and eternal, hid behind  
The cosmic panorama shown by mind;

141

And that the goal of human life decreed  
By nature is to open up with speed  
A higher channel of perception—now  
In but a rudimentary form—to allow  
The brain to catch impressions which now fall  
Unheeded, shut out by the sensual wall,  
Would it not be but wisdom then to assume  
That our mind has to attain a richer bloom,  
And to perform a more rewarding role  
To manifest the glory of the soul?

The alternatives are that either man  
Shall stay confined within the present span,  
Extremely narrow, of his senses or  
He has in him a hid potential for  
The growth of yet another sense to win  
Approach to eternal planes of life within,  
Which by no other means our mind can reach  
For walls of space and time are hard to breach.

In order, therefore, to secure access  
To new dimensions of our consciousness  
Our mind must needs take yet another bound  
To enter realms more subtle and profound  
Than those we every moment round us see  
And oft think this is all that there can be.

To hold that man has now no scope to grow  
A higher faculty, designed to show  
The still Unseen, is first to prove untrue  
Experiences, to which we have no clue,  
Of prophets, mystics, sages and the rest  
Some of whom proved to be the very best  
Of all the hierarchy that made mankind  
What she is now, rich, cultured and refined.

Most of them claimed, in unambiguous terms  
Kinship with higher beings which confirms  
That other avenues of knowledge can  
Open new vistas to the sight of man.

Besides this, such a viewpoint would condemn  
To eternal servitude the priceless gem  
Of life, unaware of its own estate,  
About its nature, origin, or state  
After demise, and doom the immortal spark  
Through all its life to flounder in the dark,  
And die in torment never sure about  
Its own imperial stature and without  
Knowing e'en once what it is, whence it came,  
Always to admit its own defeat with shame,  
Always to be pricked by the thorns of doubt,  
Always perplexed what all this is about:  
A ceaseless torture for a sensitive brain,  
Enough to turn all pleasure into pain.

And what does it avail if pampered with  
The goods of luxury one's gait is blithe,  
And face in smiles, the body strong and stout,  
When mind is restless, racked by ceaseless doubt,  
Which gains in volume as the end draws near,  
Adding to his uncertainty and fear  
Of what lies hid beyond the fateful screen  
That keeps him wondering what his death would mean  
Whether it would lead to an awakening soon  
To another life or but to an endless swoon;  
A state of fix which for intelligent brains  
Can sour the joy of all temporal gains.

The wise dispensers of our weal and woe,  
Whom we our present tight position owe,  
Who still engaged in thousands everywhere  
Are building fresh stocks of luxurious gear;  
Our rulers, scholars, scientists and priests,  
Who seem to act as if they deal with beasts  
Who must be fed and clothed well or with ease  
Have what they like to enjoy life as they please,  
As if what matters is their bone and skin,  
Without a thought towards the soul within.

Would not a sudden, all-round change occur  
In human thought if it once comes to light  
That our one-sided efforts to confer  
Untold amenities on flesh, though right  
To some extent, indulged in to excess  
React so sharply that they cause distress  
In just proportion to the effort lost  
In pampering body at the spirit's cost?

Can we arrest by binding them up tight  
The growth of children to the natural height?  
Without disastrous consequences, sure  
To follow soon the ill effects to cure,  
To mend the serious deformations wrought  
By our outrageous act and crazy thought?

The same is true of us and all our hard  
And constant efforts only done to award  
A much augmented share to flesh than mind,  
Which oft the latter is taxed hard to find —  
And keeps it from the size it has to attain—  
Cannot but meet a sharp repulse with pain.

Do you think nature which is so severe  
In dealing with us, when we choose to err  
And flout organic laws, would turn to milk  
When our insane desire for cream and silk,  
For cars and soft ways of life tends to stunt  
The growth of brain and would not then the brunt  
Of her explosive ire be borne by those  
Their eyes to past deterrent lessons close,  
And, fooled by bright but hollow logical tricks  
Of depthless writers, spurn their faith with kicks?

We mark this strong resistance of the flesh  
And mind, when we attempt by force to crush  
The growing instinct of a child to apply  
Itself to a game or hobby which we try  
To keep it from, or, when grown up, it likes  
To adopt a certain course, say go on hikes,



Which we debar, oft leading to revolts,  
Nature's response to using locks and bolts;  
Which argues that an inborn armour binds  
The inherent tendencies of human minds.

How can these frantic efforts of the elite  
Of our day, aimed to force our bodies tight  
Into surroundings that are all against  
The inherent trends of our evolving brains,  
Be e'er successful and not generate soon  
A strong world-wide reaction to attune  
Their wrong ideas to nature's global plan  
To make a cosmic-conscious seer of man.

It shows a tragic lack of knowledge in  
The architects of modern life who pin  
Their faith in gimmicks to improve the plight  
Of people, heedless whether it is right,  
And in accordance with the natural trends  
In human bodies for predestined ends.

And, if they have no inkling of this fact,  
And hold their faith in word but not in act,  
Do they not morally owe it to those  
Of whom they as friends and well wishers pose,  
To solve the conflict as soon as they can  
Between the faith and intellect of man?

Too much reliance on the wisdom shown  
By modern intellects, whose thought has sown  
The seeds that built the world we see today,  
Is at the bottom of the grim arm  
Of adverse forces which are gathering fast  
To wreck—as always they did in the past,  
When bodies grew obese and minds decayed—  
The rich assortments brazenly displayed  
Of chattels that make human bodies soft  
And cause disasters ordered from aloft.

Do not our mentors and our rulers vie  
With one another for soon bringing nigh  
The flowering of full many ambitious schemes  
To build Utopias of their cherished dreams?  
Ready with promises to ensure our weal,  
Our safety, freedom and a fairer deal,  
Abundance, education, business, wealth,  
Amusement, pleasure, physical strength and health;  
All but intent on flesh, the alluring mass  
Of rosy tissue which they think is brass  
In its resistance, as if unaware  
That flesh its life with only soul can share!

But in their fervour no one cares the least  
Whether this highly spiced material feast  
Which they prepare for mankind, with the aim  
To do their best for her corporeal frame,  
Will also be digestible to the soul,  
And help it onward to the appointed goal,  
Or cause acute disorder with great pain  
To make them change their way of thought amain.

Science with no thought to the soul within,  
Whate'er the crests and triumphs it may win,  
The moment it discards the appointed route  
To take one of its choice, which does not suit  
The growing stature of the evolving brain,  
Must meet reverses with great loss and pain;  
And this has happened since the Atlantean race  
And other fabled cultures turned their face  
From Truth: remote disasters which we find  
As legends present in the racial mind.

This is what Krishna says:  
“Whenev’r O Arjuna, there is decline<sup>1</sup>  
Of Dharma, (Heaven-appointed Path divine),  
And evil grows ascendant, then I come  
Clad in a body (to wipe off the scum).”

<sup>1</sup>Bhagwad Gita IV-7, 8

“For the protection of the righteous and  
For the destruction of the evil brand  
And to plant Dharma firmly I take birth  
From age to age (to purge sin-laden earth).”

This the Bible:

“And Moses called all Israel and said unto<sup>1</sup>  
them. . . . When thou hast eaten and art full  
then thou shalt bless the Lord thy God for  
the good land which he hath given thee.

Beware that thou forget not the Lord  
thy God in not keeping his commandments,  
and his judgments, and his statutes,  
which I command thee this day:

Lest when thou hast eaten and art full,  
and hast built goodly houses,  
and dwelt therein;

And when the herds and flocks multiply,  
and thy silver and thy gold is multiplied,  
and all that thou hast is multiplied;

Then thine heart be lifted up, and thou forget  
the Lord thy God, which brought thee forth  
out of the land of Egypt from the house  
of bondage....  
And thou say in thine heart, my power  
and the might of mine hand hath gotten me  
this wealth....

And it shall be, if thou at all forget the Lord  
thy God....

As the nations which the Lord destroyeth  
before your face, so shall ye perish;

<sup>1</sup>Deuteronomy 8

because ye would not be obedient  
unto the voice of the Lord your God.”

This from Kena Upanishad:

“If one has realized here, then there is truth;<sup>1</sup>  
if he has not realized here, then there is  
great destruction. The wise ones, having  
realized (Brahman) in all beings and,  
having turned away from this world,  
become immortal.”

This the Quran:

“But if the truth were to follow their lusts,<sup>2</sup>  
heavens and the earth would be corrupted  
with all who in them are!—Nay, we brought  
them their reminder but they from their  
reminder turn aside. . . .

And, verily, thou dost call them to  
a right way; but, verily, those who  
believe not in the hereafter from  
the way do veer.

But if we had mercy on them, and removed  
the distress they have, they would persist  
in their rebellion, blindly wandering on.  
And we caught them with the torment,  
but they did not abase themselves before  
their Lord, nor did they humble themselves;  
until we opened for them a door with  
grievous torment, then lo! they are  
in despair.”

This from Hermes Trismegistus:

“. . . But the Justice is ordained avenger of those<sup>3</sup>  
sinning upon earth. For the race of men,  
since modal and consisting of evil matter,

<sup>1</sup>Kena Upanishad, 11-5

<sup>2</sup>Quran XXIII, 70-80

<sup>3</sup>Stobocus, Physica—134

. . . and especially to them occurs the lapsing,  
with whom Godseeing power is not present;  
over these then, and especially,  
does the justice prevail, and they are  
subjected to the Fate through the energies  
of the generation; but to justice through  
the sins in the life.”

This from Buddha:

“All that we are is the result of what<sup>1</sup>  
we have thought; it is founded on our thoughts,  
it is made up of our thoughts. If a man  
speaks or acts with impure thoughts,  
sorrow follows him as the wheel follows  
the foot of the draught animal that draws  
the carriage . . .

He who lives without passionate craving  
for sensuous pleasures, his senses  
well controlled, moderate in his food,  
faithful and strong, him the Tempter  
will certainly not over-throw, any more  
than the wind throws down a rocky mountain.”

This Lao-Tsu:

“When the people lack a proper sense<sup>2</sup>  
of awe, then some awful visitation  
shall descend upon them.”

This from Plato:

“God who, as the old saw has it, holds<sup>3</sup>  
in his hands beginning, end and middle  
of all that is, moves through the cycle  
of nature, straight to his end, and ever  
at his side walks right, the Justicer of them  
that forsake God’s Law. He that would be happy

<sup>1</sup>Dhammapada

<sup>2</sup>Tao Te Ching LXXII, 174

<sup>3</sup>Laws IV-716

follows closely in her train with lowly  
and chastened mien, but whoso is lifted up  
with vanity—with pride of riches or rank  
or foolish conceit of youthful comeliness—  
and all on fire within with wantonness,  
as one that needs neither governor nor guide,  
but is fitted rather to be himself a guide  
to other—such a one is left alone,  
forsaken of God. In his abandonment he takes  
to him others like himself, and works general  
confusion by his frantic career. Now to some  
he seems to be some great one, but after  
no long while he makes no stinted amend  
to right by the sheer ruin of himself,  
his house and his state.”

This is exactly what has come to pass;  
For heedless of the Law the leading class  
Of mankind, sick with indigestion, may,  
To meet the Law, on some ill-omened day,  
Cause havoc, using the atrocious scourge  
Of war, with dreadful agony to purge  
The race of sensuous poisons which impede  
The path of soul towards the glorious meed  
Of self-awareness, nature’s highest prize  
For those who disciplined, austere and wise  
Pursue the appointed route to reach the state  
Of Cosmic Knowledge, writ in human Fate.

6

What some aspirants to self-knowledge seek  
Are also gimmicks, some loophole or leak  
In nature’s rigid laws, with ease to find  
A shortcut to the higher realms of mind,  
To God or soul or to miraculous gifts  
So that a seeker, while he idly drifts  
Or lives a dissolute life at his choice  
Might in the blissful sight of God rejoice.

This is the turn in these enlightened days  
Which human thought has taken to find ways,  
Methods and talismans that can ensure  
For our inquietude a lasting cure;  
That like an omnipotent magic balm  
Can grant us vision, mental bloom and calm,  
Lift us above the storm and stress of life  
To live in beatitude, immune from strife;  
And this is promised to the old and young  
By many a fertile pen and ready tongue!

And this is promised to the old and young  
This beatific estate, the upmost rung  
Of human life, the last meridian stage  
Of evolution, in this reckless age  
By good men, as unawareless as the rest  
That it will nev'r be possible to wrest  
This gift sublime from nature's iron hold,  
Except with methods which conduce to mould  
Our brain and body to the needed pitch.  
Supernal visions where our mind enrich;  
Opening a higher centre in the brain  
Designed to explore the transcendental plane  
Of life, beyond our mind and intellect  
Which needs another channel to detect.

A gracious impulse in our mortal frame,  
Designed to enhance the lustre of the Flame  
Of consciousness, at work in all the cells  
And tissues of the body in which dwells  
The invisible stream of life, by slow degrees,  
Resplendent, with the humming sound of bees,  
Moulds all our visceral organs and the brain  
A new dimension for our mind to gain.

How can a deep ingrained electric spark,  
About which knowledge is still in the dark;  
The spark of life in us, we ne'er can scan  
Be made subservient to the will of man?

And they who claim that this can come to pass  
And those believing them reveal such crass  
And blinding Ignorance that they, it seems,  
More than reality rely on dreams.

How an almighty Power which, in the womb,  
Fashions the embryo, buried in a tomb  
Beyond our reach, to which we owe our all,  
By which we live, by which we rise or fall,  
Our dear life, still a mystery to us,  
Can we control or like a chicken truss,  
When we ourselves obedient to her string,  
Till death like puppets move, act, dance and sing.

A marvellous mechanism, still unknown  
To knowledge, with a saga of its own,  
Reaching to prehistoric times, directs  
A most amazing process which effects  
Mutations in the body and the brain,  
With such intelligence in a regular chain  
That beats the marvel of embryonic growth  
In its complexity and wonder both.

Incredible that some seekers of today,  
And e'en those who believe they know the way,  
Should e'er suppose they can direct the course  
Of a mighty Cosmic Energy—the source  
Of all existence, thought, desire and will—  
With backdoor methods or conjuring skill,  
With Mantras, charms, spells or professional aid;  
As if the guidelines and conditions laid  
By heaven can be so lightly set aside;  
O, what a cloud of ignorance and pride!

The brain and nervous system have to reach  
The right formation for the mind to breach  
The wall of senses to land in a new  
And rich world of awareness, there to view  
With rapture what it ne'er can glimpse before:  
The soul, a Prince now of his native shore.



The aim of all religious striving done,  
Of discipline imposed or merit won,  
Observance, worship, prayer, virtuous deed,  
Enjoined by every healthy faith and creed,  
Is but to stimulate to greater speed  
This chaste device, and to pay greater heed  
Towards our mode of life, behaviour, thought  
And act until a wondrous change is wrought,  
And what we thought was happening all around,  
Outside and distant from us, is now found  
To be the inside drama of a vast,  
Unbounded "I" with the world as its cast.

This is what Bhagwad Gita says:  
"Passion, anger and greed, these constitute<sup>1</sup>  
the triple gate of hell leading to  
the damnation of the soul. Therefore  
one should shake off all these three.

A man released from these three gates to hell,  
Arjuna, works his own salvation and  
thereby reaches the highest goal.  
He, who, having cast aside the injunctions  
of the scriptures, acts according to  
his own sweet will, attains nor perfection,  
nor the highest goal, nor even happiness."

This from Christ:  
"And he said unto them, take heed,  
and beware of covetousness: for a man's life  
consisteth not in the abundance of  
the things which he possesseth . . .  
And seek ye not what ye shall eat, or  
what ye shall drink, neither be ye  
of doubtful mind. For all these things do  
the nations of the world seek after: and  
your Father knoweth that ye have need

<sup>1</sup>Bhagwad Gita, XVI, 21, 22, 23.

of these things. But rather seek ye<sup>1</sup>  
the Kingdom of God; and all these things  
shall be added unto you. Fear not  
little flocks; for it is your Father's  
good pleasure to give you the Kingdom."

This from Adi Granth:  
"Close thou the nine doors of the body,<sup>2</sup>  
(the nine apertures, two eyes, two ears, etc.)  
and make thou still thy wandering mind,  
then enter thy abode through the Tenth Door,  
(the Third Eye or the Supersensory channel)  
Where day and night one hears the Cosmic Sound,  
audible only through the grace of the Guru."

This from Rumi:  
"While sitting at ease, the mystic by a secret Path  
(the Third Eye or the Tenth Door)  
visits hundreds of worlds."

Because of this immortal seed of Truth  
In all the great religions of mankind,  
Stressing the ways of life that render smooth  
Organic changes which expand the mind,  
They won esteem and power and could survive  
So long, commanded such devoted care  
That after ages they are still alive,  
And still for hungry souls serve healthy fare.

How can a hundred powerful lights disclose  
To one the shape of his own eye or nose,  
So how can random efforts made to know  
The Knower e'er succeed, e'en if we grow  
The finest crop of instruments to aid

<sup>1</sup>Luke 12, 15,29,30,31,32.

<sup>2</sup>Adi Granth, p. 124.

Our senses which themselves conceal and shade  
What we are searching for—the observing mind,  
Designed to look in front and not behind  
Into itself, unless we change its mould,  
Then only it reveals its wealth untold.

Our life is ended watching day by day  
With rapt attention an illusive play,  
In which as actors and spectators we  
Are ne'er free from the cloud of mystery,  
And ne'er can lend a meaning to the show,  
Howe'er in secular knowledge we may grow,  
And to the ending breath live always lost  
In speculations which great effort cost;  
But e'en with all the labour ne'er can cleave  
The illusive web which but our senses weave.

Encircled by our intellect and mind,  
We ne'er the versatile Illusionist find;  
Unless transformed by yet another birth  
We extend the measure of our mental girth,  
When Lo, the curtains part to expose the soul,  
Caught in the act, playing a double role,  
Both as the mystified observer "I,"  
And the Magician whose tricks grasp defy.

O, Thou Almighty Power that as our soul  
And as the cosmos playest every role,  
Dost each and every action that is done  
By cosmic multitudes and every one  
Of us, out of compassion and Thy Grace,  
Grant us protection and the strength to face  
The battle of life which Thou has decreed  
With truth and honesty in thought and deed.

Let every one of us donate his mite  
To serve the race, to uplift it and unite;  
Until the august Purpose Thou hast willed  
Of its existence nobly is fulfilled;  
And wisdom now prevails to save from Wrath  
Our inadvertent strayings from the Path,

In ignorance of Thy inviolate Law  
Thou hast ordained to Thee mankind to draw.

May peace descend into all troubled hearts  
And Right guide the performance of our parts;  
May nature act and heavenly bodies shine  
To be auspicious to us and benign.  
In Thy unbounded territory O God,  
Let us Thy creatures, clinging to this clod  
Of earth, one out of countless earths in space,  
Awareless of Thy might, out of Thy grace,  
Be saved from harm in elemental strife  
In which Thy Grace alone now saves our life.

Give us our daily bread, destroy our pride,  
So that we all in peace and joy abide,  
Let hearts unite to share in want and grief,  
To help the poor, to ailing bring relief,  
Quench fires of hate and quell the blight of dearth  
To install a golden era on the earth.

The End.