

The Official Newsletter of the Kuala Lumpur Mountain Bike Hash

2001 MISMANAGEMENT COMMITTEE:

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 Ed.itorial Well, it looks like I've begun some nasty KLMBH gossip due to an oversight on the e-mail addresses of the Committee members in Basherama 69. No, Melody is not living with Denis French! I just forgot to switch the e-mail addresses! Any inconvenience caused to the Hare-Raiser and TwoCan is greatly regretted. No Scandals here (Ha! Ha!) Well, attendance at our Bashes is definited with 64 riders actually signing out. A remine all to sign out before the ride to ensure we lewho's come back and who's still out there. The were a few stragglers who stretched the definition of "Malaysian" time which results some of us having to start extra-late. The please try to be punctual for the Bashes! 							igning out. A reminder to e ride to ensure we know ho's still out there. There who stretched the very i" time which resulted in start extra-late. Thus,		
2. Speaking of TwoCan and Scandal, the happy couple have left us and the Malacca Mountain Bike Hash for nine months of globe-trotting while they decide on their future careers. Their travels will begin from their native Australia and take them through Canada, the U.S.A. and Europe before they return to Malaysia. They plan to post their journal on a website soon so look out for the address in future editions of the Basherama.						Annual memberships are due! See your nearest KLMBH Committee member to renew or fill out the attached membership application and renewal form and bring it and your cash to the next Bash. Anyone not renewing their membership will not be getting the Basherama after this unless I see it fit (Gasp! The Horror!). Cont'd on Page Deux >>			

DIRECTIONS TO THE FEBRUARY BASH @ NORTH HUMMOCK ESTATE, MERU – 9.30 a.m., 25 February 2001

Option 1

Take the NKVE West to the Bukit Raja toll, at which set the trip meter to zero. Go straight on, following the signs for B. Raja/Klang. Keep left and head straight on, passing a steel mill on your right. At 3.5km turn left following the signs for Meru/Klang which goes down to a set of traffic lights. At the traffic lights, turn right towards Meru. Carry on along this road (Jalan Meru), at 4.5km go straight through the traffic lights. At 7.4km turn right into a small lane signposted "North Hummock Estate" (it's opposite a small substation). Go straight along the gravel road, passing the guard house and look out for Haremobile WDJ 2675, a white Honda Accord.

Option 2

Take the Federal Highway towards Klang, at the second toll plaza, Sg. Rasau set trip meter to zero. Take the first exit on left signposted E1 and E6 to Plus Highway and turn right at the lights. Go straight on passing a steel mill on your right. At 4.6km turn left, following directions to Meru/Klang which goes down to a set of traffic lights. At the traffic lights, turn right towards Meru. Carry on along this road (Jalan Meru), going straight through the next traffic lights. At 8.6km turn right into a small lane signposted "North Hummock Estate" (it's opposite a small substation). Go straight along the gravel road, passing the guard house and look out for Haremobile WDJ 2675, a white Honda Accord.

Notes:

- Please bring extra tubes and a bike pump in event of flats (quite normal for any ride)
- Please bring enough water, 100+ and some power bars/gel (Hmmm!)
- You may need mosquito repellent

Hares: Melody Tan, Charl Bester and Paul Sweeney WWW.bikehash.freeservers.com

January Bash – Kundang Lakes – 4 February 2001 - The Long Ride

There are many things I do not understand about hashing – not surprising perhaps given that this was my first experience of the activity – but I'm most deeply puzzled as to which of my gestures, comments or social lapses caused me to 'volunteer' to be Scribe. But Fuji does not look like a guy you can argue with so here's how it looked to me.

I need to get a confession off my chest right at the start. It is true that I used to think that mountain-bikers were people who just couldn't run and who therefore had to have the mechanical advantage that a bike provides. Wrong. I'm sorry I misjudged you people. I now know that you have to have muscles of plaited steel and lungs like the Titanic's boilers to mountain bike successfully. I wore a pulsemeter on the Kundang ride and I recorded a higher pulse rate on this ride than in flat out 10K foot racing. And the effort went on for a lot longer. With running you just have to keep picking the feet up and throwing them back down again. In mountain biking you have to manage the cardio-vascular mayhem and ...well... a mountain bike. Most of my bike riding was done 30 years ago for the purpose of delivering newspapers. I didn't find many transferable skills from that activity matched the demands of the Kundang Hash. Although I have noticed that the guys who rip around KL at dawn with a sevenfoot-high pile of newspapers on their motorbikes take corners faster than I did in the plantation. Maybe I'll try that next time.

What can I say about the course? It went up too steeply and then it went down too steeply. This continued for about 18 kilometres. You pretty much have the story there. I'm leaving out the mud, the implausibly narrow bridges and the drop-offs because this is a family activity and I don't want to scare the children. There is a photograph of me that gives that gives the impression that I'm on flat ground. This picture is an obvious fake and has either been morphed or otherwise tampered with. There was NO flat ground. I don't know if during the course of the ride I covered an area the size of a State or the size of a football field. I may have gone round in a tight circle a couple of hundred times for all I know. One palm oil tree looks pretty much like another to me. In any case my sole survival tactic was to keep my eyes locked on someone's butt. This was quite fun at first but by the mid-point I had only other men for company. At least as long as I could see butt I didn't have to find paper.

I fell off twice. I was more tired for the rest of the day than I have been in years of physical activity. My eyes were still exuding mud two days later. My bike needs a major service. Will I be back for more? What are you kidding me? Of course.

Paul Freeman

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Ec	l.itorial Cont'd	6.	My apologies for the short Basherama this time around but
			I've been soooo busy I didn't even have time to ride this
5.	Check out member Matt's website at		weekend. Readers (yes, all five of you) can look forward to
	http://www.geocities.com/marzukim/kiara_race.ht		the report entitled "Three Guys, Three Bikes and Three Hills
	ml for pictures of the Kiara GP 2001 and check out		in Penang" in the next Basherama along with all the other
	our very own website for cool pictures of the last		stuff that makes the Basherama soooo great!
	Bash (would be cooler if I'd been in them!).		Ed.

HARELINE

In order to facilitate the efficient planning of your 2001 cycling calendar, the following Bash dates have been fixed for this year. As in the past two years, your Committee has decided not to adopt a receding hareline, whereby all members are required to set hashes on a rota system, this year and therefore volunteer hares are needed to keep the Hareline going.

Setting a Bash is a rewarding experience as it involves planning, much adventure, camaraderie, some deviant thinking and a great sense of satisfaction when the pack charges off down your false trail and/or your fellow Bashers curse you out at the end of the Bash and then buy you a beer. In fact, setting a Hash is so much fun as evidenced by the Hare Tonic overleaf.

Anyone interested in setting a Bash can contact the Melody, the Hare-Raiser, and for those who have no experience in setting a Bash, fear not for your Committee shall pair you up with an experienced Hare who shall pass on his/her wisdom free of charge. Hares will also have the exclusive use of the KLMBH guillotine and the KLMBH directional signs to help prepare for their Bash (Ooh! Ahh!).

Bash	Bash #	Date	Hares			
February	76	25 February 2001	Charl Bester, Paul Sweeney & Melody Tan			
March	77	1 April 2001	Hulk, Chew and Fuji – April Fools Bash			
April	78	29 April 2001	Hares needed!			
May	79	27 May 2001	Hares needed!			
June	80	24 June 2001	Hares needed!			
July	81	29 July 2001	Hares needed!			
August	82	26 August 2001	Hares needed!			
September	83	23 September 2001	Hares needed!			
October	84	21 October 2001	Hares needed!			
November	85	18 November 2001	Hares needed!			
December	86	9 December 2001	Hares needed!			

HARE TONIC

In Basherama! 48, Hare Tonic was introduced in an effort to encourage more members to step forward as hares. The idea was to reward hares who had set 5 or more Bashes with Pewter Mugs. The Committee is currently sourcing the rewards (which may or may not be in the form of Pewter Mugs or exclusive Jerseys) with the intention of presenting them to the deserving hares as soon as possible.

The score as it stands as at 15 January 2001 is presented below. As mentioned before, if you feel that you've set more Bashes than listed below, kindly contact Ed. to set the record straight.

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Azizul Adnan	13	Animal Elford	2	Colin Jackson	1	Phaedra	1
Richard Aubry	11	Dick Shelly	2	Dave Baker	1	Pinhead	1
Eric Teo	7	John Hagedorn	2	David Foo	1	Simon Ng	1
Gordon Fraser	6	John Mugford	2	Emma Booth	1	Steve Ellison	1
Pat Brunsdon	6	John Spencer	2	Geoff Stecyk	1	Annett Frohlich	1
Ngah Fuji Bakri	6	Mark Chaterton	2	Graham	1	Kenny Stewart	1
Peter Bloomer	5	Nigel Blott	2	Ian Miller	1	Karen Brunsdon	1
Barry Hills	5	Shariman Alwani	2	James Aubry	1	Janie Ravenhurst	1
Mike Elliot	5	Tan Boon Foo	2	Jeff Dean	1	Paul Moir	1
Denis French	4	Grant Lee	2	Johnathan Startin	1	Angus Knowles	1
Alison Keeler	4	Larry Chan	2	Marie Benedix	1	Jamie Knowles	1
Hulk	4	Kelvin Wong	2	Mark Clark	1	Robbie Knowles	1
Bill Steven	3	Jake Slodki	2	Mike Smit	1	Raymond Keys	1
Peter Heston	3	Andy Blake	1	Mike Wright	1	Paul Sweeney	1
Shaharudin Damis	3	Andy Knellar	1	Noel Brennan	1	Conrad Fawcett	1
Simon Kenney	3	S.Y. Chong	1	Paul Booth	1	Raja Teh Maimunah	1
Alistair Swanson	2	Clara Chin	1	Peter Pickernell	1	Your name here!	

BITS & BOBS – 1) Swag for sale!. **KLMBH Mugs** (RM15), polo t-shirts (RM15), 1st Annual Int'l Bash t-shirts (RM5) and 2nd Annual Int'l Bash t-shirts (RM12) are still available and **make great gifts!** Kindly inquire with Bash Cash. 2) **REPEAT! Beer prices** for the Bash have increased to RM5.50 each from RM5.00 due to increased sin taxes levied by the "Powers That Be". Softies remain at RM1.50 each. 4) That's all for Bits & Bobs for now...

Calendar of Upcoming Events								
Date	Event/Remarks	Date	Event/Remarks	Date	Event/Remarks			
Feb 25	KLMBH February Bash	Mar 11	Singapore Bike Hash	Apr 1	KLMBH April Fool's Bash			
Mar 4	SACA MTB Race, Singapore	Mar 16-18	Formula 1 Grand Prix of Malaysia	Apr 7-8	Singapore Bike Hash			
Mar 11	Kiara GP 2001 #2, Bukit Kiara	Mar 25	Malacca Bike Hash	Apr 22	Malacca Bike Hash			

www.bikehash.freeservers.com