# AIPPG 

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| Named item. | Named syndromes/ Others. You may get these findings without the names!. This list is still under revision. Suggest <br> additions to contribute@aippg.com |
| :--- | :--- |
| Adie's pupil | tonic pupil, larger than contralateral unaffected pupil, reacts sluggishly to changes in illumination, q.v. Holmes-Adie <br> syndrome; seen in young women; no neurologic significance |
| Adult onset Still's disease | polyarthritis associated with sudden onset of high spiking fever, sore throat, and an evanescent erythematous salmon- <br> colored rash |
| Alagille syndrome | inherited cholestatic syndrome, associated with biliary hypoplasia (ductopenia), vertebral anomalies, prominent <br> forehead, deep-set eyes, peripheral pulmonic stenosis |
| Albers-Schönberg disease | osteopetrosis or marble bone disease  <br> Albright's hereditary  <br> osteodystrophy precocious puberty, cafe-au-lait spots on skin, low calcium, high phosphate, resistance to elevated PTH levels from <br> mutation in Gs coupling PTH receptor to adenylyl cyclase; also see Archibald's sign  |
| Alder-Reilly anomaly | large, dark, pink-purple granules in cytoplasm of neutrophils; AR trait resulting in abnormal granule development in <br> neutrophils resembling severe toxic granulation |
| Alport's syndrome | splen <br> usually years after occlusive event <br> quantities of alcoholic beverages fermented in iron utensils |
| Anereditary nephritis accompanied by nerve deafness and various eye disorders, including lens dislocation, posterior |  |
| cataracts, and corneal dystrophy |  |


| Barlow's maneuver | for congenital hip dislocation, patient placed in supine position and attempt made to push femurs posteriorly with knees at 90 degrees/hip flexed and hip will dislocate |
| :---: | :---: |
| Barrett's esophagus | esophageal strictures and epithelial metaplasia from squamous epithelium to a specialized columnar epithelium with intestinal metaplasia in $10 \%$ of severe GERD |
| Bartter's syndrome | primary elevation in renin due to idiopathic hyperfunction of the juxtaglomerular apparatus but with normal blood pressure |
| basal nucleus of Meynert | degenerates in Alzheimer's; uses ACh |
| Batson's plexus | portal vertebral venous communications, may be responsible for isolated bone mets in sacrum or vertebral bodies from colorectal cancer |
| Battle's sign | ecchymoses over the mastoid process in basilar skull fractures |
| BCG | Bacille bilié de Calmette-Guérin; Leon A. Calmette, French bacteriologist, 1863-1933; Camille Guérin, French bacteriologist, 1872-1961; attenuated strain of Mycobacterium bovis bacille Calmette-Guérin |
| Beau's lines | horizontal depressions across nail plate, caused by a transient arrest in nail growth, can occur during acute stress (e.g., high fever, circulatory shock, myocardial infarction, pulmonary embolism); will manifest as Beau's lines as nail grows out |
| Bechterew's disease | ankylosing spondylitis |
| Beck's triad | in pericardial tamponade, distended neck veins, distant heart sounds, hypotension, i.e. rising venous pressure, falling arterial pressure, and decreased heart sounds |
| Beckwith-Wiedemann syndrome | exomphalos, macroglossia, gigantism |
| Behcet's diease | aphthous ulcers, genital ulcerations, ocular inflammation (posterior uveitis), erythema nodosum, cutaneous pustular vasculitis, also synoviits, neurologic issues, and thrombophlebitis |
| Bell's palsy | seventh nerve palsy; seen as a complication in diabetes, tumors, sarcoidosis, AIDS, and Lyme disease |
| Bell's phenomenon | when an attempt is made to close the eyelid, the eyeball on the affected side may turn upward |
| Bence Jones proteins | free L chains of immunoglobulin seen ins plasma cell dyscrasias (e.g. multiple myelomas), filtered by glomerulus and then reabsorbed tubular cells; proteins are toxic to tubule cells |
| Benedikt syndrome | paramedian midbrain syndrome |
| Bennett's fracture | fracture of the base of the first metacarpal with involvement of carpometacarpal joint |
| Bergman's triad | seen with fat emboli syndrome: 1) mental status changes 2) petechiae (often in the axilla/thorax) 3) dyspnea |
| Bernard-Soulier disease | absence of $\mathrm{Gp} \mathrm{Ib} / \mathrm{IX}$, the von Willebrand receptor |
| Bernheim effect | in aortic stenosis, right ventricular failure preceding left ventricular failure from hypertrophied ventricular septum bulging into and encroaching on right ventricular filling |
| Bernstein test | to test for GERD, acid perfusion test of esophagus with 0.1 N HCl and see if reproduces chest pain; limited sensitivity and specificity though |
| Betz cells | large pyramidal cells in layer 5 of primary motor cortex largest neurons in mammalian CNS; 30-40,000 Betz cells in precentral gyrus in one side of the brain |
| Bier block | regional anesthesia of an extremity by placing a tourniquet and then infusing local anesthetic into a vein |
| Billroth I | antrectomy with gastroduodenostomy |
| Billroth II | antrectomy with gastrojejunostomy |
| Billroth's cords | the splenic cords found in the red pulp between the sinusoids |
| Binswanger's disease | subcortical leukoencephaly, is associated with hypertension; it is characterized by the presence of multiple lacunar infarcts and progressive demyelination limited to the subcortical area, with characteristic sparing of cortex |
| Birbeck's granules | aka Langerhans's granules; a small tennis racket-shaped membrane-bound granule with characteristic cross-striated internal ultrastructure; first reported in Langerhans's cells of the epidermis |
| Bitot's spots | in vitamin A deficiency, small, circumscribed, lusterless, grayish white, foamy, greasy, triangular deposits on the bulbar conjunctiva adjacent to the cornea in the area of the palpebral fissure of both eyes |
| Bloom's syndrome | severe immunodeficiency, growth retardation, and predisposition to several types of cancers associated with hypersensitivity to a variety of DNA-damaging agents |
| Blount's disease | idiopathic varus bowing of tibia |
| Blumberg sign | rebound tenderness |
| Blumer shelf | carcinomatous metastasis from a primary site high up in the peritoneal cavity, may accumulate in the stomach, felt through the anterior rectal wall as a hard shelf in the rectovesical or rectouterine pouch (pouch of Douglas) |
| Boas's sign | right subscapular pain due to cholelithiasis |
| Bochdalek's hernia | hernia through the posterior diaphram, usually on the left, presents in infancy |
| Boerhaave's syndrome | pressure rupture of the esophagus; can give rise to Hamman's sign |
| Bohr effect | fall in pH leading to decrease in oxygen affinity of hemoglobin |
| Bohr equation | $\mathrm{Vd} / \mathrm{Vt}$, for determining ratio of physiologic dead space |
| Bonnet's sign | banking of veins distal to AV crossings (grade 3) in hypertensive retinopathy; c.f. with Salus's sign and Gunn's sign |


| Bordet-Gengou medium | for identifying Bordetella pertussis, medium contains high percentage of blood (20-30\%) to inactivate inhibitors in blood; also has potato and glycerol |
| :---: | :---: |
| Bornholm disease | coxsackie group B virus producing pleurodynia, fever |
| Boston sign | in thyrotoxicosis, jerking of the lagging lid |
| Bouchard's nodes | bony spurs at PIP in OA |
| Bowditch staircase | increased heart rate increases the strength of contraction in a stepwise fashion as the intracellular calcium increases over several beats |
| Bowen's disease | carcinoma in situ of penis or scrotum, usually presents as a single erythematous plaque, most often on the shaft of the penis or on the scrotum, peak incidence after 50s; or more generally, squamous carcinoma in situ |
| Boxer's fracture | fracture of the metacarpal neck, classically of msall finger |
| Brill-Zinser disease | recurrent form of epidemic typhus (Rickettsiae prowazekii); persistently infected as a source |
| Briquet's syndrome | somatization disorder |
| Broca's area | left frontal speech area, important for articulating speech; in Broca's aphasia, because Broca's area near motor cortex and underlying internal capsule, a right hemiparesis and homonymous hemianopsia is almost always present in this type of aphasia |
| Brodie's abscess | small, intraosseus abscess that frequently involves the cortex and is walled off by reactive bone |
| Brown-Séquard syndrome | Loss of tactile sense, vibration sense, and limb position sense on the ipsilateral side and loss of pain and temperature sense on the contralateral side |
| Brudzinski sign | flex the neck, watch the hips and knees in reaction to maneuver positive sign, flexion of hips and knees, suggests meningeal inflammation |
| Brunner's glands | in duodenum, submucosal mucous glands that secrete bicarbonate, glycoproteins, and pepsinogen II, virtually indistinguishable from pyloric mucous glands |
| Brushfield's spots | in Down's syndrome, small white spots on the periphery of the iris |
| Bruton's tyrosine kinase | mutation causes X-linked agammaglobulinemia (XLA also associated with defect in intact membrane-bound $\mu$ chain (it's essential for B-cell development) Btk found only in B cells |
| Budd-Chiari syndrome | occlusion of the hepatic vein, associated with polycythemia vera, pregnancy, postpartum state, oral contraceptives, paroxysmal nocturnal hemoglobinuria, and intra-abdominal cancers, particularly hepatocellular carcinoma |
| Burnett's syndrome | far-advanced milk-alkali syndrome, due to long-standing calcium and alkali ingestion; severe hypercalcemia, irreversible renal failure, and phosphate retention, may be accompanied by ectopic calcification |
| Buschke-Löwenstein tumor | giant anal condyloma |
| Cabot ring | in asplenia or malfunctional spleen, nuclear remnants on red blood cells as a thin, darkly-stained ring that follows the margin of the red cell |
| Caisson disease | decompression sickness |
| Call-Exner bodies | in granulosa cell tumors, small follicles filled with eosinophilic secretion; an important diagnostic feature |
| Calot's triangle | the area bordered by the 1 . cystic duct, 2 . common hepatic duct, 3 . lower edge of the liver; cystic artery, sometimes hepatic artery found here |
| Campbell de Morgan spots | cherry angioma |
| Canale-Smith syndrome | childhood disorder, first described in 1967, characterized by lymphadenopathy and autoimmunity; associated with mutations in Fas; implicates gene in accumulation of lymphocytes and the autoimmunity characteristic of the syndrome |
| canals of Hering | at the fringes of the portal tract, from the joining of bile canaliculi |
| canals of Lambert | direct accessory bronchioalveolar connections |
| Cantlie's line | separates the right and left lobes of the liver-a line drawn from the IVC to just left of the gallbladder fossa |
| Caplan's syndrome | coexistence of rheumatoid arthritis with a pneumoconiosis, leading to the development of distinctive pulmonary lesions that develop fairly rapidly; these nodular lesions have central necrosis surrounded by fibroblasts, macrophages, and collagen; can occur in asbestosis and silicosis |
| carcinoid triad | 1) flushing 2) diarrhea 3) right-sided heart failure (also bronchospasm) |
| Carey Coombs murmur | a blubbering apical mid diastolic murmur occurring in the acute stages of rheumatic mitral valvulitis and disappearing as the valvulitis subsides; Carey Coombs, English physician, 1879-1932 |
| Carnett's test | head raise, tenderness persists in abdominal wall condition (rectus hematoma) whereas pain due to intraperitoneal disease lessens |
| Carney syndrome | AD complex cardiac myxomas, aggressive biologic behavior, spotty pigmentation, issue with endocrine tumors |
| Caroli's disease | larger ducts of the intrahepatic biliary tree are segmentally dilated and may contain inspissated bile; pure forms are rare; this disease is usually associated with portal tract fibrosis of the congenital hepatic fibrosis type |
| Carrión's disease | see Oroya fever |
| Carvallo's sign | in tricuspid regurgitation, murmur increases with inspiration |
| Castleman's disease | benign lymphoproliferative disorder, characterized by hyperplastic lymphoid follicles with capillary proliferation |
| cat-scratch disease | tender regional lymphadenopathy persisting for 3 weeks or longer, frequently preceded by primary skin lesion after contact with kits, appears to be caused by Bartonella (formerly Rochalimaea) henslae, a small, pleomorphic gramnegative bacillus |


| Chadwick's sign | blue-red passive hyperemia of the cervix, characteristic of pregnancy |
| :---: | :---: |
| Chagas's disease | zoonosis caused by protozoan parasite Trypanosoma cruzi; causes destruction of the myenteric plexus of the esophagus, duodenum, colon, and ureter, with resultant dilatation of these structures |
| Charcot's joints | neurogenic joint degeneration, can be secondary to syphillis, peripheral neuropathy |
| Charcot's triad | in multiple sclerosis, nystagmus, intention tremor, and staccato speech (or scanning speech) |
| Charcot's triad | in 70\% of patients with bacterial cholangitis, right-upper-quadrant pain, jaundice, and fever; c.f. Reynold's pentad |
| Charcot-Leyden's crystals | crystals in the shape of elongated double pyramids, formed from eosinophils, found in the sputum in bronchial asthma and in other exudates or transudates containing eosinophils |
| Chédiak-Higashi syndrome | autosomal recessive disorder, neutropenia, defective degranulation, and delayed microbial killing. Neutrophils and other leukocytes have giant granules (can be seen on blood smears). Effect of microtubule polymerization causes delayed or decreased fusion of lysosomes with phagosomes in leukocytes and thus impairs phagocytosis of bacteria (Robbins 24) |
| Chilaiditi syndrome | when redundant loops of transverse colon slip between the liver and diaphragm and cause vovulus |
| Christmas disease | hemophilia B, deficiency in factor IX |
| Churg-Strauss syndrome | allergic angiitis and granulomatosis involvement in the lung |
| Chvostek's sign | hypocalcemia, in latent tetany, tapping the facial nerve against the bone just anterior to the ear producing ipsilateral contraction of facial muscles |
| Civatte bodies | aka colloid bodies; in lichen planus; anucleate, necrotic basal cells becoming incorporated into the inflamed papillary epidermis |
| Clara cells | cells found in the epithelium of terminal and respiratory bronchioles, devoid of cilia, present secretory granules in their apex and are known to secrete glycosoaminoglycans that probably protect the bronchiolar lining |
| clay shoveler's fracture | fracture of spinous process of C 7 |
| Clutton's joints | in congenital syphillis, symmetrical arthrosis, especially of the knee joints |
| Cockayne's syndrome | dwarfism, precociously senile appearance, pigmentary degeneration of the retina, optic atrophy, deafness, sensitivity to sunlight, and mental retardation; autosomal recessive inheritance defect in DNA repair? |
| Codman's triangle | in osteosarcoma, the triangular shadow between the cortex and raised ends of periosteum is known radiographically as Codman's triangle, and is characteristic but not diagnostic of this tumor |
| Colles's fracture | a fracture of the distal radius that occurs when persons fall with outstretched hands to try to catch themselves |
| conjoint tendon | aponeurotic attachments of the transversus abdominis to the pubic tubercle (the classic conjoining of the aponeurosis of the intenal oblique and transversus aponeurosis $<4 \%$ ) |
| Conn's syndrome | primary hyperaldosteronism, caused by an aldosterone-secreting tumor, resulting in hypertension, hypokalemia, hypernatremia, metabolic alkalosis, and low plasma renin |
| Cooley's anemia | homozygous $\beta$ thalassemia; Mediterranean anemia |
| Coombs test | direct, ability of anti-IgG or anti-C3 antisera to agglutinate the patient's red blood cells; cold reacting antibodies react with anti-C3 (mostly drug-related antibodies, IgM antibodies (generally to polysaccharide), IgG antibodies of low affinity); indirect Coombs, serum of the patient is incubated with normal red cells, though IgM antibodies may agglutinate directly |
| Cooper's hernia | hernia through the femoral canal and tracking into the scrotum or labia majus |
| Cori's disease | glycogen storage disease type III, deficiency in debranching enzyme, amylo-1,6-glucosidase, leading to variable accumulation of glycogen in the liver, heart, or skeletal muscle, characterized by stunted growth, hepatomegaly, and hypoglycemia |
| Corrigan's pulse | in aortic regurgitation, pulses are of the water-hammer or collapsing type with abrupt distension and quick collapse, can be exaggerated by raising the patient's arm |
| Councilman bodies | in apoptosis, hepatocytes that round up to form shrunken, pyknotic, and intensely eosinophilic bodies |
| Courvoisier's law | tumors that obstruct the common bile duct result in an enlarged bladder; obstructing stones do not, since the gallbladder is typically too scarred to allow enlargement; present in half of pancreatic CA |
| Cowden disease | some rare hereditary cancer on chr 10; associated with mutations in PTEN/MMAC1 |
| cri du chat | 5p-, severe mental retardation, microcephaly, catlike cry, low birth weight, hypertelorism, low-set ears, and epicanthal folds |
| Crigler-Najjar syndrome | type I, no hepatic glucoronyltransferase activity, kernicterus, requires liver transplantation; type II, moderate deficiency of glucoronyltransferase, phenobarb induces activity |
| Cronkhite-Canada syndrome | diffuse GI hamartoma polyps (i.e., no cancer potential) associated with malabsorption/weight loss, diarhea and loss of electrolytes/protein; signs include alopecia, nail atrophy, and skin pigmentation |
| Crouzon syndrome | craniosynostosis correlated in mutations with the extracellular domain of FGFR2 |
| Cruveihiler-Baumgarten bruit | bruit heard over caput medusa in portal hypertension |
| Cullen's sign | a faintly blue coloration particularly of umbilicus as the result of retroperitoneal bleeding from any cause, but especially in ruptured ectopic pregnancy; also seen in acute pancreatitis (1-2\%) |
| Curling's ulcers | stress erosions and ulcers occurring in the proximal duodenum and associated with severe burns or trauma, from ischemia of the gastric mucosa |
| Curschmann's spirals | spirally twisted masses of mucus plugs containing whirls of shed epithelium occurring in the sputum in bronchial asthma; Heinrich Curschmann, German physician, 1846-1910 |


| Cushing reaction | increase in intracranial pressure cause compression of the cerebral blood vessels and cerebral ischemia, reaction of elevation in pressure with simultaneous reduction in heart rate, respiratory slowing |
| :---: | :---: |
| Cushing's triad | signs of increased ICP 1. hypertension 2. bradycardia 3. irregular respirations |
| Cushing's ulcer | acute ulcer of the stomach, proximal duodenum, or esophagus, frequently leads to hemorrhage or perforation, associated with intracranial injury or increases in intracranial pressure, associated with gastric acid hypersecretion |
| Da Costa syndrome | neurocirculatory asthenia, pain localized typically to the cardiac apex and consists of dull, persistent ache that lasts for hours, etc. |
| Dalrymple sign | retraction of the upper eyelid in Graves's disease, causing abnormal wideness of the palpebral fissure |
| Dance's sign | empty right lower quadrant in children with ileocecal intussusception |
| Dandy-Walker syndrome | hydrocephalus resulting from failure of the foramina Luschka and Magendie to open; associated with an occipital meningocele and agenesis of the cerebellar vermis and splenium of the corpus callosum; associated with warfarin use during pregnancy |
| Dane particle | mature HBV virion, 42 nm , double-layered, genome is double-stranded circular DNA, all regions of genome encode stuff |
| Darier's sign | in mastocytosis (urticaria pigmentosa), is positive when a brown macular or a slightly papular lesion becomes a palpable wheal after being vigorously rubbed with the blunt end of an instrument such as a pen; wheal may not appear for 5-10 minutes |
| de Musset's sign | in aortic regurgitation, head bobbing |
| De Quervain's disease | a stenosing tenosynovitis of the thumb extensors and abductors |
| de Quervain's thyroiditis | subacute granulomatous thyroiditis, viral etiology suspected |
| Dejerine-Roussy syndrome | thalamic lesions causing sensory loss, spontaneous pain, and perverted cutaneous sensation described in 1906 |
| DENNIE'S LINES | in atopic dermatitis, an accentuated line or fold below the margin of the lower eyelid |
| Di Guglielmo syndrome | a non-nutritive megaloblastic anemia in which malignant red cell precursors are particularly evident |
| Diamond-Blackfan anemia | congenital pure red cell aplasia |
| Dick test | injection of erythogenic toxin of Strep. pyogenes, positive result in those lacking antitoxin |
| Dieulafoy's aneurysm | AV malformation of the stomach (around 6 cm from the gastroesophageal junction), an uncommon cause of massive GI bleeding, a large submucosal artery erodes the mucosa without any overlying ulceration or other obvious mucosal damage |
| DiGeorge syndrome | failure of 3rd and 4th pharyngeal pouches to differentiate into the thymus and parathyroid glands, facial abnormalities result primarily from abnormal development of the first arch components during formation of face and ears |
| dimple sign | in dermatofibroma, lateral compression with thumb and index finger produces a depression, or "dimple." |
| Döhle bodies | irregularly shaped greenish inclusions in neutrophil cytoplasm, consisting of ribosomes and/or rough ER and are seen in severe bacterial infections |
| Donath-Landsteiner antibody | in paroxysmal cold hemoglobinuria, an antibody associated with syphillis and viral infections, directed against the P antibody complex and can induce complement-mediated lysis; attacks precipitated by exposure to cold and are associated with hemoglobinemia and hemoglobinuria; chills and fever; back, leg, and abdominal pain; headache and malaise; recovery prompt; asymptomatic otherwise |
| Donovan bodies | in Calymmatobacterium granulomatis or granuloma inguinale, bodies characterized by multiple organisms filling large histiocytes |
| Dressler's syndrome | pericarditis, possible autoimmune etiology, found to develop 2 weeks to several months after acute MI |
| Druckrey relationship | relationship between carcinogen dose and tumor induction time: $\mathrm{dt}^{\mathrm{n}}=\mathrm{k}$ where d is the dose of carcinogen, t is latency period, n is the slope of the double log [plot of carcinogen dose versus induction time, and k is a constant |
| Dubin-Johnson syndrome | mostly conjugated hyperbilirubinemia from defect in transport of bilirubin and other organic anions across the canaliculus; other liver function tests normal; accumulation of dark pigment in liver lysosomes |
| duct of Santorini | dorsal duct of pancreas, embryologically, the biggest duct, clinically the smaller pancreatic duct |
| duct of Wirsung | embryologically confined to the ventral pancreas, becomes functionally the main pancreatic duct after duct fusion occurs; drains the bulk of pancreatic secretion through the major papilla |
| ducts of Luschka | small tubular channels found buried within the gallbladder wall adjacent to the liver, communicates with the biliary tree, rarely patent accessory bile secretory ducts |
| dumping syndrome | delivery of a large amount of hyperosmolar chyme into the small bowel, usually after vagotomy and a gastric drainage procedure, results in autonomic instability, abdominal pain, and diarrhea |
| Dunphy sign | increased pain with coughing in appendicitis |
| Dupuytren's contracture | palmar fibromatosis |
| Duroziez's sign | in aortic regurgitation, systolic murmur heard over the femoral artery when it is compressed proximally and a diastolic murmur when it is compressed distally |
| Ebstein's anomaly | malformation characterized by the downward displacement of the tricuspid valve into the right ventricle due to anomalous attachment of the tricuspid leaflets; associated with maternal exposure to Li |
| Edwards's syndrome | trisomy 18, mental retardation, prominent occiput, micrognathia, low-set ears, rocker-bottom feet, flexion deformities of the fingers, and congenital heart disease |
| Eisenmenger complex | a ventricular septal defect with right ventricular hypertrophy, severe pulmonary hypertension, and frequent straddling of the defect by a misplaced aortic root |


| Eisenmenger syndrome | cardiac failure with significant right to left shunt producing cyanosis due to higher pressure on the right side of the shunt; usually due to the Eisenmenger complex any anomalous circulatory communication that leads to obliterative pulmonary vascular disease; or maybe |
| :---: | :---: |
| Ellsworth-Howard test | for diagnosis of pseudohypoparathyroidism, can administer PTH |
| Elschnig spots | yellow (early) or hyperpigmented (late) patches of retinal pigment epithelium overlying infarcted choriocapillaris lobules in hypertensive retinopathy |
| Emery Dreifus muscular dystrophy | proximal weakness with quite pronounced muscle contractions and by severe cardiac arrhythmias which may cause sudden death |
| Epsom salts | magnesium sulfate, laxative |
| Epstein's pearls | small, white cysts along the median raphe of the hard palate |
| Epstein-Barr virus | EBV binds to CD21 found on epithelial cells and B cells; however a large number of T suppressor cells and EBV specific cells are seen as atypical lymphocytes |
| Erb palsy | C5 and C6 nerve roots |
| Erlenmeyer's flask deformity | seen in osteopetrosis, where the ends of long bones are bulbous |
| erythroplasia of Queyrat | carcinoma in situ of the glans penis Auguste Queyrat, French dermatologist, born 1872 |
| Evan's syndrome | ITP and immunohemolytic anemia |
| EWART'S SIGN | in large pericardial effusion, dullness to percussion of the left lung over the angle of the scapula may occur; due to compressive atelectasis by the large pericardial sac |
| Ewing's sarcoma | onion skinning |
| facies Hippocratica | the mask of death following peritonitis, i.e. as a result of vomiting and depressed circulation, the face becomes pinched and anxious, the cheeks hollow, and the eyes dim and beringed with dark circles |
| factor V Leiden | $\operatorname{Arg}(506) \varnothing$ Gln, results in resistance to cleavage by activated protein C (an anticoagulant), found in $20 \%$ of patients with venous thromboembolism, $6 \%$ of U.S. population |
| Fanconi's anemia | autosomal recessive, predisposal to aplastic anemia, progressive bone failure at age 5-7, congenital malformations |
| Fanconi's syndrome | generalized dysfunction of proximal renal tubule leading to glycosuria, hyperphosphaturia, hypophasphatemia, aminoaciduria, and systemic acidosis; may be associated with out-dated tetracyclines |
| farmer's skin | cutis rhomboidalis nuchae |
| Felty's syndrome | the combined features of rheumatoid arthritis, splenomegaly, and neutropenia, and leg ulcers; associated with HLA-DR; |
| Ferguson's reflex | anesthesia in ob, interruption of oxytocin release in response to cervical dilatation may cause uterine inhibition |
| fifth disease | erythema infectiosum, associated with parvovirus B19 infection, characterized by "slapped cheeks" and erythematous lacy eruption on the trunk and extremities; other 4 childhood rash diseases: measles, rubella, scarlet fever, and roseola (herpesvirus VI) |
| Fisher's syndrome | ataxia with ophthalmoplegia and areflexia; a form of polyneuroradiculitis |
| Fitz-Hugh-Curtis syndrome | associated with spread of gonococci or chlamydiae: perihepatitis manifested by right upper quadrant or bilateral upper abdominal pain and tenderness and occasionally by a hepatic friction rib |
| foramen of Magendie | midline foramen exiting out of fourth ventricle |
| foramen of Winslow | anteior portal triad; posterior IVC and right crus of diaphragm; superior caduate lobe; inferior superior part of duodenum, portal triad |
| foramina of Luschka | two laterally placed foramens exiting out of fourth ventricle |
| foramina of Monro | connects each of the lateral ventricles with the third ventricle |
| Foster Kennedy syndrome | optic atrophy, contralateral papilledema, and anosmia; may be associated with olfactory groove meningioma |
| Fothergill's sign | in rectus sheath hematomas, tender mass that does not cross the midline and remains palpable when patient tenses the rectus muscle (bluish discoloration not usualy seen until 3 or 4 days) |
| Fox's sign | in hemorrhagic pancreatitis, ecchymosis of the inguinal ligament due to blood tracking from the retroperitoneum and collecting at the inguinal ligament |
| Franklin's disease | gamma heavy chain disease, characterized by LAD, fever, anemia, malaise, HSM, and weakness, most distinctive symptom palatal edema |
| Freidreich's foot | seen in Freidreich6s ataxia, pes cavus with hammer toe |
| Friedreich's ataxia | a spinocerebellar degeneration, AR manifesting at 11 years, a less common AD 20 years; initial symptoms, gait ataxia, hand clumsiness, dysarthria, DTRs absent (extensor plantar present), joint position and vibratory sense impaired, sometimes loss of pain and temperature, paralyzed over course of 20 years, high incidence of diabetes and hypertrophic cardiomyopathy (dilated less common) and arrhythmias |
| Froment's sign | dx of ulnar nerve lesion; caused by flexor pollicus longus (median nerve) which comes into action when the patient attempts to grip a flat object between the thumb and the hand, and causes flexion at the interphalangeal joint |
| Gaisböck's syndrome | stress polycythemia, combination of modest elevation in hematocrit and normal red cell mass; unknown etiology, seen in hard-driving middle-aged males, usually smokers, who in addition tend to be overweight and hypertensive |
| Galeazzi fracture | fracture of the radius at the junction of the middle and distal thirds accompanied by disruption of the distal radioulnar joint |
| Gallavardin effect | midsystolic murmur of AS may be well transmitted to the apex, especially in older patients where it becomes harsh and slightly higher pitched, the so-called Gallavardin effect |


| Gallivardin's phenomenon | systolic ejection murmor in aortic stenosis best heard in aortic area, often disappears over sternum, reappears in apical area, mimicking mitral regurgitation |
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| Gandy-Gamna nodules | in congestive splenomegaly, organization of focal hemorrhages giving rise to foci of fibrosis containing deposits of iron and calcium salts encrusted on connective tissue and elastic fibers |
| Gardner's syndrome | familial adenomatous polyposis (now realized all patients with FAP have extraintestinal manifestations), exhibiting intestinal polyps identical to those in FAP combined with 1. sebaceous cysts, 2. osteomas (particularly of the mandible, skull, and long bones), 3. desmoid tumors; mutation in adenomatous polyposis coli (APC) gene in 5q |
| gastrinoma triangle | a triangle where more than $90 \%$ of extrapancreatic gastrinomas are located bordered by 1 . Third portion of duodenum, 2 . Cystic duct, 3. Pancreatic neck |
| Gaucher's disease | AR, mutations in glucocerebrosidase gene on 1q21, enzyme cleaves glucose residue from ceramide; type I, chronic nonneuronopathic form, splenic and skeletal involvement |
| Gerota's fascia | fascia surrounding the kidney |
| Gerstmann-StrausslerScheinker syndrome | slow central nervous system disease with same mutation, point mutation in codon 102 of prion protein as CJD |
| Ghon lesion | primary area of tuberculosis infection |
| Gibbs-Donnan equilibrium | in RBCs, biocarbonate ions diffusing out and chloride diffusing in |
| Gilbert's syndrome | with the exception of hemolytic anemias, most common cause of mild unconjugated hyperbilirubinemia from mild decrease glucoronyltransferase activity, responds to phenobarbital, affects up to $7 \%$ of population |
| glands of Montgomery | sebaceous glands of areola |
| Glanzmann's thrombasthenia | Gp IIb/IIIa receptor for fibrinogen missing |
| Glauber's salt | sodium sulfate, laxative |
| Glisson's capsule | liver capsule |
| glycogen storage diseases | type I, von Gierke's disease type II, Pompe's disease type III, Cori's disease type V, McAdle's syndrome |
| Goetz sign | in PDA, jet of unopacified blood from aorta into opacified blood of pulmonary artery |
| Goldie-Coldman hypothesis | malignant cells likely to acquire spontaneous resistance to cytotoxic drugs as they progressively grow and divide, even without any exposure to those drugs |
| Goodpasture's syndrome | glomerulonephritis characterized by linear deposits of antibody along the glomerular basement membrane, antibodies interact with alveolar wall, leads to pulmonary hemorrhage and pulmonary fibrosis; Goodpasture antigen, resides in the noncollagenous portion of the $\alpha_{3}$ chain of collagen type IV; high prevalence of DRW15/DQW6 |
| Goodsall's rule | anal fistulae course in a straight path anteriorly and take a curved path posteriorly |
| Gorham-Stout disease | vanishing or disappearing bone disease; IL-6 has pathogenetic role |
| Gottron's papules | violaceous papules over knuckle prominences found in dermatomyositis |
| Gower's maneuver | Duchenne's muscular dystrophy, patient using hands to help himself get up |
| Grey Turner's sign | local areas of discoloration about the umbilicus and particularly in the region of the *loins*, in acute hemorrhagic pancreatitis (1-2\%) and other causes of retroperitoneal hemorrhage |
| Griffith's sign | in thyrotoxicosis, lag of the lower lids during elevation of the globes |
| Grotton's lesions | in dermatomyositis, scaling erythematous eruption or dark red patches over the knuckles, elbows, knees |
| Gunn's sign | tapering of veins on either side of AV crossing in hypertensive retinopathy (grade 3); c.f. Salus's sign and Bonnet's sign |
| Gunther's disease | AR congenital erythropoietic porphyria from decreased URO synthase activity, hemolytic anemia, cutaneous lesions |
| Guthrie test | for dx of PKU, a bacterial assay for phenylalanine |
| Hailey-Hailey disease | benign familial chronic pemphigus |
| Haldane effect | deoxygenated hemoglobin having a greater affinity for CO2 than oxygenated hemoglobin |
| Ham's test | for diagnosing paroxysmal nocturnal hemoglobinuria, uses increased sensitivity of PNH-affected RBCs to lysis by complement; introduced in late 1930's |
| Hamman's sign | mediastinal crunch is a series of precordial crackles synchronous with the heart beat, not with respiration. Best heard in the left lateral position, it is due to mediastinal emphysema (pseudomediastinum), seen with Boerhaave's syndrome |
| Hamman-Rich syndrome | idiopathic pulmonary fibrosis; immune complex disease with progressive fibrosis of the alveolar wall |
| Hampton's hump | pulmonary infarction is classically described as wedge-shaped infiltrate that abuts the pleura; often associated with a small pleura effusion that is usually exudative and may be hemorrhagic; not specific |
| Hampton's line | radiolucent collar of granulation tissue across the base of an ulcer |
| Hand-Schüller-Christian triad | in multifocal Langerhans' cell histiocytosis, triad of calvarial bone defects, diabetes insipidus, and exophthalmos |
| hangman's fracture | fracture of pars interarticularis of C2, hyperextension injury |
| Hansen's stain | special stain used to detect eosinophiluria on the urine sediment |
| Harrison's groove | during active rickets, the protuberant rachitic abdomen pushes the plastic lower ribs outward on a fulcrum formed by the costal attachments of the diaphragm; the line of bending forms a groove or sulcus in the rib cage |
| Hartnup disease | an autosomal recessive disorder in which there is a reduction of small-intestinal and renal transport of certain neutral amino acids, including (trp, a precursor of niacin), causing elevated amino acid excretion in urine and feces |


| Hashimoto's thyroiditis | first described in 1920, goitrous chronic autoimmune thyroiditis; in areas with sufficient iodine, elevated TSH is often viewed as evidence of chronic autoimmune thyroiditis as well as antithyroid antibodies; antithyroglobulin antibodies in $60 \%$ of patients and antithryoid microsomal antibodies in $95 \%$ |
| :---: | :---: |
| Hatchcock's sign | upward pressure applied to the angle of the mandible (ramus) produces tenderness with mumps but no tenderness with adenitis |
| Hawthorne effect | the effect (usually positive or beneficial) of being under study, upon the persons being studied; their knowledge of the study often influences behavior [city in Illinois; site of the Western Electric plant] |
| Heberden's nodes | characteristic in women, but not in men, represent prominent osteophytes at the distal interphalangeal joints in OA (enlargments of tubercles at the articular extremities of the distal phalanges |
| Heerfordt-Waldenström syndrome | sarcoidosis associated with fever, parotid enlargement, anterior uveitis, and facial nerve palsy |
| Heineke-Mukulicz pyloroplasty | longitudinal incision through all layers of the pylorus, sewed closed in a transverse direction to make the pylorus nonfunctional (used after truncal vagotom) |
| Heinz bodies | seen in unstable hemoglobin and oxidant stress; precipitates of denatured hemoglobin on red blood cells; *only visible* when blood is supravital stained (crystal violet); not seen on routine blood smears |
| hemoglobin Bart's | four $\gamma$ globin chains, seen in hydrops fetalis ( $\alpha$ thalassemia), very high oxygen affinity |
| hemoglobin Lepore | no $\beta$ chain; $\delta$ chain by $\delta$ - $\beta$ hybrid |
| hemoglobin Portland | $\zeta_{2} \gamma_{2}$ |
| Henoch-Schönlein purpura | systemic hypersensitivity disease of unknown cause characterized by purpuric rash, colicky abdominal pain (presumably due to focal hemorrhages into the GI tract), polyarthralgia, and acute glomerulonephritis; may result from deposition of circulating immune complexes within stuff; hypersensitivity purpura, etiology group A streptococci |
| Hering's nerve | carotid sinus nerve, CN IX, carries information to the vasomotor center in the brainstem |
| Hering-Breuer reflex | stretch receptor (in smooth muscle of airways) reflex, responsible for apnea, i.e. decreased breathing frequency, as a result of lung inflation |
| Herlitz syndrome | epidermolysis bullosa lethalis; mutation that prevents the folding of laminin 5 Gillis Herlitz, Swedish pediatrician, born 1902 |
| Hesselbach's triangle | where direct inguinal hernias occur, bound by the inguinal ligament, inferior epigastric a., and rectus abdominus muscle |
| Hill's sign | in aortic regurgitation, refers to popliteal cuff systolic pressure exceeding brachial cuff pressure by more than 60 mm Hg |
| Hippocratic fingers | clubbing |
| Hirano bodies | in Alzheimer's, intracytoplasmic proximal dendritic eosinophilic inclusions consisting of actin |
| Hirschprung's disease | megacolon; congenital disorder characterized by colonic dilatation proximal to an aganglionic, contracted distal colon and rectum; caused by gestational failure of neural crest cells to migrate to distal colon; an AD form has been reported with mutations of the RET gene, and an AR form with mutation of the endothelin-B-receptor gene |
| Hoffman sign | thumb adduction in response to flexion of the distal phalanx of the third digit, an example of abnormal upper limb reflex caused by *damage to the descending cortical fibers* |
| Hollenhorst plaques | cholesterol emboli visible as small bright flecks lodged in arterial bifurcations in retina |
| Holmes-Adie syndrome | Adie's pupil, frequently affects young women, benign familial disorder that may be associated with depressed DTRs (especially in legs), segmental anhidrosis, orthostatic hypotension, or cardiovascular autonomic instability, may be caused by degeneration of ciliary ganglion, followed by aberrant reinnervation of the pupilloconstrictor muscles |
| Homan's sign | deep thrombi in the larger outflow veins, causing edema of the foot and ankle and producing pain and tenderness on compression of the calf muscles (by either squeezing the calf muscles or forced dorsiflexion of the foot) |
| Hoover's sign | a modification in the movement of the costal margins during respiration, caused by a flattening of the diaphragm; suggestive of empyema or other intrathoracic condition causing a change in the contour of the diaphragm |
| Horner's syndrome | enophthalmos, ptosis, miosis, and anhidrosis, unilateral; small (miotic) pupil associated with mild ptosis (of the upper lid, not as pronounced as with oculomotor lesions) and sometimes loss of sweating (anhidrosis); if present since infancy, the ipsilateral iris is lighter and blue (heterochromia iridis); topical 4\% cocaine will dilate normal pupil but not a desympathectomized pupil |
| Howell-Jolly body | in asplenia or malfunctional spleen, *nuclear remnants* on red blood cells as small, round, darkly-stained nuclear fragments; no special stains necessary; may be seen in $30-50 \%$ of adults but not in children with untreated celiac sprue |
| Howship's lacunae | resorption pits on bone formed by osteoclasts |
| Howship-Romberg sign | pain along the inner aspect of the thigh; seen with an obturator hernia due to nerve compression |
| Hurler's syndrome | AR mucopolysaccharidosis that is caused by deficiency of $\alpha$-L-iduronidase, with consequent accumulations of the mucopolysaccharides heparan sulfate and dermatan sulfate in the heart, brain, liver, and other organs; progressive deterioration, hepatosplenomegaly, dwarfism, gargoyle-like facies, stubby fingers, corneal clouding, progressive mental retardation, and death by age 10 |
| Hürthle cells | in Hashimoto's thyroiditis, deeply stained colloid or clusters of these oncocytes having an abundant, brightly eosinophilic granular cytoplasm, thought to represent a degenerated state of the follicular epithelium |
| Hutchinson freckle | lentigo maligna, a nonfamilial precursor to lentigo maligna melanoma |
| Hutchinson's teeth | smaller and more widely spaced than normal and are notched on their biting surfaces; sign of congenital syphillis |
| Hutchinson-Guilford syndrome | aka progeria a condition in which the normal development of the first year is followed by gross retardation of growth, with a senile appearance characterized by dry wrinkled skin, total alopecia, and bird-like facies; genetics unclear |


| Imerslund-Grösbeck syndrome | an autosomal recessive condition where transport inward of cobalamin from ileal receptors is faulty; associated with megaloblastic anemia, proteinuria, renal tubular defects, and various congenital abnormalities of the renal pelvis and ureter |
| :---: | :---: |
| infarct of Zahn | in occlusion of an intrahepatic branch of portal vein, sharply demarcated area of red-blue discoloration, not infarct, not necrosis, only marked stasis in distended sinusoids, with secondary hepatocellular atrophy |
| Irish's node | left axillary adenopathy associated with metastatic disease, e.g. gastric CA |
| Isaacs's syndrome | continuous muscle stiffness, rippling muscle movements (myokymia), delayed relaxation following muscle contraction |
| Ito cells | vitamin A fat-storage cells, of mesenchymal origin found in the space of Disse; during development of cirrhosis, they become activated, transform into fibroblast-like cells |
| Jaccoud's arthritis | in SLE, ulnar deviation of the fingers, swan neck deformities, and subluxations, initially reversible but can become fixed |
| Jackson-Weiss syndrome | craniosynostoses as well as limb defects, mutations if FGFR2, broad great toes |
| Janeway lesions | in infective endocarditis; nonpainful, small, erythematous or hemorrhagic macules or nodules of palms or soles; more common in acute bacterial endocarditis but occur in subacute bacterial endocarditis |
| Jansen metaphyseal chondrodysplasia | an autosomal dominant form of dwarfism resulting from an activating mutation in the PTHrP receptor, premature ossification from acceleration of the transition from proliferative to hypertrophic chondrocytes |
| Jarisch-Herxheimer reaction | sudden fevers, rigors, and persistent hypotension following antimicrobial treatment of louse-borne relapsing fever (Borrelia recurrentis (spirochete) infection) or syphilis; treatment with anti-TNF- $\alpha$ Fab before penicillin suppresses this reaction (NEJM 335:311) |
| Jod-Basedow phenomenon | thyroid hyperfunction induced by excess iodine ingestion in patients with various thyroid disorders; Jod German for iodine; K. A. Von Basedow |
| Joffroy sign | in thyrotoxicosis, absence of forehead wrinkling with upward gaze, the head being tilted down; disorder of the arithmetic faculty in the early stages of organic brain disease |
| Jolly test | good test for distinguishing between Lambert-Eton syndrome and myasthenia gravis. Friedrich Jolly, German neurologist, 1844-1904 |
| Jones's fracture | fracture at the base of the fifth metatarsal diaphysis |
| Kallman's syndrome | anosmia; hypogonadotropic hypogonadism stemming from failure of LHRH-expressing neurons to migrate, etc. |
| Kanavel's sign | four signs of tenosynovitis: 1. affected finger held in slight flexion; 2. pain over volar aspect of affected finger tendon upon palpation; 3. swelling of affected finger; 4. pain on passive extension of affected figner |
| Kartagener's syndrome | a triad of sinusitis, bronchiectasis, and situs inversus; also associated with ciliary dysfunction; Manes Kartagener, Swiss physician, 1897-1975 |
| Kasabach-Merritt syndrome | capillary hemangioma associated with thrombocytopenic purpura and extensive and progressively enlarging vascular malformations which may involve large portions of their extremities; bleeding commonly develops in the first year of life, secondary to chronic DIC triggered by stagnant blood flow through the tortuous abnormal vessels; anemia caused by red cell damage as blood passes through deformed vessels of the tumor |
| Kawasaki's disease | acute febrile illness of infants and children, characterized by cutaneous and mucosal erythema and edema with subsequent desquamation, cervical lymphadenitis, and complicated by coronary artery aneurysms (20\%) |
| Kayser-Fleischer rings | a greenish yellow pigmented ring encircling the cornea just within the corneoscleral margin, seen in hepatolenticular degeneration, due to copper deposited in Desçemet's membrane (posterior limiting layer of cornea); seen in *Wilson's disease* (with neurologic involvement) and other cholestatic hepatic diseases |
| Kearns Sayre syndrome | a mitochondrial disease, salient features are progressive opthalmoplegia with retinal pigmentation degeneration and heart block |
| Kehr's sign | pain in the left shoulder associated with splenic rupture |
| Kelly's sign | visible peristalsis of the ureter in response to squeezing or retraction; used to identify the ureter during surgery |
| Kerckring's valves | plicae circulares (lining of small intestine) |
| Kerley B lines | a radiographic evidence of pulmonary venous hypertension, horizontal linear opacities on chest radiograph often found in the periphery due to separation of the interlobular space, as seen in pulmonary edema or fibrosis, reflecting thickening of, or fluid in, lymphatic vessels in interlobular septae, a consequence of interstitial edema; also seen in lymphangitic spread of malignancies |
| Kernig sign | flex patient's leg at both hip and knee, and then straighten knee; positive sign-pain and increased resistance to extending knee $\varnothing$ suggests meningeal irritation |
| Kernohan notch | tentorial edge, pressure against seen in uncal herniation |
| Kiesselbach's plexus | vascular plexus on the anterior nasal septum, bleeding from, leads to most common form of epistaxis |
| Kikuchi's disease | histiocytic necrotizing lymphadenitis, characterized by cervical lymphadenopathy with tenderness, fever, and night sweats |
| Kimmelstiel-Wilson disease | intercapillary glomerulosclerosis from diabetes; lesion is PAS-positive material deposited at periphery of glomerular tufts |
| Klatskin tumors | tumors arising from the part of the common bile duct between the cystic duct junction and the confluence of the right and left hepatic ducts at the liver hilus; notable for their slow growing behavior, marked sclerosing characteristics, and the infrequent occurrence of distal metastases |
| Kleihauer-Betke test | testing for the presence of fetal blood cells in maternal circ |


| Kleine-Levin syndrome | a rare form of periodic hypersomnia associated with bulimia, occurring in males aged 10 to 25 years, characterized by periods of ravenous appetite alternating with prolonged sleep (as long as 18 hours), along with behavioral disturbances, impaired thought processes, and hallucinations; acute illness or fatigue may precede an episode, which may occur as often as several times a year |
| :---: | :---: |
| Klumpke palsy | C8-T2 nerve roots |
| Klüver-Bucy syndrome | 1937 bilateral removal of temporal lobe (including amygdala and hippocampal formation) in monkeys, animals became tame, showed a flattening of emotions, exhibited remarkable oral tendencies (they put all manner of objects into their mouths), enormous increase in sexual behavior, including mounting of inappropriate objects and species, compulsive tendency to react to every object, failed to recognize familiar objects |
| Koebner's phenomenon | referring to physical trauma (rubbing or scratching) as a major factor in eliciting *psoriasis lesions*; also depigmented, sharply demarcated papules in vitiligo following minor trauma; may also be seen in *lichen planus* |
| Köhler's bone disease | aseptic necrosis of the navicular bone |
| koilocyte | characteristic cytoplasmic vacuole, hallmark of infection by papillomavirus |
| Koplik's spots | pathognomonic exanthem in measles |
| Korotkoff sounds | sounds heard in between systolic and diastolic pressure; origin related to the spurt of blood passing under the cuff and meeting a static column of blood |
| Korsakoff's syndrome | profound memory loss; mammillary bodies as well as portions of medial thalamus believed to be destroyed from thiamine deficiency accompanying alcoholism |
| Kostmann syndrome | inherited neutropenia, responds to G-CSF, may be due to environmental insults in bone marrow, characterized typically by a granulopoeisis impairment at the promyelocyte stage |
| Krukenberg's tumor | metastatic GI neoplasia to the ovaries, produces bilateral metastases of mucin-producing, signet-ring cancer cells, most often of gastric origin |
| Kübler-Ross dying stages | denial, anger, bargaining, grieving, acceptance |
| Kulchitsky's cells | neuroendocrine argentaffin cells present along the bronchial epithelium, particularly in the fetus and neonate; small cell carcinoma has granules similar to Kulchitsky's cells |
| Kussmaul's respiration | paroxysmal air hunger, associated with acidosis, especially DKA |
| Kussmaul's sign | in constrictive pericarditis, jugular vein becomes more distended during inspiration (normally, jugular venous pressure decreases with inspiration since blood drains into heart with inspiration); though most common contemporary cause is severe right-sided heart failure (JAMA 1996: 275:632); generally negative in cardiac tamponade |
| Kveim test | an intradermal test for the detection of *sarcoidosis*, done by injecting Kveim antigen (a saline suspension of human sarcoid tissue prepared from the spleen of an individual with active sarcoidosis) and examining skin biopsies after 3 and 6 weeks; positive test, a noncaseating granulomnatous reaction; sensitivity $35-88 \%$, specificity $75-99 \%$ Morton A. Kveim, Norweigian physician, born 1892 |
| Laennec's cirrhosis | in alcoholic cirrhosis, residual parenchymal nodules that protrude like "hobnails" from the surface of the liver |
| Laplace's law | wall tension = pressure x radius (thus colon perforates preferentially at the cecum because of the increased radius and resultant increased wall tension) |
| Laron dwarfism | autosomal recessive, growth hormone receptor defects, low IGF-1 levels |
| Lasègue's sign | when patient is supine with hip flexed, dorsiflexion of ankle causing pain or muscle spasm in the posterior thigh indicates lumbar root or sciatic nerve irritation |
| Laurence-Moon-Biedl syndrome | obesity, retinitis pigmentosa, metal retardation, skull deformities, polydactyly, and syndactyly |
| Legg-Calvé-Perthes disease | self-limiting hip disorder of children, 4-8 y.o. (M:F 8:1) involving vascular compromise of the capital femoral epiphysis; perhaps some aseptic necrosis action too |
| Leiner's disease | seborrheic erythroderma associated with diarrhea and failure to thrive and to generate C5a chemotactic factor |
| leprechaunism | 1 in 4 million births, associated with elfin-like facies, decreased subcu adipose tissue, acanthosis nigricans, and growth retardation, failure to thrive, and early death, insulin resistance |
| Leriche's syndrome | aortoiliac occlusive disease producing distal ischemic symptoms and signs, e.g. pulseless femoral artery: 1. claudication of buttocks, 2 . impotence, 3. atrophy of buttocks (seen with iliac occlusive disease) |
| Lesch-Nyan syndrome | a complete lack of hypoxanthine guanine phosphoribosyl transferase (HGPRT, involved in salvage pathway in purine synthesis), X-linked, hyperuricemia, severe neurologic deficits with mental retardation, self-mutilation, and in some cases gouty arthritis |
| Leser-Trélat sign | the sudden appearance and rapid increase in the number and size of seborrheic keratoses with pruritus; associated with internal malignancy |
| Letterer-Siwe disease | acute disseminated Langerhans' cell histocytosis; associated with development of cutaneous lesions that resemble a seborrheic eruption secondary to infiltrations of Langerhans' histocytes over the front and back of the trunk and on the scalp; concurrent hepatosplenomegaly, lymphadenopathy, pulmonary lesions, and eventually destructive osteolytic bone lesions |
| Levine's sign | when describing angina, defining the constricting discomfort with a clenched fist over sternum; q.v. angina for sens and spec; Samuel A. Levine, U.S. cardiologist, 1891-1966; designated hand movements $80 \%$ sens $49 \%$ spec; Levine sign itself $14 \%$ sens for cardiac pain (BMJ 1995;311:1660) |
| Lewy bodies | eosinophilic intracytoplasmic bodies in neurons of substantia nigra and locus ceruleus present in Parkinson's disease |
| Lhermitte's sign | sudden electric-like shocks extending down the spine on flexing the head; may result from toxic effects of radiation; (may be found in vitamin $\mathrm{B}_{6}$ toxicity); (may be found in vitamin $\mathrm{B}_{12}$ deficiency) |

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| Libman-Sacks disease | in systemic lupus erythematosus, intense mitral and tricuspid valvulitis with development of small, sterile vegetations |
| :---: | :---: |
| Li-Fraumeni syndrome | mutant p53 allele inherited, predisposition toward breast carcinomas, sarcomas, and brain tumors |
| ligament of Trietz | the suspensory muscle of the duodenum which supports the duodenojejunal flexure |
| lines of Zahn | thrombi formed within a cardiac chamber or the aorta, may have apparent laminations, produced by alternating layers of paler platelets admixed with some fibrin, separated by darker layers containing more red cells |
| Lisch nodules | in type I neurofibromatosis, pigmented iris hamartomas |
| Lissauer's tract | small diameter primary sensory axons (presumably mediating pain and temperature senses) on their way into the dorsal horn |
| Littre's hernia | hernia involving a Meckel's diverticulum |
| Löffler's syndrome | simple pulmonary eosinophilia, characterized by transient pulmonary lesions, eosinophilia in the blood, and a benign clinical course; lungs show alveoli whose septa are thickened by an infiltrate composed of eosinophils and occasional interspersed giant cells, but there is no vasculitis, fibrosis, or necrosis; associated with ascaris, strongyloides |
| Löfgren's syndrome | sarcoidosis associated with erythema nodosum and fever and transient arthritis, bilateral hilar adenopathy; 10-15\% of sarcoidosis present this way |
| Looser's zones | radiolucent narrow lines that lie either at right angles or obliquely to the cortical outlines of bones and often transect them; bilateral and symmetric, found at the axillary margins of the scapula, lower ribs, neck of the proximal femurs, and posterior regions of the proximal ulnas; related either to stress fractures or to mechanical erosion by penetrating nutrient arteries; aka Milkman's fractures |
| Lovibond's angle | the angle made by the proximal nail fold and the nail plate |
| Löwenstein-Jensen's medium | for growing out M. tuberculosis; contains malachite green, a triphenlyamine die like crystal violent, inhibits growth of unwanted organisms during 6 week incubation period as well as complex nutrients |
| Lown-Ganong-Levine syndrome | enhanced AV node pathways |
| Ludwig's angina | aggressive infectious process of the submandibular, sublingual, and submental fascial spaces frequently occuring as a result of infection from $2^{\text {nd }}$ and $3^{\text {rd }}$ lower molar; $54 \%$ mortality in preantibiotic era, now $4 \%$ described in 1836 by Wilhelm Frederick von Ludwig |
| Lugol's solution | iodine and KI |
| Lund's node | lymph node found in Calot's triangle, aka Calot's node |
| Lutembacher's syndrome | atrial septal defect with mitral stenosis; though mitral stenosis is often of rheumatic origin |
| Lynch syndrome I | AD produces multiple colon cnacers 2 to 3 decades earlier, predilection for proximal colon; Lynch syndromes most common forms of familial colon cancer, $5-10 \%$ of all cases of colon cancer |
| Lynch syndrome II | cancer family syndrome, all features of Lynch I with early onset of carcinoma at other sites including endometrium, ovaries, and stomach |
| MacCallum's plaques | irregular thickenings, usually in the left atrium, from subendocardial lesions, usually exacerbated by regurgitant jets |
| Maffucci's syndrome | endochondromatosis associated with soft tissue hemangiomas; associated with ovarian carcinomas and brain gliomas; essentially Ollier's disease with hemangiomas |
| Mallory body | "alcoholic hyalin," an eosinophilic intracytoplasmic inclusion in liver cells that is characteristic of alcoholic liver disease but seen in many other conditions as well (e.g., primary biliary cirrhosis, Wilson's disease, chronic cholestatic syndromes, focal nodular hyperplasia, and hepatocellular carcinoma); inclusions composed largely of intermediate filaments of prekeratin |
| Mallory-Weiss tears | small defects in gastroesophageal junction, from violent retching and beef with alcoholic gastritis, can bleed like crazy, $87 \%$ occur below gastroesophageal junction; bleeding stops $90 \%$ without intervention |
| Malta fever | brucellosis |
| Maltese cross | fat droplets in urine |
| Marcus Gunn pupil | afferent pupillary defect, pupil dilates instead of constricts because of optic nerve defect |
| Marie-Strümpell disease | refers to ankylosing spondylitis in Europe |
| Marjolin's ulcer | squamous cell carcinoma ulceration overlying chronic osteomyelitis or burn scar |
| Markle sign | jar tenderness in abdomen from heel drop as a localizing sign of peritoneal irritation; described in 1973 |
| Mayer-Rokitansky-KüsterHauser syndrome | absence of vagina from abnormality of müllerian development |
| May-Hegglin anomaly | neutrophils with large pale blue inclusions resembling Döhle bodies, giant platelets; rare AD asymptomatic trait |
| Mazzotti reaction | reaction to proteins released by dying onchocerca, including fevers, rashes, ocular damage, joint and muscle pain, and lymphangitis as well as hypotension, pyrexia, respiratory distress, and prostration |
| McArdle's syndrome | glycogen storage disease V, deficiency in muscle phosphorylase, with consequent glycogen accumulation in skeletal muscle, produces painful muscle cramps and muscle weakness following exercise |
| McBurney's point | one-third the distance from the ASIS to the umbilicus |
| McBurney's sign | tenderness at McBurney's point in appendicitis |
| McCune-Albright syndrome | triad of irregular café au lait spots, fibrous dysplasia of long bones with cysts, and precocious puberty |
| Means-Lerman scratch | in hyperdynamic heart (as in hyperthyroidism), a systolic scratch occasionally heard in the second left intercostal space during expiration, presumed to be secondary to rubbing together of normal pleural and pericardial surfaces |

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| Meckel scan | ${ }^{99} \mathrm{Tc}$ pertechnetate scan that selectively tags acid secreting cells (gastric mucosa); it is used most often for unexplained bleeding in infants and young adults |
| :---: | :---: |
| Meckel's cartilage | branchial arch 1 |
| Meckel's diverticulum | persistence of vitelline duct, contains all 3 layers of bowel (mucosa, submucosa, muscularis propria), antimesenteric, present in $2 \%$ of population, usually within 30 cm of ileocecal valve; the five 2 s : 2 " long, 2 feet from ileocecal valve, $2 \%$ of population, commonly persists in first 2 years of life, may have 2 types of epithelia |
| Mees's lines | horizontal white bands of the nails seen in chronic arsenical poisoning, and occasionally in leprosy; R.A. Mees, 20th century Dutch physician |
| Meigs's syndrome | unusual combination of hydrothorax, ascites, and ovarian fibroma |
| Meissner's plexus | submucous plexus; innervates glandular epithelium, muscularis mucosa, intestinal endocrine cells, and submucosal blood vessels <br> USMLE Downloads |
| Mendelson's syndrome | chemical pneumonitis after aspiration of gastric contents |
| Ménétrier's disease | giant cerebriform enlargement of the rugal folds of the gastric mucosa, results from profound hyperplasia of the surface mucous cells with accompanying glandular atrophy, most often encountered in men (3:1), 40s-60s, sometimes in children, may produce epigastric discomfort, weight loss, and sometimes bleeding related to superficial rugal erosions, gastric secretions mostly mucous, little HCl , may be sufficient protein loss to produce hypoalbuminemia |
| Méniere's disease | 1. fluctuating sensorineural loss, classically involving the low frequencies; 2. Vertiginous episodes; 3. Aural pressure; 4. Tinnitus that is most frequently described roaring; pathologic changes are said to consist of a dilation of the endolymphatic system that leads to a degeneration of the delicate vestibular and cochlear hair cells |
| Menke's disease | X-linked, problem in the distribution of copper in the body, amount of copper and ceruloplasmin in serum reduced, excess of copper in intestinal mucosa, muscle, spleen, and kidney; usually fatal by age 3 |
| Metzer index | MCV/RBC ratio; >13 iron def, < 13 thalassemia |
| Meyer's loop | a portion of the optic radiations subserving vision from the superior field coursing rostrally within the temporal lobe before heading caudally to the primary visual cortex; lesions produce contralatteral upper quarantanopia (pie in the sky) |
| Mikulicz's syndrome | bilateral inflammatory enlargement of the parotid, submaxillary, and sublingual, and lacrimal glands and xerostomia, secondary to sarcoid, leukemia, lymphoma, etc. |
| Milkman's fractures | In osteomalacia, radiolucent narrow lines that lie either at right angles or obliquely to the cortical outlines of bones and often transect them; bilateral and symmetric, found at the axillary margins of the scapula, lower ribs, neck of the proximal femurs, and posterior regions of the proximal ulnas; related either to stress fractures or to mechanical erosion by penetrating nutrient arteries; aka Looser's zones |
| Mirrizi's syndrome | extrinsic obstruction of the common bile duct from a cystic duct gallstone |
| mitral facies | malar flush with pinched and blue facies in mitral stenosis |
| Möbius syndrome | congenital facial paralysis with or without limb defects associated with misoprostol use |
| Modigliani syndrome | thyroid in normal position but people with long curving necks enhance prominence and palpation of thyroid |
| Mönckeberg's arteriosclerosis | ring-like calcifications within the media of medium-sized to small muscular arteries (femoral, tibial, radial, and ulnar arteries, genital arteries), occurs almost exclusively in individuals over 50 years old; doesn't narrow lumen, distinct from atherosclerosis |
| Mondor's disease | thrombophlebitis of superficial breast veins |
| Monge's disease | chronic mountain sickness, loss of high altitude tolerance after prolonged exposure, characterized by extreme polycythemia, exaggerated hypoxemia, and reduced mental and physical capacity; relieved by descent |
| Monsel's solution | ferric subsulfate |
| Monteggia fracture | fracture of the proximal third of the ulna with a dislocation of radial head |
| Mooren corneal ulcers | chronic, painful ulcers, involves circumference of peripheral cornea and may progress to vision loss; associated with hep C |
| Morgagni's hernia | anterior parasternal diaphragmatic hernia, right more common than left |
| Morrison's pouch | hepatorenal recess; the most posterior cavity in the peritoneal cavity |
| Mucha-Habermann disease | pityriasis lichenoides et varioliformis acuta, scattered necrotic papules and vesicles that can resemble insect bites but usually are more generalized and symmetric |
| Muehrcke's nails | paired narrow horizontal white bands that are immobile as nail grows; seen in hypoalbuminemia, nephrotic syndrome |
| Müller's maneuver | reverse Valsalva |
| Müller's sign | in aortic regurgitation, systolic pulsations of the uvula |
| Müller-Lyer illusion | the two horizontal lines stuff with arrows |
| Munro's microabscesses | in psoriasis, when neutrophils form small aggregates within the parakeratotic stratum corneum |
| Murphy's sign | a sharp increase in tenderness with a sudden stop in inspiratory effort, sign of acute cholecystitis |
| Myerson's sign | persistent blinking with glabellar stuff |
| Nägele's rule | means of estimating date of delivery by counting back 3 months from the first day of the last menstrual period and adding seven days; full term 38 weeks after fertilization, 40 weeks after LNMP |


| Nardi test | narcotic-indcued stimulation or spasm reproducing the abdominal pain and amylase elevation of relapsing pancreatitis (for inferring sphincteric disease in any pancreatic or biliary ductal system without a gallbaldder), presumably accurate in the diagnosis of perisphincteric disease |
| :---: | :---: |
| Negri bodies | in rabies virus-infected brain neurons, eosinophlic cytoplasmic inclusions |
| Nelson's syndrome | enlargement of a pituitary adenoma in a patient with Cushing's disease whose adrenals have been removed from loss of feedback inhibition of cortisol |
| nerve endings | FREE includes Merkel cell associated: found in the epidermis as small aggregates called tactile corpuscles (Merkel cell has neural crest and squamous properties); ENCAPSULATED includes Meissner's: asymmetrical, lamellated; Pacinian: symmetrical, lamellated; Ruffini: no lamellation |
| nevus of Ota | pigmentation mostly involves the skin and mucous membranes innervated by the first and second branches of the trigeminal nerve |
| Niemann-Pick disease | unifying feature, lysosomal accumulation of sphingomyelin and cholesterol, type A\&B (*deficiency of sphingomyelincleaving enzyme sphingomyelinase*) and type C\&D (enzyme normal or nearly normal, defect in esterification and transport); type A, 75-80\% of all cases, extensive neurologic involvement, marked visceral accumulations of sphingomyelin, and progressive wasting and early death within the first 3 years of life); half have cherry red spot in macula as in Tay-Sachs |
| Nikolsky's sign | a peculiar vulnerability of the skin in pemphigus vulgaris; the apparently normal epidermis may be separated at the basal layer and rubbed off when pressed with a sliding motion |
| Nissl bodies | in neurons, rough ER |
| Nissl stain | stains cell bodies dye binds to acid groups, in particular the RNAs of the ribosomes located within the cell body; Franz Nissl, German medical student at time |
| Norwalk virus | outbreak in a school in Norwalk, Ohio in 1969 |
| nucleus of Darkschewitsch | an ovoid cell group in the ventral central gray substance rostral to the oculomotor nucleus, receiving fibers from the vestibular nuclei by way of the medial longitudinal fasiculus; projections are not known, although some cross in the posterior commissure |
| obturator sign | pain upon internal rotation of the legg with the hip and knee flexed; seen in appendicitis, pelvic abscess |
| Ogilvie's syndrome | massive idiopathic non-obstructive dilatation of the colon |
| Ollier's disease | syndrome of multiple enchondromas |
| Ondine's curse | after a mythological tale in which the suitor of Neptune's daughter was cursed to lose automatic control over all bodily functions |
| Oroya fever | from Bartonella bacilliformis, sandfly vector Phlebotomus found in valleys of the Andes mountains, 600-2500 m, profound *intravascular hemolytic* anemia of a few weeks' duration, associated with lesions called verruga peruana resembling Kaposi's sarcoma; aka Carrión's disease |
| Ortner's syndrome | hoarseness from compression of left recurrent laryngeal nerve by a greatly dilated left atrium (e.g., in mitral stenosis), enlarged tracheobronchial lymph nodes and dilated pulmonary artery |
| Ortolani’s sign | in congenital hip dislocatin, rotate hip with patient in supine position and hip abducted; a "clunk" or "click" represents congenitally dislocated hip |
| Osborn wave | EKG with distinctive convex "hump" at J point associated with hypothermia |
| Osglood-Schlatter's disease | epiphysitis of tibial tubercle resulting from repeated powerful contractions of the quadriceps seen in adolescents with open physis |
| Osler's nodes | tender to painful, purplish, split pea-sized, subcutaneous nodules in the pulp of the fingers and/or toes and thenar and hypothenar eminences; transient, disappearing within several days ( $5 \%$ of patients); in acute bacterial endocarditis, associated with minute infective emboli; aspiration may reveal the causative organism; in subacute bacterial endocarditis, associated with immune complexes and small-vessel arteritis of skin |
| Osler's sign | palpable brachial or radial artery when cuff $>$ systolic pressure |
| Osler-Weber-Rendu disease | hereditary hemorrhagic telangiectasia, larger lesions can be a source of chronic blood loss, systemic emboli, hypoxemia, hepatic dysfunction, and a high-output cardiac failure; important risk factor for brain abscess, especially in affected patients with clubbing, cyanosis, and/or polycythemia; bust out aminocaproic acid (an antifibrinolytic agent) |
| Ouchterlony reaction | double diffusion with antigen and antibody stuff |
| Paget's disease of bone | osteitis deformans, characterized by an initial osteolytic stage followed by a mixed osteoclastic-osteoblastic stage, which ends with a predominance of osteoblastic activity and evolves ultimately into a burnt-out quiescent osteosclerotic stage; increased alkaline phosphatase and increased urine hydroxyproline |
| Pancoast's tumor | apical lung cancers in the superior pulmonary sulcus tend to invade the neural structures around the trachea, including the cervical sympathetic plexus, and produce a group of clinical findings that include severe pain in the distribution of the ulnar nerve and Horner's syndrome on the same side of the lesion |
| Paneth cells | in small intestine crypts, cells with apically oriented bright eosinophilic granules and which appear to play a role in the mucosal immune system |
| Pappenheimer bodies | small dark blue irregularly shaped granules often in clusters, composed of iron, seen in sideroblastic anemia following splenectomy |
| Parinaud's oculoglandular syndrome | preauricular node enlargement associated with chronic granulomatous conjunctivitis |


| Parinaud's syndrome | lid retraction caused by tumors in the pineal region; associated with lesions in s. colliculus and pretectal area causing paralysis of upward and downward gaze, pupillary disturbances, and absence of convergence; compression of cerebral aqueduct resulting in noncommunicable hydrocephalus |
| :---: | :---: |
| Parkland formula | total body surface area \% burned $\mathrm{xkg} \mathrm{x} \mathrm{4;} \mathrm{in} \mathrm{first} 8$ hours, second _ given next 16 hours |
| Pastia's sign | associated with scarlet fever (GAS or S. aureus rarely); finely punctate erythema has become confluent (scarlatiniform) on the lower trunk and thighs with petechiae having a linear configuration in the inguinal regions |
| Patau's syndrome | trisomy 13, mental retardation, microcephaly, microphthalmia, brain abnormalities, cleft lip and palate, polydactyly, rocker-bottom feet, and congenital heart disease |
| Paul-Bunnell-Davidsohn test | extension of classic Paul-Bunnell test for heterophil antibody; antibodies not absorbed by guinea pig kidney cells but cause sheep erythrocytes to agglutinate |
| Pautrier's microabcesses | q.v. Sézary-Lutzner cells |
| Pel-Ebstein fever | in Hodgkin's disease, unusual systemic manifestation of a periodic fever that is present for some days, remits, and then returns |
| Pelger-Hüet anomaly | seen in blood of AML (e.g., M2) or myelodysplastic syndromes or inherited as autosomal recessive trait and maybe sideroblastic |
| Pelizeus-Merzbacher disease | mutation in proteolipid protein on X chromosome; results in hypomyelination confined to the CNS, seizures, mental retardation, and death in childhood |
| pentalogy of Cantrell | Diaphragmatic defect (hernia), Cardiac abnormality, Omphalocele, Pericardium malformation/absence, Sternal cleft |
| Peutz-Jeghers syndrome | rare AD syndrome characterized by multiple hamartomatous polyps scattered throughout the entire GI tract and melanotic mucosal and cutaneous pigmentation around the lips, oral mucosa, face, genitalia, and palmar surfaces; patients have increased risk of carinomas of pancreas, breast, lung, ovary, and uterus |
| Peyronie's disease | penile fibromatosis, a palpable induration or mass appears on the dorsolateral aspect of the penis. It may cause eventually abnormal curvature of the shaft or constriction of the urethra, or both |
| Pfeiffer syndrome | craniosynostoses as well as limb defects, mutations in FGFR1, broad thumbs, broad great toes |
| Phalen's maneuver | median nerve compression, palmar flexion of the wrist for 1 minute exacerbates or reproduces symptoms; $75 \%$ sens $47 \%$ spec |
| pheochromactyoma rule of 10s | 10\% bilateral, $10 \%$ malignant, $10 \%$ in children, $10 \%$ extraadrenal, $10 \%$ have multiple tumors |
| pheochromacytoma triad | 1. palpitations 2. headache 3. episodic diaphoresis |
| Philadelphia chromosome | seen in $95 \%$ of chronic myelogenous leukemia ( 210 kD tyrosine kinase), $2-5 \%$ childhood ALL ( 180 kD TK), higher percent in adult; reciprocal and balanced translocation between chr22 (bcr, breakpoint cluster region) and chr9 (c-abl); c-abl-bcr encodes a chimeric protein with tyrosine kinase activity; genomic imprinting, chr9 paternal and chr22 maternal |
| Pick's disease | more frequent in women, characterized by marked cortical atrophy, especially of the temporal and frontal lobes, by swollen neurons, and by Pick bodies, round intracytoplasmic inclusions consisting of neurofilaments |
| Pierre Robin syndrome | micrognathia and abnormal smallness of the tongue, often with cleft palate, severe myopia, congenital glaucoma, and retinal detachment; French pediatrician, 1867-1950 |
| Pittsburgh pneumonia agent | Legionella micdadei |
| Plummer's disease | toxic multinodular goiter |
| Plummer's nail | onycholysis as a sign of hyperthyroidism, especially when it affects the ring finger |
| Plummer-Vinson syndrome | from iron deficiency, a microcytic hypochromic anemia, atrophic glossitis, and esophageal webs (upper esophagus); $10 \%$ develop squamous cell carcinoma |
| Poiseuille's law | flow proportional to fourth power of radius, inversely proportional to length |
| Poland syndrome | amastic asociated with hypoplasia of ipsilateral musculature and chest wall |
| Polle syndrome | children who are abused by being given laxatives |
| Pompe's disease | type II glycogen storage disease, deficiency in $\alpha$-1,4-glucosidase (lysosomal enzyme) with consequent accumulation of glycogen, especially in the liver, heart, and skeletal muscle, characterized by cardiomegaly, muscle hypotonia, and splenomegaly, death from cardiorespiratory failure before age 3 |
| pores of Kohn | connections between alveoli |
| Pott's disease | tuberculous involvement of the spine |
| Pott's fracture | fracture of distal fibula |
| Potter's sequence | from oligohydramnios (from e.g. renal agenesis, amniotic leak) leading to amnion nodosum, fetal compression which leads to pulmonary hypoplasia, altered facies, positioning defects of feet, hands, and breech presentation |
| Poupart's ligament | inguinal ligament |
| Prader-Willi syndrome | deletion of 15(q11-q13), paternally derived |
| Prehn's sign | elevation of painful testicle decreases pain of epididymitis |
| Prinzmetal's angina | variant angina occurs at rest, manifests on EKG as episodic ST segment elevations, caused by coronary artery spasms with or without superimposed coronary artery disease. patients more likely to develop ventricular arrhythmias |
| psammoma bodies | papillary thyroid cancer |
| psoas sign | pain elicited by extending the hip with the knee in full extension, seen with appendicitis and psoas inflammation |
| Puestow procedure | in chronic pancreatitis, surgical decompression of a dilated main pancreatic duct providing pain relief |


| Puestow procedure | for chronic pancreatitis, side-to-side anastomosis of the pancreas and jejunum, thereby decompressing dilated main pancreatic duct and providing pain relief |
| :---: | :---: |
| Purtscher's angiopathic retinopathy | in acute pancreatitis, sudden and severe loss of vision due to posterior retinal artery occlusion with aggregated granulocytes; discrete flame-shaped hemorrhages with cotton-wool spots; also seen in fat embolization; first described in 1919 by Othmar Purtscher |
| Quellung reaction | swelling of bacterial capsule when exposed to antibody; used for diagnosis of S. pneumoniae, H. influ type B, N. meningitidis groups A and C <br>  |
| Quinicke's sign | in aortic regurgitation, capillary pulsations detected by pressing a glass slide on the patient's lip or by transmitting a light through the patient's fingertips |
| Rabson-Mendenhall syndrome | congenital syndrome characterized by insulin resistance, acanthosis nigricans, and growth retardation; associated with developmental abnormalities of bones and teeth, PCOD, genitomegaly, and pineal gland hyperplasia; associated with mutation in insulin receptor |
| raccoon eyes | bilateral black eyes in basilar skull fracture |
| Ramsay Hunt syndrome | herpes zoster infection of the geniculate ganglion; facial nerve involvement (ear, palate, pharynx, or neck); pain and vesicles appear in external auditory canal, and patients lose their sense of taste in anterior $2 / 3$ of tongue while developing ipsilateral facial palsy |
| Ranke complex | combination of Ghon lesion and involved lymph nodes in tuberculosis |
| Rapoport-Luebering shunt | in red blood cells, pathway converting 1,3-diphosphoglyceric acid to 2,3-DPG and then to 3-phosphoglyceric acid; enzyme is diphosphoglycerate synthetase; 2,3 -DPG reduces affinity of hemoglobin for oxygen; $2,3-\mathrm{DPG}$ rises with alkalosis and decreases with acidosis, result of effect of pH on enzyme |
| Rathke's pouch | a divertic involved in develoment of pituitary gland, vestigial remnants lead to craniopharyngioma |
| Rebuck skin window | dermal abrasion technique for testing tissue penetration of neutrophils, scraping forearm, then putting coverslip over it, checking glass for neutrophils |
| Reed-Sternberg cells | in Hodgkin's lymphoma, giant macrophage-like cells with two nuclei |
| refeeding syndrome | hypokalemia, hypomagnesemia, and hypophosphatemia after refeeding a starved patient |
| Refsum's disease | AR; phytanic acid accumulates as a result of an absence of the enzyme $\alpha$-phytanic acid $\alpha$-hydroxylase involved in its catabolism; give patient's large amounts of nicotinic acid or triparanol, chemicals that inhibit lipid synthesis; dryness and scaling similar to the appearance of icthyosis develop |
| Reichert's cartilage | branchial arch 2 |
| Reid index | comparing the relative thickness of the mucous glands with the total thickness of the airway wall; increased in patients with chronic bronchitis (normally $<0.4$ ) |
| Reinke crystals | in 25\% of Leydig cell tumors, intracytoplasmic rod-shaped crystalloids |
| Reinke's edema | vocal cord polyposis in female smokers, 50s-70s |
| Reiter's syndrome | In 1916, Reiter described a triad of arthritis, urethritis, and conjunctivitis; $80 \%$ possess HLA-B27; associated with Shigella flexneri; ReA develops in $20 \%$ of exposed B27+ individuals; subset of reactive arthritis; triad present in $1 / 3$ of patients; incidence estimated as $3.5 / 100 \mathrm{~K}$ in males under age of 50 ; balanitis circinata (penis) and keratoderma blenorrhagica |
| renal columns of Bertin | the spaces between adjacent pyramids where cortical tissue extends into |
| Renshaw cells | inhibitory cells in the ventral horn of the spinal cord |
| Reye's syndrome | rare disease characterized by fatty change in liver and encephalopathy that in its most severe forms may be fatal; associated with VZV and influenza virus B in children given aspirin |
| Reynold's pentad | Charcot's triad plus altered mental status and shock in cholangitis |
| Richter syndrome | the evolution of chronic lymphocytic leukemia to a large cell lymphoma with high fever, weight loss, enlarging lymph nodes, and hepatosplenomegaly |
| Riedel's lobe | in some persons, especially those with a lanky build, the liver tends to be somewhat elongated so that its right lobe is easily palpable as it projects downward toward the iliac crest; such elongation, called Riedel's lobe |
| Riedel's thyroiditis | unknown etiology, marked by glandular atrophy, hypothyroidism, and replacement of the thyroid by fibrous tissue with adhesion to surrounding structures |
| Riggler's sign | see wall of bowel in perforation |
| Riley-Day syndrome | hereditary sensory and autonomic neuropathy type III (familial dysautonomia), recessive disorder that commences in infancy and is characterized by conspicuous autonomic dysfunction (absent tearing, labile temperature, and blood pressure), and accompanied by absent taste sensation, impaired pain and temperature sensation, and areflexia |
| Rinne test | sensorineural loss, $\mathrm{AC}>\mathrm{BC}$ conduct loss, $\mathrm{BC}>\mathrm{AC}$ |
| Ritter's disease | Staph scaled skin syndrome |
| Roger's disease | small congenital VSD defect $<0.5 \mathrm{~cm}$ in diameter (most are muscular); Henri L. Roger, French physician, 1809-1891 |
| Rokitansky-Aschoff sinuses | small outpouchings of the gallbladder mucosa that may penetrate into and through the muscle wall; prominence in the settings of inflammation and gallstone formation (e.g. chronic cholecystitis) suggests that they are acquired herniations |
| Romaña's sign | in Chagas disease, unilateral periorbital edema and swelling of the eyelid associated with reduviid bug of eye |
| Romberg test | patient stands feet together, eyes open and then closes both eyes for 20 to 30 sec without support; checking for cerebral ataxia; positive test indicative of grossly impaired joint sensation in the legs |

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| Rosenbach's sign | in thyrotoxicosis, tremor of the closed eyelids |
| :---: | :---: |
| Roth's spots | in bacterial endocarditis and other retinal hemorrhagic conditions, a round white spot surrounded by hemorrhage (secondary to microemboli in endocarditis) |
| Rotor's syndrome | poorly defined defects in hepatic uptake and storage of bilirubin; resembles Dubin-Johnson syndrome, but liver pigment missing |
| Rotter's lymph nodes | lymph nodes between the pectoralis minor and pectoralis major |
| Rovsing's sign | pain in the right lower quadrant during left-sided pressure suggests appendicitis; so does right lower quadrant pain on quick withdrawal (referred rebound tenderness) |
| Russel bodies | endoplasmic reticulum of plasma cells engaged in active synthesis of immunoglobulins may become hugely distended, producing large, homogenous eosinophilic inclusions called Russell bodies |
| RUSSELL'S SIGN | lanugo, dry skin, hand calluses, associated with purging and bulimia |
| Sabouraud's agar | for growing fungi, low pH of medium and chloramphenicol and cycloheximide |
| Saint's triad | 1. cholelithiasis, 2. hiatal hernia, 3. diverticular disease |
| Salus's sign | deflection of veins at AV crossings in hypertensive retinopathy (grade 2); c.f. Bonnet's and Gunn's sign |
| Samter's triad | nasal polyps, bronchial asthma, aspirin sensitivity |
| Santos's syndrome | Hirschsprung's disease with renal agenesis, polydactyly, hypertelorsim, and deafness |
| Scahmberg's disease | idiopathic capillaritis in which inflammation weakens capillaries, causes petechial lesions like cayenne pepper |
| SCHAMROTH'S WINDOW TEST | for testing clubbing |
| Schatzki's ring | esophageal rings and webs in lower esophagus, located at or just above the squamocolumnar junction; most common cause of intermittent solid food obstruction |
| Schaumann's bodies | laminated concretions composed of calcium and proteins, seen in granulomatous diseases (e.g. sarcoidosis) |
| Schick's test | for testing immune status to Cornyebacterium diphtheriae, intradermal injection of 0.1 mL of purified standardized toxin; if no inflammation, antitoxin present |
| Schilling test | measuring cobalamin absorption by determining the fraction of an orally administered dose of radioactive cobalamin excreted in urine over 24 to 48 hours |
| Schirmer's test | measures quantity of tears secreted in 5 minutes in response to irritation from a filter strip placed under each lower eyelid; normal young person moistens $15 \mathrm{~mm} ; 33 \%$ of elderly wet only 10 mm in 5 minutes; in Sjögren's syndrome, $<5$ mm in $5 \mathrm{~min}, 85 \%$ sensitivity, $85 \%$ specificity |
| Schlesinger's solution | morphine and scopolamine |
| Schmidt metaphyseal chondrodysplasia | mutation in collagen X , mechanical pressure reduces growth |
| Schmidt's syndrome | type II polyglandular syndrome, coexistent adrenal and thyroid disease, sometimes accompanied by IDDM |
| Schober test | measures distraction between 2 marks on the skin during forward flexion in ankylosing spondylitis |
| Schwartz's dictum | no acid, no ulcer |
| sclerosing osteomyelitis of Garr | typically develops in the jaw, associated with extensive new bone formation that obscures much of the underlying osseous structure |
| Scott syndrome | defect in primary homeostasis, prolonged PT, deficient in platelet coagulant activity which provides the phospholipid surface and landing pad for prothrombinase in the presence of calcium |
| Seligmann's disease | $\alpha$ heavy chain disease, characterized by infiltration of the lamina propria of the small intestine with lymphoplasmacytoid cells that secrete truncated $\alpha$ chains |
| Senear-Usher syndrome | pemphigus erythematosus; a localized variety of pemphigus foliaceus confined to seborrheic sites |
| Sengstaken-Blakemore tube | tube a double-balloon system, one for stomach, one for esophagus, for tamponade of bleeding varices |
| Sever's disease | apophysitis of the calcaneus, common (but frequently source of heel pain), condition occurs before or during the peak growth spurt, often resolves two weeks or two months after initiation of conservative treatment |
| Sézary's syndrome | rare special variant of cutaneous T-cell lymphoma characterized by generalized or universal erythroderma, peripheral lymphadenopathy, and cellular infiltrates of atypical lymphocytes (Sézary cells) in the skin and blood |
| Sézary-Lutzner cells | found in cutaneous T-cell lymphoma, T-helper cells that characteristically form band-like aggregates within the superficial dermis and invade the epidermis as single cells and small clusters (Pautrier's microabcesses) |
| Sheehan's syndrome | postpartum pituitary necrosis, syndrome results from sudden infarction of the anterior lobe precipitated by obstetric hemorrhage or shock (pregnancy, pituitary enlarges to almost twice its normal size, compressing blood supply) |
| Shiraz dwarfism | zinc deficiency, in Iran, short stature and aspermia |
| Shohl's solution | alkalinizing solution in hyporeninemic hypoaldosteronism associated with renal tubular acidosis associated with diabetic nephropathy |
| Shulman's syndrome | eosinophilic fascitis |
| Shwartzman reaction | two iv injections of sublethal lipopolysaccharide, 24 hrs apart, causing DIC in rabbits; TNF obligatory mediator |
| Shy-Drager syndrome | degenerative disorder characterized by parkinsonian features (leading to postural hypotension, anhidrosis, disturbance of sphincter control, impotence, etc.) And signs of more widespread neurologic involvement (pyramidal or lower motor neuron signs and often a cerebellar deficit) |


| Siegrist streaks | linear hyperpigmented areas over choroidal vessels in hypertensive retinopathy |
| :---: | :---: |
| sign of Cabrera | nochin at 0.05 s in ascending limb of S wave in V3, V4; 27\% sens for MI |
| signe de Dance | in intussusception, in the common entercolic variety, almost from the beginning of the illness the right iliac fossa will appear empty on palpation due to the taking up of the cecum into the advancing invagination |
| silk glove sign | indirect hernia sac in the pediatric patient; the sac feels like a finger of a silk glove when rolled under the examining finger |
| Simmond's disease | pituitary cachexia (e.g. from Sheehan's syndrome) |
| Sims-Huhner test | post coital test, done 2-4 hrs after intercourse to assess number and motility of sperm that have entered the cervical canal |
| singers's nodule | is a small, benign laryngeal polyp, usually induced by chronic irritation, such as excessive use of the voice, and is associated most commonly with heavy cigarette smoking; is usually localized to the true vocal cords |
| Sipple's syndrome | MEN type IIa; pheochromacytoma, medullary carcinoma of the thyroid, and hyperparathyroidism due to hyperplasia or tumor |
| Sister Mary Joseph nodule | abdominal carcinoma, especially gastric, may metastasize to the navel; Sister Joseph, in the early days of the Mayo Clinic, noted periumbilical nodules in patients with intraabdominal cancer |
| Sjögren's syndrome | lymphocytic infiltration affects salivary and lacrimal glands and is associated with dry mouth and dry eyes (keratoconjunctivitis sicca); may have either interstitial pulmonary fibrosis or a lymphocytic infiltration of the alveolar walls (may have a malignant transformation with the development of a lymphoma) |
| Skirrow's medium | contains vancomycin, trimethoprim, cephalothin, polymixin, and amphotericin B; for growing e.g. Campylobacter |
| Smith's fracture | opposite of Colle's fracture; fracture of the distal radius, but from falling on the dorsum of the hand |
| Sneddon's syndrome | livedo reticularis associated with stroke-like episodes |
| Somogyi phenomenon | rebound hyperglycemia following an episode of hypoglycemia due to counterregulatory hormone release |
| space of Retzius | the preperitoneal space anterior to the bladder |
| Spigelian hernia | hernia through the linea semilunaris, aka spontaneous lateral ventral hernia |
| spiral valves of Heister | found in the neck of the gallbladder, where tiny folds of mucosal epithelium coalesce to form these valves, may assist in retaining bile between meals |
| St. Anthony's fire | ergotism; disease caused by excess ergot alkaloid; classically an epidemic caused by consumption of grain that's contaminated by the ergot fungus; any of several inflammations or gangrenous conditions of the skin (erysipelas) |
| St. Vitus's dance | q.v. Sydenham's chorea |
| Stauffer's syndrome | elevation of LFTs due to cholestasis in renal cell carcinoma |
| Steele-Richardson-Olszewski syndrome | aka progressive supranuclear palsy |
| Stein-Leventhal syndrome | polycystic ovarian disease |
| Stellwag's sign | incomplete and infrequent blinking in Graves's disease |
| Stevens-Johnson syndrome | extensive and symptomatic febrile form of erythema multiforme, more common in children; 1-6 cases/million personyears |
| Stewart-Treve syndrome | lymphedema following mastectomy leading to lymphangiosarcoma |
| Stickler syndrome | mild spondyloepiphyseal dysplasia, osteoarthritis, and sensorineural hearing loss, some forms associated with a dominant negative mutation in the human COL11A2 gene encoding the $\alpha 2$ (XI) chain |
| Still's murmur | described by George Still in 1909; normal vibratory midsystolic murmur; innocent murmur |
| Stokes-Adams attacks | fainting spells associated with complete heart block (or other types of bradycardia) |
| Sturge-Weber syndrome | association of port-wine stain with vascular malformations in the eye (glaucoma) and leptomeninges and superficial calcifications of the brain; attributed to faulty development of certain mesodermal and ectodermal elements, and associated with mental retardation, seizures, hemiplegia, and radiopacities in the skull |
| Sweet's syndrome | acute febrile neutrophilic dermatosis or Sweet syndrome, initially described in 1964 by Robert Sweet. It is characterized fever, neutrophilic leucocytosis, abrupt appearance of erythematous, painful, cutaneous plaques and dense dermal infiltrate consisting of mature neutrophils without vasculitis signs. |
| Sydenham's chorea | aka St. Vitus's dance A postinfectious chorea appearing several months after a streptococcal infection with subsequent rheumatic fever. The chorea typically involves the distal limbs and is assoc. with hypotonia and emotional lability. Improvement occurs over weeks or months and exacerbations occur without assoc. infection occurrence. |
| Sylvian aqueduct | cerebral aqueduct of the midbrain that connects the third and fourth ventricle |
| Takayasu's disease | aortic arch syndrome, pulseless disease; panartertis of the great vessels that's most common in Asian women |
| Tamm Horsfall protein | uromodulin, major component of renal casts; $30-50 \mathrm{mg}$ secreted per day by cells in thick ascending limb; homologous to GP2, a protein secreted from the acinar cell and a major component of plugs in noncalcific chronic pancreatitis |
| Tay-Sachs disease | autosomal recessive; GM2 gangliosidosis, results from mutations that affect chr15 and cause a severe deficiency in hexosaminidase A; blindness and cherry-red spot |
| Terry's nails | mostly whitish with a distal band of reddish brown; may be seen with aging and in people with chronic diseases such as cirrhosis of the liver, congestive heart failure, and non-insulin-dependent diabetes; seen in $10 \%$ of uremics |
| tetralogy of Fallot | 1. ventricular septal defect; 2. infundibular, valvar, or supravalvar pulmonic stenosis; 3. an anteriorly displaced aorta that receives blood from both ventricles; 4 . right ventricular hypertrophy |
| Thompson's test | verifies if gastroc-soleus complex intact; squeeze calf belly, foot should plantar flex |

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| Thomsen's disease | myotonia congenita |
| :---: | :---: |
| Tietze syndrome | discomfort localized in swelling of the costochondral and costosternal joints, which are painful on palpation; may be perceived as breast pain |
| Tinel's sign | a sensation of tingling or pins and needles felt in distal extremity when percussion is made over the site of an injured nerve; it indicates a partial lesion or early regeneration of the nerve; $60 \%$ sens, $67 \%$ spec |
| Todd's paralysis | transient hemiparesis in postictal period, suggests focal brain lesion as cause, warrants further investigation |
| Towne's view | AP view with the X ray tube angled caudad to show the occipital bone |
| Traube's sign | in aortic regurgitation "pistol shot sounds" referring to booming systolic and diastolic sounds over the femoral artery |
| Traube's space | a crescentic space about 12 cm wide, bounded medially by the left border of the sternum, above by an oblique line from the 6th costal cartilage to the lower border of the 8th or 9th rib in the mid-axillary line and below by the costal margin; the percussion tone here is normally tympanitic, because of the underlying stomach, but is modified by pulmonary emphysema, a pleural effusion, or an enlarged spleen |
| Treacher Collins syndrome | first arch syndrome, mandibulofacial dysplasia, caused by AD gene, resulting in malar hypoplasia with down-slanting palpebral fissures, defects in the lower eyelids, deformed external ears, and sometimes abnormalities of the middle and internal ears |
| Trousseau's sign | in hypocalcemia and latent tetany, carpal spasm induced by occluding the brachial artery for 3 min with an inflated BP cuff |
| Trousseau's syndrome | migratory thrombophlebitis, may be encountered with deep-seated cancers, most often with carcinomas of the pancreas or lung |
| Turcot's syndrome | rare variant of familial adenomatous polyposis, with combination of adenomatous colonic polyposis and tumors of the CNS, mostly gliblastoma multiforme |
| Tzanck smear | cytologic technique most often used in the diagnosis of herpesvirus infections (simplex or varicella-zoster); multinucleated giant cells suggest the presence of herpes; named after Arnault Tzanck |
| unhappy triad | lateral knee injury resulting in ACL tear, MCL tear, and medial meniscal injury |
| van den Bergh reaction | used to distinguish between unconjugated and conjugated bilirubin; bilirubin pigments are exposed to sulfanilic acid to generate diazo conjugates, forming chromogenic products |
| van der Woude syndrome | an AD condition in which lip pits are seen in all gene carriers but only some individuals have cleft lips with or without cleft palate owing to variable expressivity |
| van Wyk-Grumbach syndrome | primary hypothyroidism associated with precocious puberty and galactorrhea |
| van't Hoff's law | for calculating osmotic pressure |
| vein of Mayo | vein overlying pylorus |
| veins of Retzius | numerous small veins in the retroperitoneum that connect the retroperitoneal viscera to the posterior abdominal wall; dilated in portal hypertension |
| Vincent's infection | acute necrotizing ulcerative gingivitis, occurring in patients with decreased resistance to infection, from concurrent infection with the symbiotic bacteria Fusobacterium fusiforme and Borrelia vincentii |
| Virchow's node | supraclavicular adenopathy associated with a malignancy, often on left side, associated with stomach cancer among other neoplasms |
| Virchow's triad | predisposing factors in thrombus formation 1. endothelial injury, 2. hypercoagulability 3. stasis or turbulence of blood flow |
| Virchow-Robin spaces | perivascular spaces in brain; become unusually widened in edema of the brain |
| Volkmann contracture | contraction of forearm flexores because of compartment syndrome sequelae |
| von Gierke's disease | glycogen storage disease type I, deficiency in glucose-6-phosphatase, results in hepatomegaly and hypoglycemia |
| von Graefe sign | in Graves's disease, lag of the upper eyelid as it follows the rotation of the eyeball downward |
| von Hippel-Lindau disease | hemangioblastoma or cavernous hemangioma of the cerebellum, brain stem, or retina, adenomas, and cysts of the liver, kidney, pancreas, and other organs, $35 \%$ develop renal cell carcinoma, 3 p |
| von Myenburg complexes | close to or within portal tracts, these are small clusters of modestly dilated bile ducts embedded in a fibrous, sometimes hyalinized stroma; these bile duct "microhamartomas" contain inspissated bile concrements and may communicate with the biliary tree; rather common and usually without clinical significance |
| von Recklinghausen's disease | neurofibromatosis |
| von Recklinghausen's disease of bone | generalized osteitis fibrosa cystica; hallmark of severe hyperparathyroidism, including increased bone cell activity, peritrabecular fibrosis, and cystic brown tumors |
| von Willebrand's disease | deficiency in von Willebrand factor |
| von Zumbusch psoriasis | aka generalized acute pustular psoriasis |
| Waardenburg's syndrome | Hirschprung's disease characterized by deafness, white forelock, abnormal pigmentation (maybe heterochromia) due to developmental defect caused by defective neural crest migration; mutation in PAX3 gene or endothelin-B-receptor gene |
| Waldenström's macroglobulinemia | marked by diffuse, leukemia-like infiltration of the bone marrow by lymphocytes, plasma cells, and hybrid forms that synthesize a monoclonal IgM , leading to macroglobulinemia; disease of old age, macroglubilinemia giving rise to visual impairment, neurologic problems, bleeding, cryoglobulinemia; hyper viscosity |
| Waldeyer's throat ring | the broken ring of lymphoid tissue, formed of the lingual, facial, and pharyngeal tonsils, commonly involved in nonHodgkin's lymphoma and rarely in Hodgkin's disease |


| Wallenberg syndrome | infarction in posterior inferior cerebellar artery (PICA), lateral medulla 1. lesion in nucleus ambiguus, difficulty in swallowing and hoarseness, loss of gag reflex 2. vestibular nucleus, dizziness and nystagmus 3. trigeminal, loss of pain and temperature on inpsilateral 4. inferior cerebellar peduncle, ipsilateral limb ataxia 5. anterolateral system, reduced pain and temperature on contraleral limb 6. ipsilateral Horner's syndrome hiccup, for reasons not known solitary nucleus may also be destroyed, leading to loss of taste on ipsilateral half of tongue |
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| Warburg effect | in malignant transformation, increased anaerobic glycolysis leads to increased lactic acid production |
| Warthin's tumor | papillary cystadenoma lymphomatosum, parotid gland involved, benign, more in males than females, 50s-70s |
| Warthin-Finkeldey cells | in measles pneumonia, cells with multiple nuclei and eosinophilic intranuclear inclusions |
| Warthin-Starry stain | a silver stain, will stain H. pylori, Bartonella henselae |
| Waterhouse-Friderichsen syndrome | with N. meningitidis or gonococci, pneumococci, or Staph.: a form of septicemia characterized by hypotension leading to shock; DIC with widespread purpura, adrenocortical insufficiency associated with massive bilateral adrenal hemorrhage |
| Weber syndrome | medial midbrain syndrome |
| Weber test | sensorineural loss, sound from normal ear conduct loss, sound from affected ear |
| Weber-Christian disease | relapsing febrile nodular nonsuppurative nonvasculitic panniculitis (an inflammatory reaction in the subcutaneous fat) |
| Wegener's granulomatosis | systemic vasculitis, presumed autoimmune, defined by a clinical triad of manifestations that includes involvement of the upper airways, lungs, and kidneys and by a pathological triad consisting of necrotizing granuloma in the upper respiratory tract and lungs, vasculitis involving both arteries and veins, and focal glomerulonephritis; untreated, mean survival 5 months, 1 year mortality $82 \%$; treat with Bactrim; 1) pulm hemorrhages, 2) iron def anemia, 3) glomerulonephritis |
| Weibel-Palade bodies | found only in endothelial cells of vessels larger than capillaries; granules contain von Willebrand's factor (VIII) and Pselectin |
| Weigert stain | iron hematoxylin, preceded by a dichromate mordant, stains myelin |
| Weil-Felix reaction | Proteus cell wall O antigens, such as OX-2, OX-19, and OX-K, cross-reacting with antigens of several species of rickettsiae |
| Well's syndrome | eosinophilic cellulitis, characterized by recurrent cutaneous swellings which resemble acute bacterial cellulitis, and by distinctive histopathological changes. Skin lesions show dermal eosinophilic infiltration and the characteristic "flame figures" are composed of eosinophil major protein deposited on collagen bundles |
| Werdnig-Hoffman syndrome | infantile progressive spinal muscular atrophy autosomal recessive lower motor neuron disease that manifests clinically in infancy |
| Wermer's syndrome | MEN type I, hyperplasias or tumors of the thyroid, parathyroid, adrenal cortex, pancreatic islets, or pituitary |
| Werner's syndrome | A disorder consisting of scleroderma-like skin changes, bilateral juvenile cataracts, progeria, hypogonadism, and diabetes mellitus; autosomal recessive inheritance |
| Wernicke's area | important cortical center for recognizing speech, found in the superior temporal gyrus |
| Wernicke's encephalopathy | chronic alcoholics, thiamine deficiency (alcohol impairs thiamine absorption) ataxia, global confusion, ophthalmoplegia, and often nystagmus; sometimes, thiamine deficiency, can lead to a particular focal necrotizing encephalopathy affecting the hypothalamus, medial thalamus, and oculomotor nuclear groups in the periventricular brainstem; can be *precipitated by the administration of glucose* to patient depleted of thiamine; after treatment with thiamine, a minority of patients have profound memory deficit $\varnothing$ Korsakoff's syndrome |
| Westermark's sign | in chest film, an abrupt tapering of a vessel caused by pulmonary embolism, focal oligemia |
| Wharton's duct | submandibular duct |
| Whipple procedure | pancreaticoduodenectomy with cholecystectomy, truncal vagotomy, choledochojejunostomy, pancreaticojejunostomy, gastrojejunostomy |
| Whipple's disease | small intestinal mucosa laden with distended macrophages in the lamina propria, PAS positive granules, with no inflammation; gram+ actinomycete Tropheryma whippelii |
| Whipple's triad | in insulinoma, 1) attacks precipitated by fasting or exertion 2) fasting blood glucose $<50 \mathrm{mg} / \mathrm{dL} 3$ ) sx relieved by glucose administration |
| white lines of Toldt | the peritoneal reflections of the ascending and descending colon |
| Wickham's striae | in lichen planus, papules are highlighted by a shiny surface with a lacy white pattern |
| Widal test | in salmonellosis, rise in antibody titer in patient's serum |
| Williams's syndrome | supravalvular aortic stenosis, mental retardation, elfin facies, association with hypercalcemia due to abnormal sensitivity to vitamin D, idiopathic hypercalcemia of pregnancy, loquacious personality, abnormally sensitive hearing |
| Wilms's tumor | WT-1, cancer suppressor gene on 11p13 |
| Wilson's disease | hepatolenticular degeneration due to mutation in gene involved in incorporation of copper into ceruloplasmin and excretion of copper into bile; Kayser-Fleischer ring; gene on chr 13, cation transporting P-type ATPase; incidence $1: 200,000$, diagnosis based on decrease in serum ceruloplasmin, increased urinary excretion of copper, increase in hepatic copper content; $40 \%$ have neurologic findings (Parkinson's, psychosis) and subclinical liver |
| Wintrobe indices | Mean cell volume; mean cell hemoglobin; mean cell hemoglobin concentration |
| Wiskott-Aldrich syndrome | X-linked characterized by triad of eczema, thrombocytopenia (from autoantibodies), and repeated infections; failure to express sialic acid-rich glycoprotein, sialophorin or CD15, ending in early death |
| Wolff-Chaikoff effect | when increasing doses of iodide inhibit organification and hormonogenesis of thyroid hormone |
| Wolff-Parkinson-White triad | 1) wide QRS complex, 2) relatively short PR interval, 3) slurring of initial part of QRS delta wave |


| Wright's maneuver | looking for thoracic outlet obstruction: evaluating the radial pulse at the wrist with the shoulder in external rotation and <br> abduction, positive sign if it reproduces shoulder and arm symptoms and obliterates radial pulse |
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| Zenker's diverticulum | a pharyngeal diverticulum from premature contraction of the cricopharyngeus muscle on swallowing, leads to <br> progressive UES narrowing, leading to a posteriorly directed hypopharynx; causes progressive food stasis and dysphagia |
| Zollinger-Ellison syndrome | hallmark, circulating hypergastrinemia; gastric acid hypersecretion and severe peptic ulcer diathesis secondary to <br> unbridled release of gastrin from a gastrinoma; associated with peptic ulcers and diarrhea; 60\% malignant, only 20\% <br> resectable; 25\% of gastrinoma patients have MEN I; $>80 \%$ of gastrinomas found in gastrinoma triangle |

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